



ANNUAL REPORT

MSU Extension Gogebic County

Food • Ag • Youth • Health • Environment • Community

Since 1914, Michigan State University (MSU) Extension has helped residents in Gogebic County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

28

Programs hosted in Gogebic County

545

Participants attended programs hosted in Gogebic County

122

MSU Extension Programs (in county, online or statewide) were attended by Gogebic County residents

820

Gogebic County Residents attended MSU Extension Programs (in county, on-line or statewide)

8,118

Facebook reach

524

Individual class sessions attended

5

Submissions to Ask Extension

23

Programs delivered by Gogebic County staff

GOGEBIC COUNTY STAFF

1

Community Nutrition Instructor

1

Disease Prevention & Management/ Social-Emotional PI

1

4-H Program Coordinator

1

Supervising Educator

13

Partnerships and coalitions

GOGEBIC COUNTY FOCUS AREAS

Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy. Highlights include:

- Beef Quality Assurance Training
- Residential Soil Testing
- Commercial Soil Testing
- MI Ag Ideas to Grow With
- Consumer Horticulture/Ask Extension
- Field Crops Virtual Breakfast Meetings
- Smart Gardening outreach
- U.P. Agriculture for Tomorrow Conference

Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations. Highlights include:

- Birding 101 Spring Course; Fall Refresher
- Introduction to Lakes Online
- Forest Management Basics: The Journey from Stump to Mill
- PRESENTATION SERIES: Gogebic and Iron County Lake Outreach

Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan. Highlights include:

- Michigan Cottage Food Law
- Product Center Client Consultations
- U.P. Food Hub Feasibility Study
- Fiscally Ready Communities - Capital Asset Management & Planning
- Michigan Citizen Planner Legislative Update
- Citizen Planner Fall Online Series

Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce food borne diseases and become leaders in the food industry. Highlights include:

- Nutrition/Physical Activity Programming: Luther L. Wright Elementary, Wakefield Marenisco Elementary
- Matter of Balance, Ironwood
- Mill Street Senior Site Program
- Festival Ironwood Program
- Airport Park Farmer's Market Program
- RELAX Alternatives to Anger
- Tai Chi for Diabetes
- Online Chronic Pain Path Series

4-H Programs and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention. Highlights include:

- Ironwood 2nd grade class programming
- Ironwood Family Fun Night
- Watersmeet Family Fun Night
- June Summer 4-H Day Camp
- 4-H Exploration Days
- 4-H in the Kitchen
- Virtual Skill-a-thon
- What Children Need to Know to Start School, Extension Extras
- Teaching Kids Mindful Eating
- 4-H Beef Clinic
- Extension Extras Professional Hour, ABCs of Early Literacy
- Together We Can Extension Extras Parenting Hour

Gogebic County 4-H

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

21

Clubs/Programs

194

Members

12

Adult Volunteers