

**GROWING TOGETHER
STRONGER THAN EVER**



**4-H EXPLORATION DAYS
ACTIVITY GUIDE**

JUNE 24-26, 2026

**MICHIGAN 4-H YOUTH DEVELOPMENT | MSU EXTENSION
MICHIGAN STATE UNIVERSITY**

This event is supported by funds from the Michigan 4-H Foundation.

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Welcome

Welcome to 4-H Exploration Days 2026, we're glad you're here! Have fun and learn as much as you can during the event. When you return home, apply what you've learned and share it with others. Please enjoy your stay and all that 4-H has to offer.



I can't wait for . . .

2027 4-H EXPLORATION DAYS!

June 23 to 25, 2027

See you there!



SCHEDULE

Look for the shuttle bus schedule on the “Finding Your Sessions” page.

WEDNESDAY, JUNE 24

7–8:15 a.m.

Breakfast for Tuesday Early Arrivals, *Akers Hall Cafeteria*

8–9 a.m.

Chaperone Check-In, *West Holmes Hall Near Headquarters*

9–11 a.m.

Youth Check-In With County Chaperones, *East & West Holmes Hall Lobbies*

10:15 a.m.–Noon

Half-Hour County Meetings (*see signs on housing floors for county time & location*)

11:30 a.m.–1:30 p.m.

Lunch (**Green Group** starts at 11:30 a.m., **White Group** starts at 12:15 p.m.), *Akers Hall Cafeteria*

11:30 a.m.–1:30 p.m.

4-H State Awards Celebration (State 4-H Awards Nominees Only; Includes Lunch), *Molecular Plant Sciences Building, Atrium for lunch and Rm 1200 for award presentation*

2 p.m.

Gather for Campus Connect Career Track Sessions, *IM East Field (rain backup: IM Sports East, East Gym)*

2:30–4:30 p.m.

Campus Connect Career Track Sessions, *Various Locations*

5:30–6 p.m.

Youth–Chaperone Reflect & Plan Meetings (**White Group**), *On Assigned Floors*

5:30–7 p.m.

Dinner (**Green Group** starts at 5:30 p.m., **White Group** starts at 6 p.m.), *Akers Hall Cafeteria*

6:30–7 p.m.

Youth–Chaperone Reflect & Plan Meetings (**Green Group**), *On Assigned Floors*

7–9:45 p.m.

Free Time Activities: Clover Olympics, Crafts & More (*Check Free Time Activities List for details*)

10 p.m.

Participants & Adults in Holmes Hall

10:15 p.m.

Holmes Hall Doors Locked

10:15–11 p.m.

Youth–Chaperone Debrief, *On Assigned Floors*

11 p.m.

Participants in Assigned Rooms

Midnight

Quiet in the Residence Hall

THURSDAY, JUNE 25

7–8:15 a.m.

Breakfast, *Akers Hall Cafeteria*

8:30–11:30 a.m.

A Sessions

8:30–11:30 a.m.

C Sessions

11:30 a.m.–1:30 p.m.

Lunch (**Green Group** 11:30 a.m.–12:15 p.m., **White Group** 12:15–1:30 p.m.), *Akers Hall Cafeteria*

1:30–4:30 p.m.

B Sessions



SCHEDULE (continued)

1:30–4:30 p.m.

C Sessions

5:30–6 p.m.

Youth–Chaperone Reflect & Plan Meetings (**White Group**), *On Assigned Floors*

5:30–7 p.m.

Dinner (**Green Group** starts at 5:30 p.m., **White Group** starts at 6 p.m.), *Akers Hall Cafeteria*

6:30–7 p.m.

Youth–Chaperone Reflect & Plan Meetings (**Green Group**), *On Assigned Floors*

7–9:45 p.m.

Free Time Activities: Dance, Ice Skating & More (*Check Free Time Activities lists for details*)

10 p.m.

Participants & Adults in Holmes Hall

10:15 p.m.

Holmes Hall Doors Locked

10:15–11 p.m.

Youth–Chaperone Debrief, *On Assigned Floors*

11 p.m.

Participants in Assigned Rooms

Midnight

Quiet in the Residence Hall

FRIDAY, JUNE 26

6:30–8:15 a.m.

Pack Up Housing Room

7–8:15 a.m.

Breakfast, *Akers Hall Cafeteria*

8:30–11 a.m.

D Sessions

11:30 a.m.–1 p.m.

Check-Out With Lead Chaperone

11:30 a.m.–1 p.m.

Lunch, *Akers Hall Cafeteria*

2 p.m.

Holmes Hall Doors Locked

COOL THINGS TO SEE & DO AT MSU DURING FREE TIME

You must wear your name badge for these activities!

WEDNESDAY FREE TIME ACTIVITIES

Clover Olympics

Wed.: 7–9:30 p.m.

IM East Field (rain backup: Akers Hall, Rm. C134)

Build your team! Accept the challenge! Join us for the Clover

Olympics! Flex your mental and physical strength as you participate in timed relays to take home the Clover Trophy and other fun prizes! You'll compete on four-person teams with members from one or more counties. Bring a team you've put together or be assigned to a team when you arrive for the games. Prizes will be awarded after each round of games. Don't miss out as we race to the finish line!
Free



Click-It Time! Seat Belt Safety

Wed. & Thu.: 7:30–9:30 p.m.

Akers Hall, Rm. C133

Participants will gain valuable information about proper seat belt usage, distracted driving, and impaired driving. They will also make a decorative seat belt cover!

Free

Crafts & Games Around the World

Wed. & Thu.: 7–9 p.m.

Akers Hall, Rm. C139

Enjoy and be introduced to some simple traditional cultural crafts worldwide. Journey around six continents, learn how to make simple crafts, and have fun creating.

Free

Greeting Card Making and Bookmark Making

Wed.: 7–9 p.m.

Akers Hall, Rm. C135

Participants will learn how to make their own greeting cards and/or bookmarks using cardstock, stamps, punches, and other crafting materials.

Free

Sphero: Robotics in Motion

Wed. & Thu.: 7–9:30 p.m.

Akers Hall, Rm. C138

This is a flexible, drop-in activity where participants can explore robotics at their own pace. Students will race, program, and experiment with Sphero robots while learning basic coding and problem-solving skills. Designed for casual engagement, it offers a fun introduction to STEM concepts without time constraints.

Free

Gardens

Wed.: 7–9:30 p.m.

& Thu.: 7–9:30 p.m.

Beal Botanical Garden

(be on the last shuttle bus by 9:30 p.m. on Wednesday & Thursday)

Horticulture Gardens

(home of the Michigan 4-H Children's Gardens)

Free

Get Familiar with Artificial Intelligence (AI)

Wed. & Thu.: 7–9:30 p.m.

Holmes W-5

Mainly a drop-in session to discuss the uses of AI and help participants understand how they can use AI for various things like research, coding, problem solving, brainstorming, and even image creation.

Free

Kids Food Basket Bag Decorating-Service Project

Wed. & Thu.: 7–9:30 p.m.

Akers Hall, East Lounge Area

Kids' Food Basket is a non-profit that exists to increase access to healthy food for children and families. Sack Suppers are a nutritious, ready-to-eat meal delivered right to a child's school or community site, ensuring children have access to the healthy food they need to thrive. Come decorate a brown bag or two, or three, or more to make the sack suppers a little more joyful for those who receive them. Art skills not required, but a kind heart is.

Free



The Poultry Pipeline: A Behind the Scene Farm Tour

Wed. & Thu.: 7–9:30 p.m.
Holmes Hall, W-9

This virtual farm tour will give youth the chance to see real poultry systems in action, which helps make abstract concepts clear and easy to understand. By walking through areas that use (or demonstrate) battery cages, cage-free housing, and aviary systems, participants can compare how each system is designed, how birds move within the space, and what challenges and benefits each approach offers. Seeing the daily management practices—such as feeding, egg collection, ventilation, and manure handling—helps demystify how these systems actually function beyond what is shown online or in textbooks.

Free

Michigan 4-H Children's Gardens

Wed. & Thu.: 7–9:30 p.m.

The Michigan 4-H Children's Gardens are part of the MSU Horticulture Gardens. Kids and adults of all ages, from all around the world, have enjoyed the range of things to see and do in the many themed gardens!

Free

Mindful Minutes Room

Wed.: Open 8 a.m.–5 p.m.

**Thu.: Open 8 a.m.–5 p.m. West
Holmes Hall, Rm. C113 Bamboo
Room (next to the lounge)**

If the excitement of 4-H Exploration Days starts to feel like it's a bit too much, visit the Mindful Minutes Room to ground yourself and relax. Take part in mindful activities such as meditation, yoga, journaling, and coloring, or simply sitting quietly while collecting your thoughts. This room is not a session or an alternative to a session but a place to help you decompress and reset before the next activity. A staff member will be there to give instructions and offer support.

Free

MSU Dairy Store

Anthony Hall, Rm. 1140

Wed. ONLY: 7:30–9 p.m. MSU

**Dairy Store Ice Cream Cart—
Outside W. Holmes Hall**

Wed.–Fri. Store Hrs: Noon–9 p.m.

**Wed.–Thu. Observation Deck Hrs:
7:00–9 p.m. (follow signs from
store entrance)**

The MSU Dairy Store makes delicious ice cream just for you! Take a self-guided tour on the Anthony Hall observation deck with videos of how MSU makes cheese and ice cream. On Wednesday evening ONLY, the MSU Dairy Store Carts bring you ice cream just outside West Holmes Hall!

Pick up a Wednesday-only coupon from your chaperone for one free scoop from the Dairy Store Ice Cream Carts. The MSU Dairy Store is a cashless, card-only operation.



Pizza

Wed. & Thu.: 8:30–9:45 p.m.

Outside Holmes Hall

Cottage Inn Pizza will be outside Holmes Hall to sell:

- Six-slice medium pepperoni-and-cheese and cheese-only pizzas for \$6 each
- 12 pieces of garlic cheese bread for \$6 each

You can order other menu items from Cottage Inn Pizza (517-324-4300), Domino's Pizza (517-351-7100), or other food vendors that offer on-campus delivery. If you don't have a phone, call in your order from the Holmes Hall front desk phone. The standard tip for pizza delivery is \$3 a pizza. Place orders by 9:30 p.m.

Evening Yoga Flow

Wed. & Thu.: 7–9:30 p.m.

Akers Hall, Rm. C138

Unwind and recharge with a gentle evening yoga flow designed to help you relax after a full day of Exploration Day activities. We'll focus on light stretching, mindful breathing, and simple movements to release tension and restore energy. All skill levels are welcome; whether you're new to yoga or a seasoned practitioner, this is your time to slow down, stretch out, and find your calm!

Free

Souvenir Shopping

Wed. & Thu.: 12 p.m.–5 p.m.

Spartan Bookstore, International Center; & Spartan Spirit Shop, MSU Union

Shop for Spartan-themed clothing and souvenirs.

Sparty's Convenience Store

Wed.: 10 a.m.–10 p.m.,

Thu.: 7 a.m.–10 p.m.,

& Fri.: 7 a.m.–1 p.m.

Holmes Hall

Buy magazines, toothbrushes, and more.

Sports Facilities—Indoors

Wed.: 1–9:45 p.m.

& Thu.: 4:30–9:45 p.m.

IM Sports East—Open Recreation

- Racquetball
- Table tennis
- Basketball courts

Show your name badge and room key at the service counter to check out equipment.

Free

Sports Facilities—Outdoors

Wed.: 1–9:45 p.m.

& Thu.: 4:30–9:45 p.m.

IM East Field

- Sand volleyball courts
- Basketball courts
- Soccer

Show your name badge and room key to check out equipment from the IM Sports East service counter.

Free

Michigan Tree Identification

Wed.: 7–9 p.m.

Holmes Hall Hallway by Café

Students will be introduced to using leaves (and other observable characteristics) to identify common Michigan tree species. They will learn to use an ID key to help them evaluate tree leaves and identify trees by leaf samples.

Free

Wilderness Survival & Foraging

Wed.: 7–8:30 p.m.

**Meet in Front of East Holmes Hall
(don't be late!)**

Wander through MSU's campus and gardens with us and find out about the many flowers, berries, and leaves you can eat.

Free

Sports Equipment

Wed.: 1–9:45 p.m.

& Thu.: 4:30–9:45 p.m.

**Check out items at 4-H Exploration
Days Headquarters in West
Holmes Hall Lounge**

Use your name badge to check out yard games and sports equipment:

- Soccer balls
- Volleyballs (nets across street at IM Sports East)

Free

THURSDAY FREE TIME ACTIVITIES

Crafts Around the World

Wed. & Thu.: 7–9 p.m.

Akers Hall, Rm. C139

Enjoy and be introduced to some simple traditional cultural crafts worldwide. Journey around six continents, learn how to make simple crafts, and have fun creating.

Free

Dance

Thu.: 7:30–9:30 p.m.

IM Sports East, East Gym

Free

Gardens

Wed. & Thu.: 7–9:30 p.m.

**Beal Botanical Garden
Horticulture Gardens**

Details in Wednesday free time entry.

Kids Food Basket Bag Decorating Service Project

Wed. & Thu.: 7–9:30 p.m.

Akers Hall, East Lounge Area

Details in Wednesday free time entry.

Ice Skating

Thu.: 7–9:00 p.m.

Munn Ice Arena

Free

Inflatables

Thu.: 7:30–9:30 p.m.

**IM Sports East, East Gym (West
Side)**

Join us for some bouncy, competitive fun on The Meltdown and The 40-Foot Backyard Obstacle Challenge.

Free

Click-It Time! Seat Belt Safety

Wed. & Thu.: 7:30–9:30 p.m.

Akers Hall, Rm. C133

Participants will gain valuable information about proper seat belt usage, distracted driving, and impaired driving. They will also make a decorative seat belt cover!

Free

Michigan 4-H

Children's Gardens

Wed. & Thu.: 7–9:30 p.m.

Details in Wednesday free time entry.

Free



Movie: “Grown Ups”

Thu.: 8 p.m.

Holmes Hall, Rm. C106

(Auditorium)

Comedy, PG-13

Mourning the loss of their beloved junior high basketball coach, five middle-aged pals reunite at a lake house and rediscover the joys of being a kid.

Free

MSU Dairy Store

Wed.–Fri. Store Hrs: Noon–9 p.m.

Wed.–Thu. Observation Deck Hrs: 3:30–5 p.m. (follow signs from store entrance)

Anthony Hall, Rm. 1140

Details in Wednesday free time entry.

Pizza

Wed. & Thu.: 8:30–10 p.m.

Outside Holmes Hall

Details in Wednesday free time entry.

Souvenir Shopping

Wed. & Thu.: 10 a.m.–5 p.m.

Spartan Bookstore, International Center; & Spartan Spirit Shop, MSU Union

Details in Wednesday free time entry.

Sparty’s Convenience Store

Wed. & Thu.: 7 a.m.–10 p.m.

Fri.: 7 a.m.–1 p.m.

Holmes Hall, Café Area

Details in Wednesday free time entry.

Spoons Tournament

Thu.: 7–9:30 p.m.

Holmes Hall, Rm. C104

Are you the best Spoons player in Michigan 4-H? Bring your friends and your best Spoons skills to play 4-H’ers from across the state in an intense spoon battle or just for fun.

Free

Sports Facilities—Indoors

Wed.: 1–9:45 p.m.

& Thu.: 4:30–9:45 p.m.

IM Sports East—Open Recreation

Details in Wednesday free time entry.

Sports Facilities—Outdoors

Wed.: 1–9:45 p.m.

& Thu.: 4:30–9:45 p.m.

IM East Field

Details in Wednesday free time entry.

Evening Yoga Flow

Wed. & Thu: 7–9:30 p.m.

Unwind and recharge with a gentle evening yoga flow designed to help you relax after a full day of Exploration Day activities. We’ll focus on light stretching, mindful breathing, and simple movements to release tension and restore energy. All skill levels are welcome, whether you’re new to yoga or a seasoned practitioner, this is your time to slow down, stretch out, and find your calm!

Free

Sports Equipment

Wed.: 1–9:45 p.m.

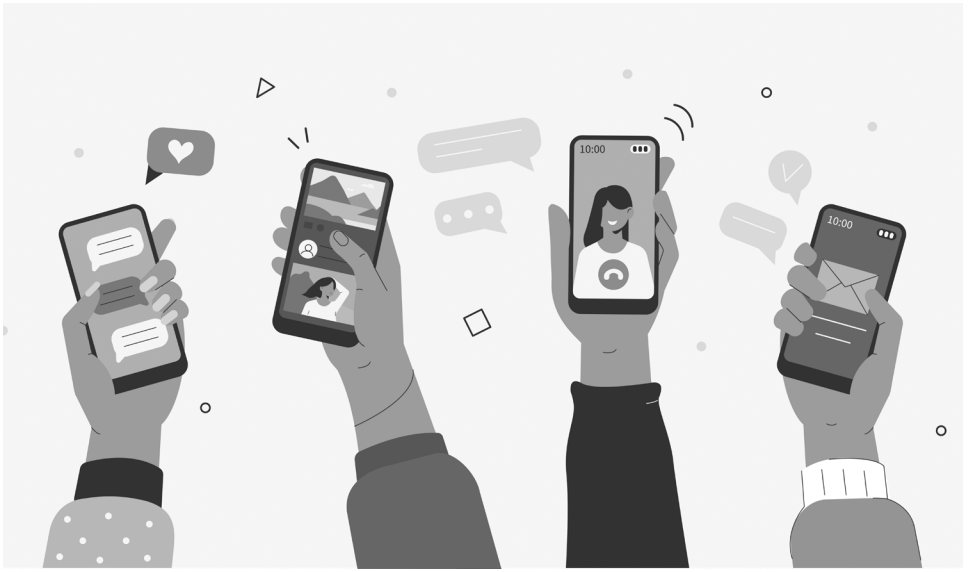
& Thu.: 4:30–9:45 p.m.

Check out items at 4-H Exploration Days Headquarters in West Holmes Hall Lounge

Details in Wednesday free time entry.



USE THE 4-H EXPLORATION DAYS



APP

If you have an internet-connected mobile device like a smartphone or tablet, you can replace your printed *2026 4-H Exploration Days Activity Guide* with the event app. The app works on Android and iOS devices.

1. Visit <https://my.yapp.us/4HEXPO> in your favorite web browser on your device and follow the instructions on the page, or scan the QR code that follows with your device's camera to open the link directly.



2. Install Yapp from the app store (if you don't have it already).

3. Open Yapp and tap "Download an existing Yapp" and the "MI 4-H Expo Days 2026" Yapp will appear.

You can also view most of the app's content from a web browser by clicking on the event graphic in the app's web page.

Finding Your Sessions



Using the Map and Index—The centerfold map and the “Campus Buildings and Features We Use Map Index” will help you get around. The map edges have lines of letters (left and right) and numbers (top and bottom) that create the index coordinates. For example, the index shows that Spartan Stadium is near **D-6** on the map. Find the letter Ds on the map’s sides, then the number 6s on its top and bottom. Draw an imaginary line between the two letters and another one between the two numbers. You’ll find Spartan Stadium near where those imaginary lines cross on the map.

Use the interactive MSU map at <https://maps.msu.edu/interactive/> to navigate with a smartphone. For example, type “Holmes Hall” into the search box and that building will be highlighted on the map and its address given. You can then use the map’s wayfinding feature to guide you.

Field Trip Buses—If your session is going on a field trip, look for the field trip bus loading site on your map. It’s near **D-11** and marked with an **F** in a box. It is in front of West Akers Hall. All field trips will leave from this location at the scheduled session starting time. Arrive at the field trip bus loading area 15 to 20 minutes before your session’s scheduled departure time, because once your bus leaves there’s no other way for you to get to your session.

Shuttle Buses—Please plan to walk to activities as much as possible. Limited shuttle bus service is provided by MSU buses labeled with bright green “4-H” signs. The centerfold map shows the shuttle route. Shuttle buses stop at the places marked on the map with circled numbers. These are the only places where you can get on and off shuttle buses.

Remember: Look for bus designations and window signs that refer to 4-H, and only board 4-H buses.

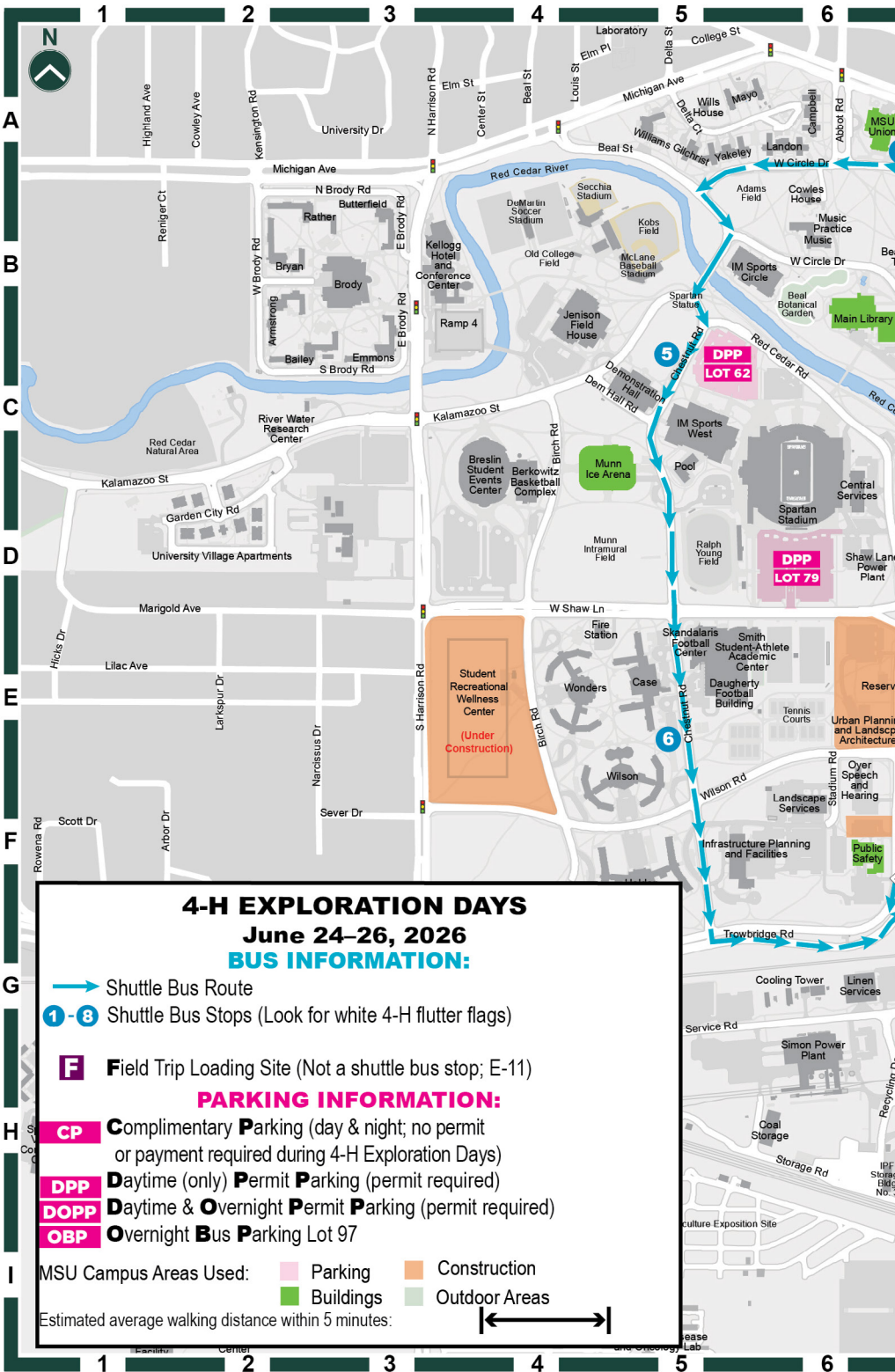
Shuttle Bus Schedule

Wednesday:
4 to 9:30 p.m.

Thursday:
7:45 to 9:15 a.m.
11 a.m. to 1:45 p.m.
4 to 9:30 p.m.

Friday:
7:45 to 9 a.m.
10:45 a.m. to noon





4-H EXPLORATION DAYS

June 24–26, 2026

BUS INFORMATION:

- Shuttle Bus Route
- Shuttle Bus Stops (Look for white 4-H flutter flags)

F Field Trip Loading Site (Not a shuttle bus stop; E-11)

PARKING INFORMATION:

- CP** Complimentary Parking (day & night; no permit or payment required during 4-H Exploration Days)
- DPP** Daytime (only) Permit Parking (permit required)
- DOPP** Daytime & Overnight Permit Parking (permit required)
- OBP** Overnight Bus Parking Lot 97

MSU Campus Areas Used: Parking Construction Buildings Outdoor Areas

Estimated average walking distance within 5 minutes:

Campus Buildings & Features

We Use Map Index

Use this index to find your destinations on the centerfold map. (See the “Finding Your Sessions” section for directions on using the map and index to navigate campus.)

E-11	Akers Hall	D-7	International Center (Spartan Bookstore)
E-8	Anthony Hall	C-7	Main Library
C-6	Beal Botanical Garden	D-10	McDonel Hall
F-7	Communication Arts & Sciences	G-9	Michigan 4-H Children’s Gardens
E-8	Dairy Store, MSU (Anthony Hall)	B-7	MSU Union
E-9	Facility for Rare Isotope Beams (FRIB)	D-5	Munn Ice Arena
E-11	Field Trip Loading Site (West Akers)	B-8	Olin Health Center
D-11	Holmes Hall	F-9	Plant & Soil Sciences
F-9	Horticulture Gardens (Michigan 4-H Children’s Gardens)	D-7	Spartan Bookstore (International Center)
F-11	Hubbard Hall	B-7	Spartan Spirit Shop (MSU Union)
E-10	IM East Field	B-7	Union, MSU
E-10	IM Sports East	F-10	Veterinary Medical Center
E-10	IM Sports East, Tennis Courts	D-7	Wells Hall

Donate to the Michigan 4-H Foundation!

Your donation to the Michigan 4-H Foundation prepares 4-H’ers to lead, serve, build . . . and conquer life’s challenges!



What your donation can do:

- Support 4-H learning experiences.
- Support your local 4-H program.
- Support the Michigan 4-H Children’s Gardens.
- Honor someone special to you with a memorial or tribute gift.
- Support a thriving 4-H program in Michigan.



Your gift can help 4-H GROW today! Donate at www.mi4hfdtn.org or use the QR code.

MICS 2751

CAMPUS CAREER CONNECT TRACK (C3T)

Meet Wednesday, June 24, 2:30–4:30 p.m.

Gather with your C3T **session leader at 2 p.m. on the IM East Field** (rain backup: IM Sports East, East Gym). From there you'll walk or ride a bus to your session.

Wednesday, June 24, 3:00–4:00 p.m. (While youth are at C3T Tracks)

CHAPERONES & VOLUNTEERS: Please attend an **OPTIONAL** training to learn tools to support youth in-the-moment who may be experiencing challenging or overwhelming emotions during the event, such as anxiety. **YOU** can make a difference supporting youth mental health! **Holmes Hall, Rm. C106 (Auditorium)**

A SESSIONS

**Thursday, June 25,
8:30–11:30 a.m.**

A-1 Acting Improv

Holmes Hall, Rm. C104

A-2 All About Swine

Field Trip (Pavilion, Classroom C)

A-3 Beat the Clock: 4-H Escape Room

Akers Hall, Rm. C133

A-4 Clicking for Success

Hubbard Hall, Rm. G28

A-5 Click-It Time! Be an Informed Driver & Passenger

Akers Hall, Rm. C134

A-6 Computer Science Basics

Plant & Soil Sciences Rm A158

A-7 Cracking the Code: Understanding Egg Quality Inside & Out

Anthony Hall, Rm. 1260

A-8 Create Your Own TV Show

Communication Arts & Sciences Bldg, South Lobby Studio

A-9 DNA in Real Life: Extracting, Observing & Understanding DNA

Hubbard Hall, Rm. G31

A-10 Equine Games

McDonel Hall, Rm. C107 Kiva

A-11 From Field to Finish Line: How Agriculture Fuels Runners

McDonel Hall, Rm. B42

A-12 Game, Set, Laugh!

IM Sports East, Tennis Courts (rain backup: IM Sports East, Rear Gym)

A-13 Hand Knitting Blankets

Holmes Hall, Rm. W9

A-14 Hunger Fighters Unite

Anthony Hall, Rm. 1235

A-15 Ice Dyeing

Plant & Soil Sciences, Rm. A166

A-16 Jelly Roll Quilt Top

Holmes Hall, Rm. C101

A-17 Learn to Use a Sewing Machine

Holmes Hall, Rm. C102

A-18 Marketing Your Best Self

Akers Hall, Rm. C139

A-19 Mini Boxy Pouch

Holmes Hall, Rm. C103

A-20 MSU Bug House

Natural Science, Rm. 147

A-21 Nothing Up My Sleeve! Magic & Illusions

Plant & Soil Sciences, Rm. A159

A-22 Outdoor & Environmental Education

Wells Hall, Rm. A126

A-23 Outdoor Survival Skills

Akers Hall, Rm. C137

A-24 Pulp to Pages

Plant & Soil Sciences, Rm. A182

A-25 Rabbit Showmanship for Beginners

Field Trip (Pavilion, Classroom D)

A-26 Ready! Set! Pull!

Field Trip (Rose Lake, Bath)

A-27 Reality Check With MSU Federal Credit UnionHolmes Hall, Rm. C106
(Auditorium)**A-28 Rugby for Rookies**

IM East Field (rain backup: IM Sports East, Rear Gym)

A-29 Savvy Animal Science

Akers Hall, Rm. C138

A-30 Showmanship & Sportsmanship

Field Trip (Pavilion, Classroom B)

A-31 Simple Loom Weaving

Hubbard Hall, Rm. G32

A-32 Slam Dunk Your Way to Better Basketball Skills

IM Sports East, East Gym

A-33 Softball

IM East Field (rain backup: IM Sports East, East Gym)

A-34 Target Archery

Field Trip (Pavilion, South Barn)

A-36 T-Shirt Vinyl Cutting Class

Akers Hall, Rm. C135

A-37 Veterinary Nurse for a DayVeterinary Medical Center,
(Meet in entrance, building will be locked)**A-38 Which Apple Would You Choose?**

Plant & Soil Sciences, Rm. A186

A-39 Zen Zone: Yoga for EveryBODY

IM Sports East, Multipurpose Room

B SESSIONS

Thursday, June 25, 1:30–4:30 p.m.**B-1 Amazing Racing**

Plant & Soil Sciences, Rm. A149

B-2 American Sign Language for Beginners

Holmes Hall, Rm. W5

B-3 Artistic Wooden Blossoms

Plant & Soil Sciences, Rm. B109

B-4 Beat the Competition

Field Trip (Beef Cattle Teaching & Research Center)

B-5 Canning Food Using Water-Bath Canners

Field Trip (Martin Luther Chapel, East Lansing)

B-7 Click-It Time! Be an Informed Driver & Passenger

Akers Hall, Rm. C134



- B-8 Intro to Computer Science**
Plant & Soil Sciences Rm A158
- B-9 Create Your Own TV Show**
Communication Arts &
Sciences Blg, South Lobby
- B-10 DNA in Real Life: Extracting,
Observing & Understanding
DNA**
Hubbard Hall, Rm. G31
- B-11 Equine Games**
McDonel Hall, Rm. C107 Kiva
- B-12 Flatbreads Around the World**
Field Trip (Agronomy Farm)
- B-13 Hand Knitting Blankets**
Holmes Hall, Rm. W9
- B-14 How to Adult-ish: Real Skills
for Real Life**
Akers Hall, Rm. C139
- B-15 Ice Dyeing**
Plant & Soil Sciences, Rm. A166
- B-16 Jelly Roll Quilt Top**
Holmes Hall, Rm. C101
- B-17 Language of Flowers
Through Floral Artistry**
Plant & Soil Sciences, Rm. B102
- B-18 Laser Cutting Design**
Akers Hall, Rm. C135
- B-19 Make a Fabric Basket**
Holmes Hall, Rm. C102
- B-20 Mini Boxy Pouch**
Holmes Hall, Rm. C103
- B-21 Money Moves: Your Cash
Quest for Smart Choices**
Holmes Hall, Rm. C104
- B-22 MSU Bug House**
Natural Science, Rm. 147
- B-23 MSU Feedlot Tour & Beef
Cattle Management**
Field Trip (Beef Cattle
Teaching & Research Center)
- B-24 Nothing Up My Sleeve! Magic
& Illusions**
Plant & Soil Sciences, Rm. A159
- B-25 Outdoor Survival Skills**
Akers Hall, Rm. 137
(Auditorium)
- B-26 Paper Quilling Art**
Anthony Hall, Rm. 1260
- B-27 Public Speaking 101**
Hubbard Hall, Rm. G28
- B-28 Pulp to Pages**
Plant & Soil Sciences, Rm. A182
- B-29 Rabbit Showmanship for
Advanced Exhibitors**
Field Trip (Pavilion, Classroom D)
- B-30 Ready! Set! Pull!**
Field Trip (Rose Lake, Bath)
- B-31 Rugby for Rookies**
IM East Field (rain backup: IM
Sports East, Rear Gym)
- B-32 Savvy Animal Science**
Akers Hall, Rm. C138
- B-33 Showmanship &
Sportsmanship**
Field Trip (Pavilion, Classroom B)
- B-34 Slam Dunk Your Way to
Better Basketball Skills**
IM Sports East, East Gym
- B-35 Softball**
IM East Field (rain backup: IM
Sports East, East Gym)
- B-36 Spa Day**
McDonel Hall, Rm. 45A
Community Kitchen
(basement)
- B-37 Target Archery**
Field Trip (Pavilion, South
Barn)

B-39 Turning Vegetables Into Power

Field Trip (Anaerobic Digestion Research & Education Center)

B-41 Youth Take the Stage: An Introduction to Interactive Theatre

Holmes Hall, Rm. C106 (Auditorium)

B-42 Zen Zone: Yoga for EveryBODY

IM Sports East, Multipurpose Room)

C SESSIONS

Thursday, June 25, 8:30–11:30 a.m. & 1:30–4:30 p.m.

C-1 Early Childhood Education: Keeping Kids Engaged & Having Fun

Wells Hall, Rm. A124 (afternoon field trip to MSU Child Development Center)

C-2 Family Tree Fun

Main Library, Rm. W221 Red Cedar West (ask for directions at Circulation Desk on first floor)

C-3 Pellet Rifle & Air Pistol Target Shooting Fundamentals

Field Trip (University Farms)

C-4 Raspberry Pi Creations

Anthony Hall, Rm. 1257

C-5 Teens as Teachers: 4-H Healthy Living

Wells Hall, Rm. B122

C-6 Working With Search & Rescue K9's

Field Trip (Pavilion, Auditorium)

D SESSIONS

Friday, June 26, 8:30–11 a.m.

D-1 Acting Improv

Holmes Hall, Rm. C104

D-2 Amazing Racing

Plant & Soil Sciences, Rm. A149

D-3 American Sign Language: The Next Level

Holmes Hall, Rm. W5

D-4 Clicking for Success

Hubbard Hall, Rm. G28

D-5 Click-It Time! Be an Informed Driver & Passenger

Akers Hall, Rm. C134

D-6 College & Your Future

Akers Hall, Rm. C135

D-7 Cracking the Code: Understanding Egg Quality Inside & Out

Anthony Hall, Rm. 1260

D-8 Create Your Own TV Show

Lansing Public Media Center

D-9 Cuttings to Creations

Plant & Soil Sciences Rm A182

D-10 Farm Livin' Is the Life for Me!

Akers Hall, Rm. C133



- D-11 Fun With Micro:Bit**
Anthony Hall, Rm. 1235
- D-12 Health Rocks! Decisions, Stress & Staying Strong**
McDonel Hall, Rm. C107 Kiva
- D-13 Houseplants Hands-On**
Plant & Soil Sciences Rm B109
- D-14 How to Adult-ish: Real Skills for Real Life**
Akers Hall, Rm. C139
- D-15 Lighted Festive Garland**
McDonel Hall, Rm. B42
- D-16 Mindful Moshing: Move, Groove & Reflect**
IM Sports East, Multipurpose Room
- D-17 One Hundred Percent Chocolate**
Plant & Soil Sciences, Rm. B102
- D-18 One World, Many Religions**
Main Library, Rm. Digital Scholarship Lab Flex Space (2nd Floor West Wing) (ask for directions at Circulation Desk on first floor)
- D-19 Outdoor Survival Skills**
Akers Hall, Rm. 137 (Auditorium)
- D-20 Pellet Rifle for Beginners**
Field Trip (University Farms)
- D-21 Personal Leadership Journey**
Holmes Hall, Rm. W9
- D-22 Pickleball Basics**
IM Sports East, Tennis Courts (rain backup: IM Sports East, Rear Gym)
- D-23 Quilted Table Runner**
Holmes Hall, Rm. C102
- D-24 Rabbit Raising for Beginners**
Field Trip (Pavilion, Classroom D)
- D-25 Reality Farm**
Hubbard Hall, Rm. G29
- D-26 Rugby for Rookies**
IM East Field (rain backup: IM Sports East, East Gym)
- D-27 Safety Detectives & Creativity After Injury on the Farm**
Holmes Hall, Rm. C106 (Auditorium)
- D-28 Savvy Animal Science**
Akers Hall, Rm. C138
- D-29 Sew a Tote Bag**
Holmes Hall, Rm. C101
- D-30 Simple Loom Weaving**
Hubbard Hall, Rm. G32
- D-31 Soap Making**
McDonel Hall, Rm. 45A Community Kitchen (basement)
- D-32 Softball**
IM East Field (rain backup: IM Sports East, Rear Gym)
- D-33 Stop-Motion Animation Challenge**
Hubbard Hall, Rm. G31
- D-34 Super Collisions of Atomic Nuclei**
Facility for Rare Isotope Beams, Lobby (Enter NW corner of building from S. Shaw Lane, next to Chemistry Building)
- D-35 Supply Chains: From Products to Professions**
Hubbard Hall, Rm. G30
- D-36 Using GitHub & AI to Create & Host Websites**
Plant & Soil Sciences, Rm. A158
- D-37 Veterinary Nurse for a Day**
Veterinary Medical Center, (Meet in entrance, building will be locked)
- D-38 Vision Boards for Bold Goals**
Holmes Hall, Rm. C103

GENERAL INFORMATION

PLEASE READ CAREFULLY

1. Staying in a Residence Hall—

You'll receive a room key and a conference card that serves as your meal card and lets you enter your housing floor stairwell and elevators. Linens will be in your room. Blankets are available in your closet or on request. Lock your room each time you leave and keep your key and conference card with you at all times.

2. Youth–Chaperone Assignments & Whereabouts Schedules—

All youth participants must be assigned to a specific adult chaperone. You must attend all sessions for which you are registered, and your attendance will be monitored. During free time, youth participants and the assigned adult chaperone need to keep each other informed of where they will be, when, and with whom. All chaperones will create a system to ensure all parties know where everyone is. (The system could be using whereabouts schedules, group texting, or another method.)

3. Youth–Chaperone Meetings—

In addition to the county meeting you'll have shortly after arriving at 4-H Exploration Days, you'll have four youth–chaperone meetings throughout the event. These mandatory meetings will give you a chance to check in with your chaperone after sessions, before and after evening activities, and before bedtime. While counties may adjust the times of the meetings slightly, the official times are:

- **Wednesday: 10:15 a.m.–noon, 5:30–7 p.m., & 10:15–11 p.m.** (You must stay on your floor after the final meeting.)
- **Thursday: 5–7 p.m. & 10:15–11 p.m.** (You must stay on your floor after the final meeting.)

4. Helpers—Session and activity helpers will provide extra support and help as needed. You can identify the helpers by their green 4-H vests.

5. Name Badges—You must wear your lanyard and name badge at all times during the conference. Your name badge will admit you to campus activities and identify you as a participant in 4-H Exploration Days.

6. Bed Check—Your lead chaperone will do a bed check each night. You must be in your assigned room no later than 11 p.m. and must sleep in your assigned room. Under no circumstances may you move without first obtaining permission from your lead chaperone or county staff member. Keep the blinds closed when the lights are on in your room in the evening.

7. 4-H Exploration Days

Information Center—This office is in W180 Holmes Hall (phone number will be posted in Holmes Hall and on the Yapp app). The center is open from 7 a.m. to midnight.

8. Headquarters—4-H Exploration Days Headquarters is in the West Holmes Hall Lounge (phone 517-432-7611). Headquarters is staffed from 7 a.m. to midnight on Wednesday and Thursday and from 7 a.m. to



2:30 p.m. on Friday. If you need help during the night, contact the West Holmes desk receptionist (phone 517-353-6360), who will connect you with the 4-H Exploration Days leadership team.

9. Nurse's Station—The Nurse's Station is in apartment E183 Holmes Hall (phone number will be posted in Holmes Hall and on the Yapp app). The Nurse's Station is staffed from 9 a.m. on Wednesday until 1:30 p.m. on Friday. If you get sick or hurt, tell your lead chaperone and county staff, then report to the nurse. If you need more care, you will be taken to:

- **Olin Health Center**—for those aged 14 and up only (8 a.m. to 5 p.m.).
- **Area medical facility**—The nurse, 4-H Information Center, and 4-H Exploration Days Headquarters in the West Holmes Hall Lounge have contact information and maps.

Victims of life-threatening situations will be taken directly to U of M Sparrow Hospital in Lansing. Phone 911 for an ambulance, then notify your county 4-H staff, lead or assigned chaperone, and 4-H Exploration Days Headquarters in the West Holmes Hall Lounge (517-432-7611). Emergency transportation is always available from Headquarters. You or your parents or guardian will be billed for the cost of hospital treatment.

10. Cafeteria—Everyone will eat in the Akers Hall Cafeteria. Please enter from the West Akers side. The facility is accessible to people with disabilities.

11. Phone Calls—There are no land lines in the housing rooms and no pay phones in Holmes Hall.

12. Check-Out Procedures

& Times—Check-out is from 11 a.m. to 1:30 p.m. on Friday. All rooms are to be vacated by 1:30 p.m.

- Lock your door when leaving the room.
- Place your sheets and towels in the designated bins by the elevator on your floor.
- Collect any trash from your room and place it in the county trash bag by the elevator on your floor.
- Turn in your key and conference card to your lead chaperone. You'll be billed \$75 for a missing key and \$20 for a missing card.
- If you need to wait for a ride, check out and wait in the lobby area of Holmes Hall. The hall will be closed and locked at 2 p.m.

13. Conduct Policy Reminder—You agreed to abide by a code of conduct when you enrolled in 4-H, and to abide by the event rules when you registered. Both the code of conduct and the event rules are available in 4-H Exploration Days Headquarters in the West Holmes Hall Lounge. Several key points to follow: Theft, vandalism, the use of alcohol and illegal drugs, and leaving the premises (except for session field trips) are not permitted. Bullying, name calling, or comments about race, gender, sexuality, or political beliefs will not be tolerated. Violators will immediately be sent home at their own expense and may not be allowed to attend future 4-H Exploration Days. Those engaged in illegal activities will be turned over to the proper authorities. Repair costs for property damage will be billed to the group or individual responsible for it.

TELL US WHAT YOU THINK: EVALUATE 4-H EXPLORATION DAYS

After your last session on Friday, we invite you to take a moment to complete the 2026 4-H Exploration Days online evaluation. We will use your feedback to improve the event next year. Your answers will be anonymous.

The survey will be open **until 5 p.m. on June 30, 2025**. You can reach the survey by clicking on the link (https://msu.co1.qualtrics.com/jfe/form/SV_diKwk6NIPCZcmA6), typing the address into your browser, or using this QR code:



Emergency Procedures

If you spot a FIRE:

Set off an alarm. Call 911 and report the location of the fire. Leave the building calmly and quietly. Do not use the elevator. (Conference assistants will direct the evacuation.) Once you reach a safe place, notify 4-H Exploration Days Headquarters at 517-432-7611.

(NOTE: The silver decals on the back of your housing room door give more information on fire procedures.)

If there is a SEVERE THUNDERSTORM or TORNADO WARNING:

In a weather emergency, a steady signal of varying volume means TAKE COVER NOW! Move to an interior hallway (in the basement or on the ground level is best) with no windows or other hazards, or to the lowest level of a parking ramp. Stay under cover until the “all clear” signal is given by the MSU Alert System or the Yapp app. If you are in a session when you hear this warning, stay together, find shelter, and wait for the all clear signal.

If there is another EMERGENCY:

In another type of emergency (accident, illness, suspicious activity, or threat of violence), call 911 immediately. If you are told to secure in place:

- Lock the doors of the room you are in. (The main doors of the building will also be locked.)
- Close the blinds or curtains and turn off the lights.
- Hide in a protected area. Build a barricade with or hide behind objects in the room.
- Stay under cover until the all clear signal is given by the MSU Alert System or the Yapp app.



Summer 2026 Campus Road Construction Alert

Street and sidewalk closures due to road construction and building projects will shift often as work progresses. Do not walk through an active construction site. Please obey all construction banners and signs, mind all flaggers and patrol officers, and follow posted detours. For the latest on getting around campus, see the interactive Closures and Detours map at <https://apps.gis.msu.edu/construction/closures-and-detours/>.



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Michigan 4-H Youth Development programs involve volunteers in providing positive, experiential, educational opportunities for and with youth. Our mission is to create environments, through collaboration, that build strong, healthy youth who are proactive in a complex and changing world.

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