4-H Family News



AUGUST 2022

ROUNDING THE CORNER OF SUMMER

We have had a very busy summer season and appreciate the people who engage in our 4-H programs. Coming up later this month we have a very special event for teens to enjoy some 4-H fun. The Northern Center is partnering with us to provide a fun and safe environment to strengthen our 4-H teen relationships. This event would cost around \$15-\$20 if not sponsored. We are only charging \$5 (includes dinner) and will have fun times and door prizes. See the flyer below. 4-H members are encouraged to attend and bring along some friends who may not yet belong to 4-H as well. We want every single youth in Roscommon County to feel welcome to be a part of our programs.

We also have Gabby Gray who has been a State 4-H Teen Council member this past year. As a part of her service project, she will offer the 4-H Glow-In event August 11 in partnership with South State Park Campground. This is a free event and includes some nice giveaways.

We will also be at the health fair at MidMichigan Health Park in Houghton Lake August 11th. We hope you'll stop in and say hello!

Our 4-H Camp on the Move has hosted five different camps at various locations. These young people had a great time learning some new skills along the way.

It won't be long and we will begin signing up for our new 4-H program year. We are happy to announce that we can once again offer free 4-H memberships that will save families \$20 per youth or up to \$60 for the family rate. Please plan your year in 4-H; it is what you make it.

Sincerely, John Wurm, Roscommon County 4-H Program Coordinator

READ ON TO LEARN MORE ABOUT

HEALTH FAIR | Aug 11 | 2PM-5PM | MidMichigan Health Park, Houghton Lake 4-H TEEN FUN NGHT | Aug 19 | 7PM-9PM | Northern Center 4-H MICHIGAN CREATIVE ARTS CELEBRATION | Nov 11-13 | RAM Center

VEGGIE INVESTIGATORS 4-H CLUB, 4-H WHO AM I?, MONEY CRUNCHES GOOSECHASE, COMMUNITY HEALTH AMBASSADOR PROGRAM... AND MORE.

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STATEWIDE CALENDAR OF EVENTS

Welcome Back MSU 4-H Alumni Reception

Are you a current or former 4-H'er? Join us for the MSU Welcome Back 4-H Alumni Reception

North lawn outside the Justin S. Morrill Hall of Agriculture



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MICHIGAN STATE Extension

Join MSU Extension for the fifth annual MSU Welcome Back 4-H Alumni Reception on Wednesday, September 7.

All current or former 4-H'ers attending MSU this fall are invited to stop by the grassy area on the north side of the Morrill Hall of Agriculture from 5:30 -7:00 p.m. for networking and free dinner!

Members of the MSU Extension staff will be on site to interact with 4-H alums and free pizza and pop will be provided. Come to meet fellow 4-H'ers, network with staff and students and have fun.

Learn more canr.msu.edu/events/ msu-welcome-week-4h-alumni-reception.

August 1-5: MSU Tollgate Farm Vet Science Camp

MSU Tollgate Farm, Novi

Campers ages 12-14 can explore the Tollgate barns and pastures as they investigate the worlds of veterinary science and animal medicine. Gain animal handling experience, learn about veterinary tools and technology, practice physical exams, and take the opportunity to explore various animals and animal care with visiting vets and animal care specialists.

https://www.canr.msu.edu/events/msu-tollgate-farm-vet-science-camp-2022

August 2: Adulting 101 – Healthy U

Online

Learn strategies and ways to advocate for your wellness and to stay mentally and physically healthy as you transition into adulthood. https://www.canr.msu.edu/events/adult101summer8-2

August 15-19: MSU Tollgate Farm Outdoor Adventure Camp

MSU Tollgate Farm, Novi

Campers ages 12-14 can take survival camp to a whole new level and challenge themselves with exciting wilderness skill-building experiences. Try your hand at fire-building, wilderness first aid, outdoor cooking, shelter-building, climbing, and team-building trust initiatives. An optional Thursday overnight campout on the farm is included.

https://www.canr.msu.edu/events/msu-tollgate-farm-outdoor-adventure-camp-2022

August 20: Michigan 4-H State Dog Show

Shiawassee County Fairgrounds, Corunna The Michigan 4-H State Dog Show will provide classes in agility, obedience, rally, team, brace and showmanship. Spectators welcome! https://www.canr.msu.edu/events/michigan-4-h-state-dog-show

August 20: 4-H Bullseye Bash

Northern District Fair, Cadillac

Participate in the first Wexford County archery competition! This new event is designed to help 4-H members meet new friends, test skills, and provide positive experiences through friendly competition.

https://www.canr.msu.edu/events/4-h-bullseye-bash-at-northern-district-fair



Extension

2022 Michigan 4-H State Award winners announced



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The <u>Michigan 4-H State Awards</u> Program recognized outstanding 4-H members during the opening session of 4-H Exploration Days on June 22. At the event, honorees had the opportunity to celebrate their accomplishments with their fellow 4-H Exploration Days participants.

A Michigan 4-H State Award is the highest honor bestowed on Michigan 4-H members and recognizes a level of excellence in learning, leadership and service. In total, 20 4-H members from 16 counties submitted applications to take part is this year's program.

"With tens of thousands of 4-H'ers across the state, the youth honored with 4-H State Awards are some of our most accomplished 4-H'ers," said Julie Chapin, 4-H state leader of Michigan 4-H and director of MSU Extension's children and youth programs. "Their commitment to bettering themselves

and their communities through service and extensive 4-H work make them true leaders in their clubs, counties and across our state."

Michigan 4-H State Awards were presented in 13 of the 19 available award categories that showcase the diverse array of 4-H knowledge, skills, and experience. Recipients of the 2022 awards are:

- Beef Science: Charlee Klink of Delta County (junior division)
- Companion Animal Science: Malachi Sims of Shiawassee County (senior division)
- Dairy Science: Sophia Nielsen of Ingham County (junior division)
- Environmental Science: Vishal Swamy of Oakland County (junior division)
- Equine Science: Jayleigh Williams of Lenawee County (junior division)
- Food, Nutrition, Health Fitness: Rebecca Thomas of Ionia County (senior division)
- Gardening and Horticulture: Brooke Richards of Macomb County (junior division)
- Goat Science: Caitlynn Pratt of Otsego County (junior division) and Audrey Martin of Midland County (senior division)
- Leadership: Alana Aulph of Monroe County (junior division)
- Rabbit and Cavy Science: Noah Hecht of Saginaw County (junior division) and Alexis Fisher of Monroe County (senior division)
- Sheep Science: Jadyn Herzog of Allegan County (junior division) and Jaycie Brown of Livingston County (senior division)
- Science, Technology, Engineering and Mathematics (STEM): Brandon Fisher of Monroe County (junior division) and Blake Towne of Van Buren County (senior division)
- Visual, Performing and Expressive Arts: Corinna Aulph of Monroe County (junior division)

The Michigan 4-H State Awards Program is open to 4-H members who are 13-19 years old with three or more years of 4-H experience. To qualify for the award, 4-H'ers must submit a written application that showcases the learning experiences, knowledge and skills they've acquired through their participation in 4-H, as well as their contributions to their local 4-H programs, clubs and communities. Submissions are reviewed by the Michigan 4-H State Awards selection committee. This group of volunteers, staff members and industry experts determine which members are selected as award finalists. All applicants receive written feedback from selection committees.

Senior delegates (ages 16-19) and groups then complete an interview using video conference technology. Completing a video interview provides an opportunity for 4-H members to practice real-world skills that are trending in the workforce.

In addition to a plaque, each 4-H State Award winner in the senior division will also receive a \$200 cash award; junior winners receive \$50 cash awards. These awards are made possible by generous donations to the Michigan 4-H Foundation.

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LOCAL PROGRAM!

4-H Family Glow-In

DATE & TIME: Thursday, August 11, 2022 9:00PM-11:00PM

LOCATION:

Higgins Lake South State Park Pavilion near Boat Launch 106 State Park Drive Roscommon, MI 48653

COST: FREE

Thank you to the Michigan Department of Natural Resources and to our hosts at the Higgins Lake South State Park, and to the Roscommon County 4-H Council.

The annual 4-H participation fee has been indefinitely waived.

Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting John Wurm by July 12, 2022. Requests received after this date will be honored whenever possible.

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WHO SHOULD ATTEND:

Open to youth and families with an interest in night skies.

DESCRIPTION:

Bring the family for fun under the vast night skies over beautiful Higgins Lake! A campfire, snacks, and good company celebrating the Perseid meteor shower: it doesn't get any better than summer in Northern Michigan.

*The 4-H Family Glow-In is a project of one of our Roscommon County 4-H youth members of the 4-H State Youth Leadership Council. We encourage you to come show your support!

QUESTIONS:

Call MSU Extension - (989) 275-5043



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LOCAL PROGRAM!

4-H Teen Fun Night

DATE & TIME: August 19, 2022 7:00PM-10:00PM

LOCATION: The Northern Center & Fox Den Restaurant 7784 Stone School Rd, Houghton Lake, MI 48629

COST: \$5 at the door Thank you to our host, The Northern Center/ Fox Den Restaurant.

The annual 4-H participation fee has been indefinitely waived.

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WHO SHOULD ATTEND:

Open to youth 12-19 in Roscommon and surrounding counties. 4-H membership is not required.

DESCRIPTION:

Join us for a taco bar, serious fun time and a chance to meet new friends! Teens from Roscommon and surrounding counties are invited for a night of video games, basketball, board games, cards and multiple door prize drawings throughout the evening! PARENTS: If you wish, feel free to enjoy some quiet time and ½ off an appetizer at <u>The Fox Den Restaurant</u>.

REGISTER IN ADVANCE! Get an extra ticket for a door prize drawing!

https://bit.ly/4-HTeenFunNight



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Questions: MSU Extension - (989) 275-5043





DATE & TIME:

DURING SCHOOL - Each Saturday, beginning on April 9th with a second entry date of April 30th. Activity times will be 10:00-11:30 a.m. DURING SUMMER MONTHS activity times will be on Tuesdays 9:00-10:30 a.m. (the goal is that members participate 3 of 4 times per mo.)

LOCATION:

Ol' Barn Cooperative Garden 4290 North Flint Road, Roscommon, MI 48653 (between Houghton Lake & Higgins Lake)

COST: \$10

This 4-H program has a potential retail value of over \$50 with your share of the vegetables you will receive.

There are a limited number of scholarships to attend as no one should avoid participating due to this materials fee.

This program has a community service component where regular food donations are made to other non-profit organizations.

The annual \$20 4-H participation fee has been indefinitely waived.

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Veggie Investigators 4-H Club

WHO SHOULD ATTEND:

Girls & Boys – Ages 8-12 or 13-19 (must be 8 years old by January 1, 2022) who are interested in developing their hands-on basics of gardening. **Participation is limited to 20 participants**.

DESCRIPTION:

Learn the basics of gardening:

- · Planting & Garden Layout
- · Food Preservation
- · Perennial versus Annual
- Hoop House Management
- Organic Techniques
- Weed Identification
- · Soil Science
- Pest Management
- · Going to Market

HOW TO ENROLL:

J: PROGRAM! • Seeds

- Pollination
- Cultivation
- Herbs
- Plant Care
- Harvesting
- Weed Control
- Grow for Profit
- · Plus Way More ...

Step 1) Register online and make check or credit payment at: https://events.anr.msu.edu/4HGardenVeggie/

Step 2) Register at v2.4honline.com prior to the first day of class. (Registration is only valid once all steps are completed.) Questions: MSU Extension - (989) 275-5043



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Michigan 4-H Presents:

Who Am I? SPIN Club

Join us in learning about:

- Identity
- Healthy Relationships
- Activism

- Selfacceptance
- Coming out safely

Every Monday & Wednesday from July 18th - August 3rd from 1:00 - 2:00 PM

Register on <u>4-H Online</u>

https://tinyurl.com/4-honline Questions? Julia Moll: molljuli@msu.edu

WWW.CANR.MSU.EDU/4H/EVENTS

HERE IS SOME OF THE GOOD STUFF 4-H OFFERS! CLICK ON IMAGE FOR DETAILS.

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BECOME A 4-H COMMUNITY HEALTH AMBASSADOR

DO YOU WANT TO MAKE YOUR COMMUNITY A HEALTHIER PLACE FOR ALL?

Michigan State University Extension is launching an innovative new youth ambassador program for teens. The ambassador program will provide youth a platform to have their voices heard, build leadership skills, educate their peers, and engage in conversations about health and wellness. The program will culminate in the development of a youth-lead state-wide public health education campaign with a focus on vaccine preventable infectious diseases.

The skills you'll learn

- Visual & written communication
- Research
- Public speaking
- •Video, media & tech

The career paths

- Science & medicine
 Influencer
- •Communications
- •Media
- To get involved contact: Alyssa Picone (piconeal@msu.edu) Learn more at www.canr.msu.edu/vaccineeducation

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PROJECT F.I.S.H.

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LOVE FISHING?

Become a volunteer instructor for kids!

The project F.I.S.H. training helps adults of all ages learn the essentials of how to teach youth about fishing. Anyone with an interest is welcome to join the two-day, hands-on course, where participants will learn:

- Angling Skills
- People and Fish Management
- Aquatic ecology

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Tackle Crafting

Attendees will receive curriculum for activities, equipment, and access to supplies and resources to begin a successful fishing program with youth.

Sept 9 5:00PM-9:00PM Sept 10 8:00AM-4:00PM

Contacts Mark Stephens steph143@msu.edu (517) 432-2700 or

Les Thomas thoma322@msu.edu (989) 724-6478



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Register here http://bit.ly/ProjectFishSept22

Location Lost Lake Woods Club Badger Lake Pavilion 4243 Lost Lake Trail Lincoln, MI 48742

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Deadline-Sept 2

Basic Registration \$50 Basic + full service camp site \$85 Basic + hotel room \$115









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