

2017 Michigan 4-H Trail Ride & Family Camp Weekend

www.ans.msu.edu/extension/horse youth programs

D Bar D Ranch 6746 E 64th St Chase, Michigan 49623 www.dbardranchmichigan.com



June 23-25, 2017

<u>Purpose</u>: To provide 4-H members, parents, and leaders with an opportunity to meet and become acquainted with 4-Her's from across the state, to provide training in planning and conducting club and county trail rides, and to develop an appreciation of conservation and natural resources.

<u>REGISTRATION</u>: Registration forms and fees are then due to **the State Extension Office** no later than June 1st, 2017. Please send entry forms and check (payable to MSU) for all entries to State 4-H Trail Ride, 474 South Shaw Lane Room 1287, Anthony Hall, East Lansing, MI 48824.

Eligibility: Michigan 4-H club members, families, and leaders. <u>Participants under 14 years of age</u> must be accompanied on the State 4-H Trail Ride and its individual rides, by a parent, legal guardian, or responsible adult. Members 14-17 years old must have a 4-H leader in attendance at the ride, designated by the county, to whom they are responsible, but this advisor does not need to accompany them on all rides. Youth are responsible to any of the State 4-H Trail Ride Committee members.

ASTM/SEI approved riding helmets are required for youth under the age of 19 and highly recommended for all riders.

Horses: Participants will be responsible for bringing their own horse for their use. NO STALLIONS ARE ALLOWED. Hay and grain will not be furnished. There will be space for picket lines. DUE TO THE TERRAIN IN THIS AREA IT IS RECOMMENDED THAT YOUR HORSES BE SHOD AND CONDITIONED. Horses should be controllable and safe on the trails to ensure a safe enjoyable ride for all.

Fees:

This fee includes all meals (Fri. Dinner -- Sun. Brunch) and camping fees*.

	Non 4-H Youth Members**	4-H Youth Members
11-19 yrs	\$55.00	\$45.00
5-10 yrs	\$45.00	\$35.00
4 yrs old & under	Free	Free
ALL Adults	\$45.00	\$45.00
Late Fee (after June 1 st)	\$10.00	\$10.00

**Not a 4-H member? Contact your local county extension office to sign up! The extra \$10 in registration includes your 4-H participation enrollment fee!

Welcome to the 2017 State 4-H Trail Ride & Family Camp Weekend!!

We are excited about a new year and a new location for this years Trail Ride - **D Bar D Ranch**!! Trying new places always brings new challenges but I am confident that our great members and volunteers will work hard to make this a great event. Let's look at this change as an opportunity! We would like to encourage the youth to get involved in event activities. 4-H activities are great for learning and making friends. We welcome you to share any ideas you have for new activities that the group may want to try.

The Trail Ride committee members and family put in an enormous amount of work and effort to bring this event together but we also need your help. Everyone is required to sign up to help with at least one meal. All campers are encouraged to help with setup Friday and take down Sunday. Teamwork is vital to our success.

We want the trail ride to be safe and fun for everyone. ASTM/SEI approved riding helmets are required for youth 19 and under and highly recommended for all riders.

Again this year we will be having a silent auction to help offset the costs of the event. If you'd like to donate an item, we would be extremely grateful! Just bring the item with you Friday to the registration table.

For many of us this event is a tradition that we have attended for years and even decades. For many of you this may be your first year and we want it to be memorable and leave you anxious to return. Let's work as a team and make this a huge success!

Looking forward to seeing everyone at the camp!!!

Steve Smith Committee Chair

PROGRAM

2017 STATE 4-H TRAIL RIDE PLEASE PARTICIPATE IN ALL ACTIVITIES AND HELP US STAY ON SCHEDULE

Friday, June 23

3:00 - 5:00 p.m.	Check-in* and get settled
5:00 – 7:00 p.m.	Evening ride
6:00 - 7:00 p.m.	Set-up for dinner
7:00 p.m.	Mandatory Orientation meeting - Review ride schedules, introduce committee, trail bosses, sign up for Saturday lunch ride, etc. Dinner
9:00 p.m. 10:30 p.m.	Campfire & Recreation-Youth S'mores & Banana Boats Party Quiet time

Saturday, June 24

6:00 a.m.	Rise & Shine Breakfast Set-Up
7:00 – 8:00 a.m.	Breakfast
8:00 a.m. – 7:00 p.m.	Silent Auction
8:30 a.m.	First trail ride leaves
10:00 a.m.	Make your own horse hair key chains (bring your own horse hair!)
11:00 a.m.	Lunch Set-Up
11:00 a.m.	Lunch Ride leaves
12:00 - 1:00 p.m.	Lunch
1:00 - 5:00 p.m.	Afternoon trail rides & Activities
2:00 p.m.	Crafts with Davina
5:00 p.m.	Dinner Set-Up
6:00 – 7:00 p.m.	Dinner
7:00 p.m.	Evening Ride
8:00 p.m.	Evening entertainment led by the youth!
9:00 pm	Cake and Ice Cream
10:00 p.m.	Campfire and quiet time

Sunday, June 25

7:00 a.m.	Rise and shine w/ coffee, juice & donuts on the hill
8:00 a.m.	Church group <i>(optional)</i>
9:15 a.m.	Morning Ride
10:00 a.m.	Brunch Set-Up
11:00 a.m.	Brunch
12:15 p.m.	Break camp (Assistance from everyone to clean up!)

PLEASE LEAVE THE CAMPSITE CLEAN

* Required to sign up for kitchen help Must sign up prior to be given packet

Additional camping fees will be assessed if participants camp before and/or after the State 4-H Trail Ride.

<u>Preparation for Ride:</u> The committee strongly recommends that a minimum of three weeks be allowed to condition your horse, at least ten miles per day. Horses participating must have negative Coggins test for the previous 12 months (no earlier than June 26, 2016) and it is strongly recommended that they have their annual Tetanus booster and be vaccinated for Rabies, Equine Influenza, Sleeping Sickness (EEE and WEE, VEE), Potomac Horse Fever and West Nile virus at least one month prior to the ride.

<u>Volunteers:</u> ALL PARTICIPANTS ARE REQUIRED TO SIGN UP FOR A KITCHEN SHIFT. Your service keeps the registration fee as low as possible.

<u>**Rides:**</u> Rides will be designed for different riding levels, with types and lengths suited to experience, conditioning and interests. A special, slow ride will be included for those that would like to stop and take pictures. Experienced trail bosses will lead each ride. Riders will be expected to stay with a scheduled group ride. **Trail bosses and drag riders must be approved by the State 4-H Trail Ride Committee.**

Recreation Options:



 \checkmark Silk Screening t-shirts will be available at a small extra fee. You may bring your own shirt.

- ✓ A craft will be provided (a small extra fee may be required).
- ✓ An ice breaker
- ✓ Fun, science activities
- ✓ Knot tying demonstrations
- Bring items for tack swap (go from trailer to trailer to shop!)







What Should You Bring??

- 1. Tent or camper for sleeping (no housing facilities are available at the campsite)
- 2. Sleeping bag or warm bedding, and pillow
- 3. Halter and sturdy tie rope at least 1/2 inch in diameter, and fitted with a heavy snap
- 4. Eating utensils, <u>plates</u>, silver ware etc
- 5. Bridle, saddle, other riding equipment
- 6. Grooming equipment, including hoof pick
- 7. Extra halter, lead/tie rope, saddle pad, girth
- 8. Flashlight, miscellaneous camping equipment, utensils
- 9. First aid materials for human and horse
- 10. Mosquito repellent for human and horse, fly spray for horse
- 11. Sunburn preventative
- 12. Adequate clothing that includes a warm jacket and sweatshirt, raincoat, or poncho, at least two pair of footwear (both boots for riding and tennis shoes for lounging are suggested), swimsuit and towel
- 13. Towels, soap and other personal items
- 14. Water storage container
- 15. Grain, hay and salt for your horse, equipment needed for feeding
- 16. Card table, folding chairs, lawn chairs
- 17. There ARE trails with space for horse and buggy!

Optional items

- Riding raincoat that covers saddle
- Camera
- -- Saddlebags (something for equipment)
- Lantern
- Games for leisure time activities (cards, horseshoes, volleyball, tubing)
- Rubber footwear
- Compass
- Horse blankets
- Canteen (water for during riding)



SUGGESTIONS FOR CONDITIONING HORSES AND RIDERS FOR TRAIL RIDES

- 1. Your horse should be fed a balanced ration that will have them in good physical condition prior to the trail ride. The ration should allow free access to a trace-mineralized salt block or supplement.
- 2. In preparing for a trail ride, you should carefully condition your horse as well as yourself. Walking develops muscles, and cantering develops wind. As most trail riding is done at a walk or trot, it is essential that you ride your horse at a walk several miles a day during this conditioning period. As in any conditioning program, you should start with short rides and gradually lengthen them each day.
- 3. Many ponies are not suited for long trail rides, although some can go all day without tiring.
- 4. It is good to practice riding your horse through areas of rough terrain (hills and water crossing) to get them used to cross country riding.
- 5. Proper foot care is important. For longer rides, most horses should at least be shod in front, although many horses with exceptionally good feet can go barefoot. Proper trimming should be done early enough so the horse in not tender during the ride. The terrain at the trail ride site should be considered. For information, contact the State 4-H Trail Ride Coordinator.
- 6. A minimum of three weeks should be allowed to condition both you and your horse.



STATE 4-H TRAIL RIDE GUIDELINES

It is understood that all participants will agree to conduct themselves in a responsible manner and observe the following guidelines. These guidelines apply to everyone on the ride, both youth and adult! Those participants not following these guidelines are subject to disqualification from this ride, or may be barred from future State 4-H Trail Rides.

ASTM/SEI approved riding helmets are required for youth under the age of 19 and highly recommended for all riders.

RIDING IS ALLOWED ON DESIGNATED TRAILS ONLY-ABSOLUTELY NO OFF-TRAIL RIDING.

<u>GENERAL</u>

- 1. Attend and be prompt for all group meetings and general sessions
- 2. Wear name tags wristbands at all times
- 3. Youth participants will be responsible to any adult on the State 4-H Trail Ride Committee
- 4. We are not responsible for any lost or stolen items
- 5. Adults should use care with matches and smoking
- 6. Report any sickness or injury (even minor) to a committee member immediately
- 7. State 4-H Conduct Policy: It is suggested by 4-H staff persons, leaders, and members that a self-governing body of participants be formed for each state-sponsored event. Such a governing body would concern itself with the development and implementation of ground rules for conduct of participants. Whether or not there is a governing body, participants will adhere to the following general conduct policy: anyone participating in a state-sponsored 4-H activity who is caught in the act of theft or vandalism, or caught with illegal drugs or alcohol, or who is involved in other such offenses shall immediately be sent home at his/her own expense and if it is determined by 4-H staff persons, leaders, or persons in charge of the activity, that the offense warrants it, the offender may be turned over to proper authorities.
- 8. Riders should select rides that fit their ability and conditioning, and that of their horse
- 9. <u>All riders must wear boots with a heel</u>

CAMP MANNERS

- 1. Be sure all horses are tied securely in camp. Double check all ropes and snaps. Please check with one of the State 4-H Trail Ride Committee members if you need assistance
- 2. Pick up any litter that you see on the campground at any time
- 3. All dogs must be tied or on a leash at all times. No dogs allowed on the trails. No dogs allowed in group areas or food area.
- 4. No running of horses permitted in the camp area. Tied horses become anxious.

TRAIL MANNERS

- 1. Walk the first mile out and the last mile in.
- 2. Do not canter or lope past another horse. Trot up and ask permission to pass.
- 3. Put a red ribbon in the tail of any horse that kicks.
- 4. Horses must be ridden in a bridle at all times.
- 5. Ride at least one horse length behind the horse ahead of you.
- 6. Do not weave in and out of a line of riders.
- 7. Do not exchange horses unless you are accustomed to riding that particular horse.
- 8. Do not trot or canter on hard surfaced roads.
- 9. Your entire group should ride on the same side of the road.

- 10. Riders should alert the trail boss to any trouble along the trail. In case of trouble, the entire group will be asked to stop.
- 11. Do not canter in an area with low, overhanging branches.
- 12. Warn riders behind you of low branches or other hazards. Do not grab low branches and let them swing back toward riders that are following you.
- 13. Never tie your horse to a tree. Always use a picket line.
- 14. Do not move out of camp or a trail stop until everyone is mounted.
- 15. Keep up with your group at all times. If anyone needs to stop for any reason, the entire group will be asked to stop.
- 16. Do not leave your group while on the trail.
- 17. Do not drop litter on the trail.
- 18. No bareback riding will be permitted on the trails.
- 19. Any riders who disobey those in charge or those riding in an irresponsible, unsafe, manner will be asked to stay in camp or be excused from the ride. Riders also may be barred from future State 4-H Trail Rides.
- 20. Approved protective headgear is strongly recommended. And is required for 4-H Youth members.
- 21. NO riding double on trails.
- 22. When crossing at water, horses must go directly across. No swimming, bathing horses etc.
- 23. Rules may be enforced by any State 4-H Trail Ride Committee member.

CARE OF HORSE

- 1. Each participant assumes the responsibility for their own horse. The State 4-H Trail Ride Committee assumes the right to call on a veterinarian if it appears necessary
- 2. No stallions are allowed
- 3. Make sure your horse has unlimited access to salt AND WATER during the ride
- 4. If your horse comes into camp sweaty and breathing hard, cool it down before feeding and watering. Horses will tolerate and benefit from sips of water during the cooling off process; however water should be lukewarm and not cold.
- 5. Be sure that your horse is sufficiently fed and watered after it is cooled
- 6. Horses should be in good physical condition for this type of riding
- 7. Limit cantering on hot, muggy days
- 8. Brush and clean your horse when you return to camp

THOSE PARTICIPANTS NOT FOLLOWING THESE GUIDELINES ARE SUBJECT TO DISQUALIFICATION FROM THIS RIDE, OR MAY BE BARRED FROM FUTURE STATE 4-H TRAIL RIDES.

ADULT REGISTRATION FORM (Age 20 and over)

2017 STATE 4-H TRAIL RIDE

Name:		Male:	Female:
Address:		Male:	Female:
City/Zip:	Phon	e: ()	
(Check appropriate box) Adult 4-H Leader Family Member	Extension Staff Member		

>>> Rustic camping is included in registration costs. Electric camping is limited and is an additional \$15/night/rig.

FOR ALL CAMPERS: Please describe your camping rig as best you can. We will use this information to assign your camping spot. The more detail you can provide, the better. Please include the type of rig, length of camper/horse trailer. Please also include if you plan to have tents on your site and the number of tents.

CAMPER DESCRIPTION: ______

Quantity			
	Adult Fee	\$45.00	
	(Late Fee, after June 1)	\$10.00	
	Electric camping	\$15/night/rig	
		TOTAL	

Checks should be made payable to **MICHIGAN STATE UNIVERSITY** and <u>MUST</u> arrive at the **State Office (474 S. Shaw Ln, Room 1287, East Lansing, MI 48824)** no later than **June 1, 2017.**

Yes, I have RECEIVED & READ and agree to abide by the enclosed Trail Ride Guidelines.

Signature needed for <u>all</u> registered.

PLEASE MAKE SURE YOU RECEIVE YOUR TRAIL RIDE INFORMATION PACKET FROM

http://www.ans.msu.edu/extension/horse_youth_programs Any questions? Call Taylor at (517) 353-1748 9

COUNTY:

4-H MEMBER/YOUTH REGISTRATION FORM (Age 19 and under)

2017 STATE 4-H TRAIL RIDE

COUNTY:

Name:		M	ale: 🛛	Female:	
		M	ale: 🛛	Female:	
Address:					
Phone: ()	Email: _				
(Check appropriate bo	ox) 4-H Member □	Family Member			
Quantity		Fee			
	11 to 19 yrs.	\$45.00			
	5 to 10 yrs.	\$35.00			
	4 yrs & under	FREE			
	Non 4-H Member	\$55.00			
	(Late Fee, after June 1)	\$10.00			
		TOTAL			

Checks should be made payable to **MICHIGAN STATE UNIVERSITY** and <u>MUST</u> arrive at the **State Office (474 S. Shaw Ln, Room 1287, East Lansing, MI 48824)** no later than **June 1, 2017.**

TO BE FILLED OUT BY YOUTH: Name of adult advisor that is responsible to if parent does not attend. MEMBERS UNDER 14 YEARS OF AGE <u>MUST</u> BE ACCOMPANIED BY A PARENT, LEGAL GUARDIAN OR RESPONSIBLE ADULT ON ALL RIDES.)

Name of leader/chaperone/parent attending: _____

Each 4-H Member/Youth Registration Form must have a completed "waiver of liability" attached. This form must be signed by a <u>Notary Public</u>.

Yes, I have read and agree to abide by the enclosed Trail Ride Guidelines. I understand that these guidelines apply to both youth and adults, as adults are role models for youth. Please remember to fill out and return your evaluations sheets on Sunday.

Signature needed for <u>all</u> registered.

PLEASE MAKE SURE YOU RECEIVE YOUR TRAIL RIDE INFORMATION PACKET FROM

http://www.ans.msu.edu/extension/horse_youth_programs

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IMPORTANT

WAIVER OF LIABILITY

I,		being the parent or legal g	uardian of the minor child/children:
Michigan Stat or any of the damages resu June 23-25, 2	e University; any l State 4-H Trail l ulting from the abo 2017. The above r	local 4-H group; 4-H leaders, Ride Programming Committe ove named child's/children's p names parent or guardian, pu	Michigan State University Extension: volunteers, employees and members; ee, from any liability for any injury or participation in the State 4-H Trail Ride, ursuant to the above waiver of liability, to participate in the Michigan State 4-
This permission	on and waiver of li	ability is effective through Jur	าย 19, 2017.
		(Parent/Guardian S	gnature)
Subscribed ar	nd sworn to before	e me this	
	day of	, A.D., 2017.	
		Notary Public	
		County, Michigan	
My Commissi	on Expires:		

Participant Name:

County of 4-H Participation:

_____ Program Year: 20_____ - 20_

Instructions: This two-page form is required for participation in Michigan State University Extension 4-H youth programs. Each section requires a separate authorization.

SECTION 1- Required

Michigan 4-H Code of Conduct

Participation in Michigan 4-H programs is subject to the observance of the program rules. Any participant who knowingly violates this Code of Conduct is subject to discipline, up to and including removal from the activity he or she is participating in (at his or her own expense) or the entire county 4-H program. Determination of disciplinary action shall be done with input from the volunteers and staff overseeing the program or activity. Final decisions about discipline will be made by the MSU Extension staff. Michigan 4-H members will:

- Show respect for, and cooperate with, fellow members, volunteers and staff.
- Follow 4-H policies and procedures when participating in any 4-H sponsored event.
- Under no circumstances, commit or threaten violence toward any individual, group or the • program.
- Under no circumstances, possess, sell or consume alcohol or possess, sell or use controlled • substances at an MSU Extension 4-H youth activity or event.
- Under no circumstances, attend or participate in an MSU Extension 4-H youth activity or event • under the influence of alcohol and/or controlled substances including tobacco, electronic cigarettes, etc.
- Under no circumstances, bring dangerous or unauthorized materials (such as explosives, weapons or similar items) to an MSU Extension 4-H youth activity or event.
- Abstain from harassment or bullying of another participant, volunteer or staff member (either in face to face interactions, through social media or other communication venues), particularly when the behavior is disrespectful as regards a person's gender, race, age, sexual orientation, religion, national origin, disability or appearance.
- Not cheat or falsely represent efforts related to 4-H project activities. •

I have read and I understand the Michigan 4-H Youth Code of Conduct. I agree to abide by the rules stated above. I understand I may be removed as a participant from the activity or program, if I fail to follow these rules.

Participant Signature:	Date:
Parent/Guardian Signature:	Date:
Parent/Guardian must sign if participant is under 18.	

SECTION 2- Required

Evaluation Acknowledgement

As a participant in the Michigan State University Extension/ 4-H program, your child may be asked to help with the evaluation of the program. Your child may be asked to complete a short survey about what he/she learned or did as a result of the program. Surveys could be given before the program begins and/or after the program has ended. Surveys typically take no more than 10 minutes to complete. All surveys are confidential. Youth are not required to participate in a survey. If you or your child does not wish to participate, it will not affect involvement in any programs of Michigan State University. If you do not want your child to participate in program evaluations or have questions about the evaluation, contact your local 4-H coordinator at the MSU Extension Office.

Parent/Guardian Signature:

Date:

Participant must sign if over 18.

MICHIGAN STATE | Extension

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Youth Code of Conduct/ Media Medical Release Forn	Youth C	Code of	Conduct/	Media	Medical	Release	Form
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Parti	icipan	nt Name:	
Cou	nty of	of 4-H Participation: Pro	gram Year: 20 20
	TION ia Rele	N 3- Required to Complete, Authorization is Optional elease	
State unde distri	e Universtance	e Michigan State University Extension/4-H to record my image versity Extension or its assignees in research, education, and p nd and agree that these audio, video, film, and/or print images d, reproduced, broadcasted, and/or reformatted in any form an uity.	promotional programs. I may be edited, duplicated,
	I do	o authorize I do not authorize.	
		uardian Signature: nt must sign if over 18.	Date:
		I 4- Required nformation	
Paren Paren Mailin	nt phone nt phone ng addre	s full legal name: Phone: Phone: Parent pho ne home: () Parent pho ne cell: ()ress:	ne work: ()
Prima	ary care	e physician's name: Physician's address:	ohone: ()
INFOI Yes	RMATIC No	ION NEEDED ABOUT PARTICIPANT (Required): If yes, please list/explain below. Attach additional sheets if needed. Does the participant have any chronic health problem or illness?	
		Does he or she have any acute illness now?	
		Has the participant been treated recently for some medical problem?	
		Is the participant taking any medications for treatment of a medical problem	?
		Does the participant have any allergies to medication or local anesthetics?	
		Does he or she have any allergies?	
		Date of child's last tetanus shot:	
Policy Policy Pleas Insura All po If you	/ holder' / holder' e attach ance cou licy num have H	ISURANCE INFORMATION (Strongly Encouraged): er's name and relationship to participant: er's address: ch a photocopy of both sides of your insurance card (preferred) OR complete t ompany phone number: () imbers (please identify): HMO insurance, please list emergency treatment authorization phone number name and address:	
		1 5- Required edical Treatment Authorization	
nece unab	essary ble to d	ze that while attending this program, medical treatment on an e y for my child, and I further recognize that volunteers or staff ov contact me for my consent for emergency medical care. I do h ergency care, including hospital care, as may be deemed neces	verseeing the program may be nereby consent in advance to

medical facility.
Parent/Guardian Signature:

Date:

Participant must sign if over 18.

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and to assume the expenses of such care. I also authorize the medical facility to release any and all information required to complete insurance claims and also authorize insurance payment directly to the