Post-Program Assessment  Circle the correct answer

1. What OSHA Regulations apply to warehouse worker activities?
   A. OSHA 90.1 (2007)
   B. OSHA 1910
   C. OSHA 1926
   D. OSHA 2000

2. What was the most frequently cited OSHA violation in steel fabrication facilities (2012)?
   A. Electrical Lockout/tagout
   B. Powered Industrial Trucks (forklifts)
   C. Respiratory Protection
   D. General Requirements

3. What was the most frequently cited OSHA Regulation in general warehousing?
   A. Forklifts
   B. Portable fire extinguishers
   C. Exits
   D. Electrical Lockout/tagout

4. Which tool below should be used to remove metal banding straps from bundled material?
   A. Hammer
   B. Long Crowbar
   C. Scissors
   D. Long handled shears

5. At what maximum height should some form of protection from falls be provided for workers when working on platforms?
   A. 2 feet
   B. 4 feet
   C. 6 feet
   D. 8 feet

6. How frequently should crane parts such as hydraulic lines, pumps and hooks be inspected for maladjustment, deterioration, leakage deformation or other damage?
   A. Daily
   B. Weekly
   C. Monthly
   D. Yearly
7. Which of the following statements is true

A. Crane operators must be “certified” to operate a crane in the fabrication shop
B. Crane operators are not required to be certified to operate a crane in the fabrication shop, but if they operated a crane at a construction site they would need to be certified.
C. Crane operators are not required to be certified

8. When “backing up” trucks for offloading materials “spotters” should stand in which location?

A. Behind the truck toward the middle
B. To the side of the truck toward the rear
C. In front of the truck
D. In the space between the truck and an overhead door

9. Which of the following is true when leaving a Powered Industrial Truck (forklift) unattended?

A. The load engaging means should be fully raised
B. The load engaging means should be fully raised and the engine turned off
C. The load engaging means should be fully lowered and engine left running
D. The load engaging means should be fully lowered and the engine shutoff

10. This symbol on a product label indicates which of the following

A. Explosives
B. Acute toxicity (Severe)
C. Acute Toxicity (Less severe)
D. Gas under pressure

11. SDS sheets can be maintained electronically provided they are readily accessible by employees.

A. True
B. False

12. Musculoskeletal Disorders (MSDs) account for what percentage of lost or restricted work time?

A. about 1/10
B. about 1/4
C. about 1/3
D. about 2/3
13. In order to decrease injuries from lifting heavy objects which muscle groups should be primarily used?

A. Leg muscles  
B. Back muscles  
C. Abdominal muscles

14. H.A.V.S. is an abbreviation which is related to which of the following?

A. A classification for Industrial Powered Trucks  
B. An electrical voltage rating system  
C. A syndrome caused by vibration  
D. Hand eye coordination

15. Arc flash can occur even when two energized parts are not connected by a physical wire.

A. True  
B. False

16. For a respirator which must be fit tested, how frequently should a “seal check” be performed?

A. Each time it is worn  
B. Daily  
C. Weekly  
D. Monthly

17. Respirators, filters and cartridges must be certified by which organization?

A. ANSI  
B. ASTM  
C. OSHA  
D. None of the above listed

18. An employer is considering two forms of hearing protection. Product “A” has a NRR rating of 33 and the Product “B” has a NRR of 25. Which is the more effective hearing protection?

A. Product “A”  
B. Product “B”

19. What is the primary cause of H.A.V.S.

A. Not wearing hearing protection  
B. Improper lifting  
C. Repeated and prolonged exposure to vibration  
D. Backing up a forklift
20. The frequency of Musculoskeletal Disorders (MSDs) can be reduced by a number of strategies. Which item below is not likely to reduce MSDs?

A. Ergonomic changes to the work place.
B. Working below the knees instead of at waist height
C. Use of tool balancers
D. Stretching

21. Respirators are required to be cleaned prior to each use by a different user.

A. True
B. False

22. Do all temporary containers that contain chemicals need to be labeled with the chemical name?

A. Yes
B. No

23. A skin sensitization (sensitivity) is an example of a ________________ class.

A. Health
B. Physical

24. Wire ropes shall be removed from service in all of the following cases except?

A. A broken wire strand
B. Bird caging
C. Kinking
D. Crushing

25. GFCI protection is required whenever work can take place in a potentially wet location. When GFCI protection is not feasible an assured equipment grounding conductor program can be used.

A. True
B. False

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