



HEADS IN, HEARTS IN

Garden in a Glove

Instructions for Set-Up



Supplies

- “Guide for Families” handout
- Clear plastic standup display (optional)
- Clear, disposable, poly, food service glove (1 per learner)
- Yarn cut in approximately 4-inch sections
- Water
- Cotton balls (5 per learner)
- 5 different varieties of seeds such as basil, green beans, yellow beans, carrots, lettuce, oregano, parsley or spinach
- 6 small bowls
- 5 labels
- Permanent markers
- Display table

Activity Preparation

- ▶ Purchase or locate items on supply list.
- ▶ Print one copy of the “Guide for Families” handout. Laminate or place in a clear plastic standup display to allow participants to see it more readily.
- ▶ Label five of the small bowls with the variety of seed that’s in the bowl. Use the sixth bowl for water.
- ▶ Set up the display table and arrange needed supplies.



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Garden in a Glove Guide for Families

Learning Objectives

What you need to know:

You can grow plants in a glove! When conditions are right, seeds will grow into plants. Those conditions include:

- ▶ Air (inside the glove)
- ▶ Water (in the cotton ball)
- ▶ Warmth (present when the glove is placed in the sun)
- ▶ Sun (daylight)
- ▶ Soil (cotton ball)

What you will do and learn:

You will grow a garden in a glove and be introduced to the plant growing cycle. You will become familiar with the components plants need to grow: air, water, warmth, sun and soil.

Instructions

1. Before you begin, think about these questions: Do you think you can grow a plant in a glove? What do plants need to grow?
2. Take one plastic glove
3. Using a permanent marker, label each finger of the glove with the variety of seed that you will put in that finger. For example, label one finger “basil,” another “carrots,” and so on.
4. Blow air into the glove gently to expand it slightly.
5. Dip 5 cotton balls into the water to moisten slightly.
6. Dip each moist cotton ball into a different seed bowl, picking up a few seeds with the cotton ball.
7. Place the cotton ball with seeds in the correct finger. For example, place the cotton ball with carrot seeds in the finger labeled “carrots.”
8. Blow more air into the glove, and tie it shut with a piece of yarn.
9. Bring it home and place in a sunny window.
10. Once the seeds grow into seedlings, transfer into a small pot, cup or container for continued growth.