



# Dickinson County 2020 ANNUAL REPORT

## BY THE NUMBERS



2 Extension professionals based in the county, 50+ providing educational opportunities



\$2,416,560 total economic impact in Dickinson County



309 youth involved in 4-H, early childhood or after school enrichment



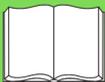
4 affiliated clinical sites



\$7,402 spending with local business



33 enrolled MSU students, 252 alumni



MSU disbursed \$583,173 in financial aid to county students

100+

MSU Extension serving Dickinson County over 100 years

## MESSAGE FROM THE DISTRICT DIRECTOR

Once again I am delighted to share the results of another successful year of partnership between Dickinson County and Michigan State University (MSU) Extension. Because of your continued support, we've been able to make a difference in the lives of youth, families, businesses, and communities.



MSU Extension offers a broad range of research-based educational services to County residents. Over this past year, we've empowered families and individuals to live healthier lives, supported new and local businesses, created opportunities for youth leadership development and career exploration, helped farmers with business management and mental health, and much more. Our staff live and work alongside County residents, are rooted in community relationships and are responsive to community needs.

Again this year, we've welcomed Dickinson County residents into our online community: we've offered online educational courses, answered questions on topics ranging from gardening to food safety, raised program awareness through social media, and provided a library of research-based resources they've browsed on our website.

Our partnership with you makes this all possible. On behalf of the MSU Extension team serving Dickinson County, thank you for another great year. We look forward to your continued support and hope you'll be able to join us during one of our upcoming programs.

Paul Putnam, District Director



## DICKINSON COUNTY

### **Additional MSU Extension Reach**

- Michigan State University Extension staff have been actively serving the residents of Dickinson County.
- Services from across all reaches of Extension are accessible because of the Gold Standard commitment Dickinson County has made with Michigan State University Extension.
- Dickinson County residents are able to access services in the areas of Agriculture & Agribusiness; Children and Youth; Community, Food and Environment; and Health and Nutrition.

**237**

Dickinson County Residents Served

**75**

# of Programs Dickinson County Residents Attended



# DICKINSON COUNTY

## MSU Extension Reach Breakdown 75

Programs Dickinson County  
Residents Attended

**9**

Agriculture &  
Agribusiness  
Programs

**22**

Community, Food &  
Environment  
Programs

**35**

Children &  
Youth  
Programs

**171**

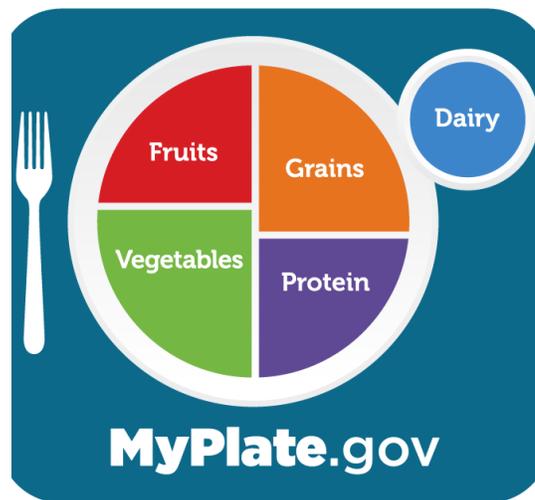
Health &  
Nutrition  
Programs

# Program Highlights

## NUTRITION EDUCATION: ALWAYS LISTENING

Third grade students from North Elementary School located in Iron Mountain, MI. Jessica Corn has been programming with these particular students since they were in first grade.

Jessica has been implementing the SNAP-Ed Program for 4 years now to some of the same students. This gives her the opportunity to build children's ideas and knowledge about nutrition and physical activity as they enter new grades. This particular 3rd grade class contained students that have been programmed with in 1st and 2nd grade, and are now going to be taught nutrition information as 3rd graders. For example, when I entered the room, ready to implement my first of 6 sessions with them, a boy raised his hand and let me know that he remembers that a person is not only supposed to eat only one kind of fruit but that you should be eating all different kinds of fruit to get a variety of vitamins. Then another child raised their hand excitedly and couldn't wait to tell me that she remembered that I taught her that we need to eat food because that is what fuels our body to give us energy. Then another child informed me that she remembered me telling her that foods made with a lot of sugar or fat are "sometimes" foods and that we shouldn't eat them as often as the food in the 5 food groups. One after another, the students began raising their hands to tell me about all of the things they had learned about nutrition from previous years. Moments like that, help me to realize that children really are listening to what we are saying and teaching them. This magnified the importance of teaching them how to properly take care of themselves.



# Program Highlights

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## SERVSAFE

Beth Waitrovich conducted a ServSafe class for Dickinson County in March. There were 14 participants.

Michigan State University Extension offers ServSafe, a national certification program for those working in food service, specifically managers and other leaders.

ServSafe teaches about foodborne illness, how to prevent it and how to train employees about the latest food safety issues. The ServSafe Manager course uses proven techniques, provides new Food & Drug Administration food code rules and content related to the food industry.

Topics include: providing safe food, forms of contamination, the safe food handler, the flow of food, food safety management systems, safe facilities & pest management, cleaning & sanitizing.

This course provides participants education to successfully pass the ServSafe Food Protection Manager Certification exam.



## HOME OWNERSHIP EDUCATION CLASSES

Home ownership education classes were held in January and April of 2020 with 46 participants.

### Favorite Random Quote

“Thank you both for lending your time and expertise co-hosting the Homebuyer webinar. I appreciated the opportunity to learn valuable information about the home buying process and fulfill the requirements for certificate of completion.”

Homeownership Education~Webinar~April 24 thank you note

## SAFE FOOD = HEALTHY KIDS

There were eight participants at the Willis Center for Early Childhood Education attended this approved Great Start to Quality training in February.



# Investing in Dickinson County Youth with 4-H

According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.



## FAVORITE RANDOM QUOTE

"I have included 4-H into each application I've filled out because of such a huge impact it's had on my life from being a member, a Teen Leader, camp counselor, member of SYLC, and now a Shooting Sports National Ambassador."

Katherine Erickson - letter of recommendation thank you

## CONNECTIONS THROUGH SIGNING: AMERICAN SIGN LANGUAGE BEGINNERS SERIES

This series was offered virtually in collaboration with other 4-H Program Coordinators from across the U.P. The program was a success as you can see by the [parent quotes](#) below.

***"Thanks for doing this!! It is so very cool that kids are learning to sign. Rachel is signing her name all the time. And you should have seen the grin on her face when she signed I love you to me. This is awesome that you are offering this!!"***

***"Hello all! I really want to commend the entire staff and instructors involved in this ASL class! You all are amazing! My son, Joshua, loves this class and is learning so much in such a short amount of time. I am curious if you will be offering another session building upon what he has already learned? Or if you will be offering this session again because I have friends who are interested in it? Thanks again! Truly a wonderful and positive experience!"***

Michigan State University Extension helps people improve their lives by bringing the vast knowledge resources of MSU directly to individuals, communities, and businesses. For more than 100 years, MSU Extension has helped grow Michigan’s economy by equipping Michigan residents with the information they need to do their jobs better, raise healthy and safe families, build their communities, and empower their children to dream of successful futures. For more information about the programs we offer please refer to the contact information below.

**DICKINSON COUNTY MSU EXTENSION STAFF**

Jessica Coron, 4-H Program Coordinator/Community Nutrition Instructor coronjes@msu.edu

Beth Waitrovich, Extension Educator—Financial & Home Ownership & Food Safety (Retired)



Jessica Coron



Beth Waitrovich

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MSU Extension Upper Peninsula



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