

Michigan 4-H Creative Arts Celebration!  
(4-H Visual Arts, Crafts Sewing & Textiles Workshop)  
October 19-20, 2019 at the 4-H Kettunen Center

*Please bring a sewing machine for sewing sessions. If you do not have access to a sewing machine, please indicate so in the registration system. Some machines will be available for you to use.*



## **Saturday, October 19**

### **9:00 - 9:50 Registration-Kettunen Center Main Lodge**

**Silent Auction** - Supports the workshop and Michigan 4-H Awards  
Drop off your donated arts, crafts, sewing and textile items in the registration area.  
The auction closes Saturday night and items paid for Sunday morning.

**Fabric sale**-Library-New fabric is on sale until Sunday Morning. The sale supports the workshop and Michigan 4-H Awards.

**10:00-10:30 Welcome to 4-H Kettunen Center! Workshop opening**

**10:30-11:45 4-H Grows Here - Connecting Creative Art to LIFE!!**

**12:00-1:00 Lunch**

**1:00- 4:00 Session 1 (3 hours) - Register for ONE session**

#### **A. Hand Sew a Mouse**

##### **Materials:** Scissors

Before there were machines, there was hand sewing. Hand sew a mouse from a European kit. You only need bring scissors, and will have a pattern to take home to teach others. You will learn about Alabama Chenin, a company that makes completely hand sewn clothes that sell for thousands, see a completely hand pieced and sewn quilt, and see how clothes are made using the Lutterloh system, popular in Europe.

#### **B. Jean Quilt**

**Materials:** sewing machine in good working order, old jeans, jean needles, thread, scissors, pins, and basic sewing supplies.

You will learn how to recycle a pair of jeans into a beautiful finished rag lap quilt. This is a great beginner quilt. The jean material will already be cut ready for you to start making your quilt. This quilt will only be one layer so it will be a nice spring/fall quilt. Supplies to bring: sewing machine in good working order, jean needles, thread, scissors, pins, and basic sewing supplies

C. Beginning Candle Making

**Materials:** supplied

Learn how to make a variety of easy candles.

D. International Cuisine Taster

**Materials:** Supplied

Take a trip around the world through your taste buds. We will make a stop at Puerto Rico with Sofrito Rice and Beans, then on to South Korean with Bulgogi Lettuce Wraps (also popularly known as Korean BBQ), and finally the UK and South India with the British-Indian Mulligatawny Soup. If time allows, we will explore other forms of fusion cuisine.

E. Frumpy to Fit – Altering Clothes

**Materials:** piece of clothing that is too big for you, seam ripper, pins, thread to match your garment, sewing machine, scissors, garment that does not fit, ruler, measuring tape.

Ever see something in the thrift store that you LOVE but it's just too big? In this session, you'll take a thrift store find (or a hand-me-down garment) and make it fit YOU! Sewing experience required. Bring a garment that is too big for you, and we'll learn how to alter clothing to make it fit you perfectly

F. Soft and Cuddly Starfish

**Materials:** Supplied

Looking for an easy sewing project for beginners? The starfish pillow is a colorful and fun sewing project; perfect for teaching the basics of straight stitching and seams! Skill Level: Beginners to Advance

G. Cooking with Teens

**Materials:** Supplied

Do you enjoy cooking or have an interest in teaching others how to cook through a spin club? this workshop is dedicated to teaching participants how to implement Teen Cuisine, a 4-H curriculum designed to teach teens how to cook healthy and delicious meals. Teen cuisine focuses on food safety, reading a recipe, basic nutrition, and more topics important to learning to cook. Participants in this workshop will learn the basics needed to teach Teen Cuisine and will have an opportunity to cook a dish from the curriculum. \*Please notify the instructor if you have any food allergies.

H. Crafts around the world

**Materials:** Supplied

Be introduced to some simple traditional crafts from around the world. Learn how to make the crafts and have fun creating.

I. Chubby Tote

**Materials:** Sewing machine with zipper foot, 1/3 yd fabric for the exterior 1/3 yd fabric for the lining, 1 zipper 12" or longer, Thread to match, Sewing machine in good working order, standard zig zag foot for machine, Elmer's school glue stick - purple when you put it on then dries clear and washes out, straight pins, 6" ruler, scissors for trimming threads, shears for cutting out, seam ripper.

**Intermediate sewing** - Use this little tote for a purse, a travel bag or even for your lunch! Easy enough for members; interesting enough for adults. Finished size is 7" tall, 8" long and 6" wide. Learn to follow printed instructions, insert a zipper and work with fusibles.



J. 5-yards to a Quilt

**Materials:** Five 1 yd pieces of cotton fabric (washed), thread to match, sewing machine, rotary cutter, cutting mat. Other supplies will be sent 2 weeks prior to the Creative Arts Celebration.

This is a beginner-level quilting project. You will learn the basics of quilting. You will leave with a completed quilt top.



K. Quick and Easy or Make it, Take it crafts

**Materials:** supplied

Learn how to do a variety of fun, quick and easy activities with youth.

L. My Time – Choose this session if...

- You are teaching a session during this time slot
- You need free time for yourself

**4:15-5:15      Session 2 - Register for ONE session**

M. How to Make Bows

**Materials:** Supplied

Learn how to make bows like from the flower shops and more.

N. Map Jewelry & Key chains

**Materials:** Supplied

You will learn how to make jewelry or key chains using a road map.

O. How to Make Paper Beads

**Materials:** supplied

Jewelry made from paper beads is a paper craft that is quite popular today. The art of paper bead crafting, however, has been practiced since the Victorian age. Women would gather together and make paper beads from leftover wallpaper. Their craft techniques were quite simple. After they rolled and glued the paper beads, the beads were then coated with beeswax and strung together to make beaded curtains and room dividers. Today people craft paper beads primarily to make jewelry, which can be surprisingly elegant and beautiful.



P. Cement Statue Painting

**Materials:** supplied

Participants will learn cement sculpture painting. Each person will learn the type of paint with various techniques and take home a small completed cement sculpture to decorate their yards.



Q. Christmas Cross-stitch

**Materials:** Scissors

This beginner class will cover basic cross stitch techniques such as reading a chart, cross stitch and back stitch. Participants will take home a completed Christmas ornament.



R. Felted Wool Dryer Balls

**Materials:** Supplied

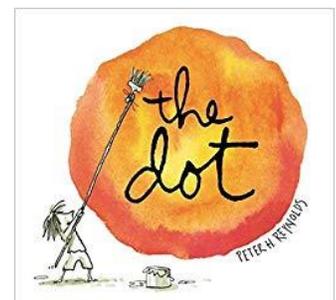
Learn how to make felted dryer balls. An ecofriendly and economical alternative to dryer sheets and fabric softener.



S. The Dot: Making Your Mark with Art

**Materials:** Supplied

"Just make a mark and see where it takes you." Join author and illustrator, Nick Adkins, in this fun art project inspired by Peter H. Reynolds's 'The Dot.' We will be making our own dots and not-dots with a variety of media including crayons, colored pencils, and water colors. This class is for any skill level and any age, because you get to make your dot as simple or as elaborate as you want! Anyone can be an artist; it all starts with making a mark!



T. Rope Sewn Coaster

**Materials:** Supplied

In this session, you'll learn how to make coasters out of cotton clothesline. Some sewing experience is helpful. (Required for the rope bowl class).



U. Pour Painting

**Materials:** Supplied

Learn how to create visually creative pieces using paint pouring techniques. Every one turns out unique. All skill levels welcome.



V. My Time – Choose this session if....

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**7:00 – 8:30 Session 3 – Register for ONE Session**

W. Locker-hooking Trivet

**Materials:** Supplied

Learn to make a trivet using the locker-hooking technique. This is a fun easy technique used to make rugs, wall hangings. This is a craft where you can make it as complicated or simple as you want. It is a good way to use up some of that fabric stash you have or recycle old clothes and other things.



X. Easy Fabric Gift Bag

**Materials:** 1 yard of "fun" 45 inch wide non-directional cotton fabric, coordinating spool of thread, 4.5 yards 1/2 inch wide ribbon for ties, working sewing machine, fabric scissors, straight pins, seam ripper, fabric marking pencil, sewing ruler.

A great beginner sewing project - fabric gift bags. These bags are great to have on hand for a quick and easy way to "wrap" up your gifts. It's fun to see them pass through the family as they are reused. To make three 9" x 9" bags, you'll need to bring the materials listed above.

Y. Hip Hop Dance

**Materials:** Supplied

This class will explore urban performing arts through hip hop dance. Learning objectives include: the history, culture and globalization of hip hop; dance as a form of self-expression and an emotional outlet; and the basics of b-boying and hip hop dance.

## Z. 4-H Recycle Runway

### **Materials:** Supplied

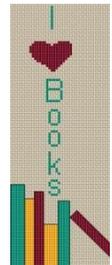
Ever wonder what it would be like to be a part of the TV Show Project Runway? Here is your chance to create an accessory or garment with no previous experience required. Participants can work on their own or as part of a team. Each will be given a chance to define their design idea and then pick materials to make it. Bring your creativity and any recyclable items you would like to use for the design. Materials will also be provided for use. The class will end with a lesson in posing and modeling for a runway show featuring the created designs.



## AA. Counted Cross-stitch

### **Materials:** Supplied

You will make a counted cross stitch bookmark. Learn the fundamentals of cross stitch



## BB. Creative Card Making

### **Materials:** Supplied

Coordinating colors and styles to make beautifully unique cards you can take home and give as a gift.

## CC. Beginning Embroidery

**Materials:** 7" embroidery hoop, scissors and a plain, white pillowcase, preferably new.

Learn basic embroidery techniques by completing a sampler of stitches and starting to embroider a pillowcase edge. The pillowcase will not be completed this weekend, but should have a good start.



## DD. Beginning Knitting

**Materials:** Bring Knitting needles, yarn will be provided  
Participants will learn basic knitting stitches to help them create their own scarf. This will be a beginning knitting project, so no prior knitting experience is necessary. Participants will bring their own needles, but will choose from yarn that is provided. Each participant will go home with a warm scarf to help them beat the winter chill.



## EE. Bath and Body Works

### **Materials:** Supplied

Learn how to make body scrubs, lip balms and bath salts in this hands-on class about hand-made skincare products. This class will discuss safe practices for making bath products as well as other helpful tips for getting started. Participants will make products and take home a packet of recipes. Perfect for beginners! All supplies will be provided.



FF. Alcohol Tile Painting

**Materials:** Supplied

Alcohol inks are easy to use and a lot of fun! In this class, you will have the chance to experiment with the alcohol inks to create your own painted ceramic tiles. Beginner friendly!



GG. My Time – Choose this session if....

- You are teaching a session during this time slot
- You need free time for yourself

**Sunday, October 20**

**7:00 Breakfast**

**8:00 Fabric Sale Closes**

**8:30 – 10:30 Session 4 – Register for ONE Session**

HH. ID Coin Purse

**Materials:** Supplied

Sew a change purse with a zipper and an ID window. This is a good project for beginners. Participants will need a sewing machine. All materials will be provided.

II. Glass Etching

**Materials:** Supplied

Create a beautiful etched glass mirror with a design of your choice. After attending this workshop, you will be able to conduct a glass etching workshop in your county. Participants need to bring a design no bigger than 10" X 10" to be transferred on a mirror. Simple designs like sports team logos, with not much detail are the best to use for their first glass etching project.



JJ. Award Ribbon Project

**Materials:** award ribbons and iron (if possible)

Participants will BRING THEIR OWN award ribbons to learn how to assemble and make a pillow top or wall hanging.



KK. Quick Zip Case

**Materials:** Sewing Machine

Sew a handy little zippered case which is perfect to store and carry quilting supplies, art supplies, knitting needles, crochet hooks and lots more. Finished size is 2-3/4"W x 2-3/4"H x 10-1/2"L. Need to bring a working sewing machine.

LL. Intro to Clowning – Theater

**Materials:** Supplied

Participants will learn the basics of starting a 4-H Clown project. Including Make-up and designing your clown face, Clown etiquette and simple balloon animal creations plus community service ideas. Make up and balloons provided.

MM. Fall Mason Jar Painting

**Materials:** Supplied

Make a fall decoration using Mason jars.



NN. Nature Prints

**Materials:** Supplied

You will learn about nature through printing and painting on paper, cloth and other items.

OO. Beginning Wool Appliques

**Materials:** Supplied

This course will teach the basics of wool appliqué, how to choose a pattern, or create your own, what materials you will need, and a few simple techniques you can use to finish your project. Basic hand sewing skills are required.

PP. Healthy Desserts

**Materials:** Supplied

Healthy doesn't have to be complicated, expensive or mean you can only eat broccoli. Learn how to whip up simple, healthy and delicious desserts that you can easily make at home.

QQ. Fabric Wall Art

**Materials:** Supplied

Learn how to trace a quilt block on to foam board and match fabrics to make a wall hanging quilt block. No sewing skills needed just trace and cut fabric and an eye for colors.

RR. My Time – Choose this session if....

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**11:00-12:00 Grand Finale Slide Show of the weekend! Evaluations!**

**12 noon Lunch**

*Thank you! Safe Travels Home!*