MEAFCS Board Meeting
June 12, 2015 Minutes

Holly Tiret—Call to Order at 1:08 p.m. Board members present-Holly Tiret, Lynn Krahn, Sarah Johnson, Gail Innis, Denise Aungst, Lisa Treiber, Zelda Felix-Mottley, Diana Fair, Laurie Messing

I. Approval of Agenda- Motion to approve by Diana. Support by Sarah. Motion carried.

II. Approval of Board Minutes-May 2015 Board Meeting. Motion to approve by Sarah. Support by Lisa. Motion carried.

III. Appointment of Committee to Review Minutes: Lisa Treiber, Diana Fair, Holly Tiret

IV. Officer Reports—Holly Tiret

President-Holly Tiret

President Elect —Gail Innis

• Worked on arrangements for the annual meeting; caterer, special needs request
• Re-worked the NEAFCS Annual Conference presentation to share at our summer meeting
• Registered for 2015 NEAFCS
• Reviewed the minutes from the last meeting

Past President-Diana Fair

• Arranged for meeting room and luncheon for 6.4.15 SW MEAFCS meeting for final discussion of awards and recommendations for next regional assignment.
• Attended SW MEAFCS meeting 6.4.1515
• Registered for NEAFCS Annual Conference in West Virginia

Secretary-Laurie Messing

• Developed minutes from the May Board Meeting
• Sent emails to members with various communications for Holly and on behalf of the Board
• Assisted with agenda and sent out for June Board and membership meeting

Treasurer-Lynn Krahn

• Member roster is at 55 members. One PI intends to join and has emailed me for address, but has not sent in anything yet.
• All membership dues have been paid except for $50 from one member.
• Total membership dues received are $7,780
• Michele Gordon Releford was reimbursed for airfare to JCEP conference in the amount of $296.18
• Lynn Krahn was reimbursed for lodging and registration at JCEP conference in the amount of $507.60
• Treasury books were audited in March by Chris Venema and one board member.
• New checks were ordered, and the bank debited our account in the amount of $57.21
• Our association has taken in $2,005.55 in revenue over the projected revenue.
• We have also spent $1,845.22 less than the projected expenses for 2015
• Current balance 5-8-15 is $5,099.77

V. Regional Reports—Holly Tiret

UP North Region – Denise Aungst, Karen Fifield

No report

Central Region—Shannon Lindquist, Lisa Treiber

Friday, May 1, 2015


FYI: Lisa Treiber will be sending former MEAFCS member Margaret LaShore a card from our group expressing sympathy for the recent passing of Margaret’s husband Walter. Shannon Lindquist will be sending Jane Hart a card from this group to cheer her on as she recuperates from cancer surgery.

Fall Extension Conference: Holly Tiret is on the FEC planning committee and asked for ideas for sessions on the move. Those on the call suggested; Salvage/recycling store, Ice cream store, a community hoop house, Kellogg Center kitchen and the new Isotope Lab. Holly reported that a visit to our capital is being looked at; a “PILD” experience of sorts locally involving writing an elevator speech for legislators and also visiting their offices. The student organic farm and composting place is also under consideration.

Holly also asked for suggestions of specialist on campus we may be interested in hearing from. A suggestion to ask Holly Brophy-Herb and Millie Horodynski to present was mentioned due to their research on childhood obesity and subsequent curriculum for preschoolers.

Individual member reports:

• **Holly:** Recently attended JCEP and PILD, leaving shortly for the National Urban Extension conference and the National Health Outreach conference, both being held in Georgia.

• **Lisa:** Facilitating Cottage Food Law and SERV Safe workshops, the Food Safety group is finalizing food safety text to be added to the SNAP curriculum Eat Healthy Be Active. The Food Safety group will be traveling to Chicago to attend the National Restaurant Show.

• **Shannon:** Currently facilitating 2 Stress Less with Mindfulness series, a babysitting class in Big Rapids, and finished up today Media Smart series with Pam Daniels.
- **Kara:** Facilitating SERV Safe, had a huge Cottage Food Law workshop in Isabella County working on upcoming programs.
- **Georgina:** Starting a 2 Stress Less programs in transition schools, a parenting class at a local shelter and in Holland. Attended a resource fair and has a Spanish RELAX scheduled.
- **Ann:** April 1st became full-time SNAP Educator. Met with mental health to set up a group for mentally challenged living in adult homes.

**Central Region state duties:** This region is charged with Public Affairs. See the attached document for a description of our duties.

**Upcoming Events:**

- **Summer MEAFCS meeting:** June 15th  11:00 – 4:00  This is up on Events Management and registration is open.
- **Professional Development:** June 16th The North and UP Regions are charged with this responsibility and Holly reported that information will be coming out the first week of May. This will be posted in Events Management and participants will need to register in advance.
- **MSUE fall conference:** Oct. 13 and 14th
- **NEAFCS annual conference:** Nov. 2-5th
  - Registration opens June 1, 2015
  - Who from this region is planning to go? As of this date Holly and Lisa will be attending.
  - The strict dress code of the Greenbrier site for annual conference has been a concern. Holly reported that “usual” conference dress will be acceptable.
  - Next Central Region MEAFCS meeting: August 28th Mt. Pleasant

**Southeast Region- Michelle Releford-Gordon, Dawn Earnesty**

- SE Region has many new members. Membership overview for new members was discussed.
- Discussed professional Development for SE Regional as well as for the state
  - Updates from work groups – Training (mindfulness), Eating Mindfulness, Motivational interviewing
  - Understanding a certain population- adults with disabilities, men’s only group, teens, veterans
  - Dealing with difficult participants
  - Field Trips or visit organizations – Client choose food pantry, Eastern Market
  - Capital and advocacy training
- **Membership**
  - Timeline developed for attracting new members
    - Updated letter
    - E-mail to potential members
    - Ask board for funds to recruit new member with mailings
  - Update new member list for Paula to put on website
  - Feed info into Facebook
• How to engage life-long members and retirees (This year)
• Ideas for this year
  o Videos (Taping testimonials of members) – possibly tape in July at the regional meeting
    ▪ Add to association website
  o Personal contacts from current members (Personal invitation)
  o New Staff onboarding
  o New member welcome packet
  o Survey for lifelong or retiree members (what would they would be interested in attending)

Next regional meeting July 24th – Oakland County Instructional Room (Saneya Moore hosting)

June 15th Summer MEAFCS Board Meeting and June 16th – Professional Development ed on the professional development activities we had suggested.

• Motivational interviewing  It is done for free by ken Resinicow online I also found a company the will do it for 750 a person I have not spoke with Diane

• I am setting up an appointment with Michael Kovacic through his Admin Assit to get on his calendar I have made contact with him about Public Policy day

• Our volunteer for lifetime members has informed me she can no longer do it.

• Spoke with 4 new hires about membership and or sent email.

Southwest –Zelda Felix-Mottley, Sarah Johnson

1. Some awards not selected for submission to national were returned to applicants, with SW member recommendations, and applicants were encouraged to apply for 2016.
2. Draft award winner notification was received on May 29, with the request to check state member names and awards for correction if needed. Check was made, no corrections needed.
3. Final award winner list was received on June 1.
4. SW Meafcs members met on June 4.
   - Award winners were announced and decisions regarding types of physical awards were discussed. On the same day, June 4 the teacher of the “plastics” class at a local intermediate school district notified us that due to budget deficits they are unable to purchase and make the physical awards. The teacher recommended a company that may work with a non-profit organization.
   - Seven Michigan individual/team awards winners were submitted to Neafcs, all submissions are winners: 6 national winners and 1 regional winner. Ultimately, with all individual and team awards, 18 individual recognition awards were needed. See attached list of award winners
As a result of the success of all the award winners and a new vendor, a request was made by the SW team to increase the award budget by $100, to accommodate all award winners. Eighteen awards for $300.
- Recognition awards were selected and ordered on June 5.
- Brenda Long was notified of another award that she received as part of a national team. A request was made to and approved by Holly to add one more award to the order.
- Recognition awards will be picked up on June 12.

5. Lifetime members – discussion, contact was made with some lifetime members in District 13 and they would like to be included in special meetings, they would like “assignments” at times and when invited let them know what part of the meeting is appropriate for them to attend.

6. Two extension educators, Edith Sutton and Ashley Dixon from Purdue University Extension were invited and attended the SW Meafcs meeting, with the intention of talking about cross-state programming possibilities. September 18 was chosen as the Michigan-Indiana “speed dating meeting”.

VI. New Business
- Board Retreat: Board will met for dinner after Membership meeting and determine if a Board Retreat is needed.

VII. Old Business
- Summer member meeting – agenda was reviewed and updated
- Summer training – June 16 North/Up and Holly have it ready to go
- FEC planning-Holly shared that the FEC conference is going well, there will be lots of tours and it will be a fun conference.
- Fall member meeting – A venue has not been booked, Henry Center, Pizza House and Brody Hall were recommended. Holly and Gail will work with Events Mgt to confirm. Holly has invited Dawn C and asked Gail to invite Dave Ivan, Dr. Bates and Julie Chapin and work with ID staff to get it on their calendars for October 12.

Meeting adjourned at 2:08 p.m. Motion by Denise, Support by Lisa. Motion carried