

# Michigan 4-H Interstate and In-State Exchange Program: New Resource

## Leadership Civic and Cultural Engagement (LCCE) Workteam

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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

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program.intake@usda.gov.

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## Introductions

- Share your name and county.
- Have you been involved in an exchange before?
- What do you hope to take away from this session?

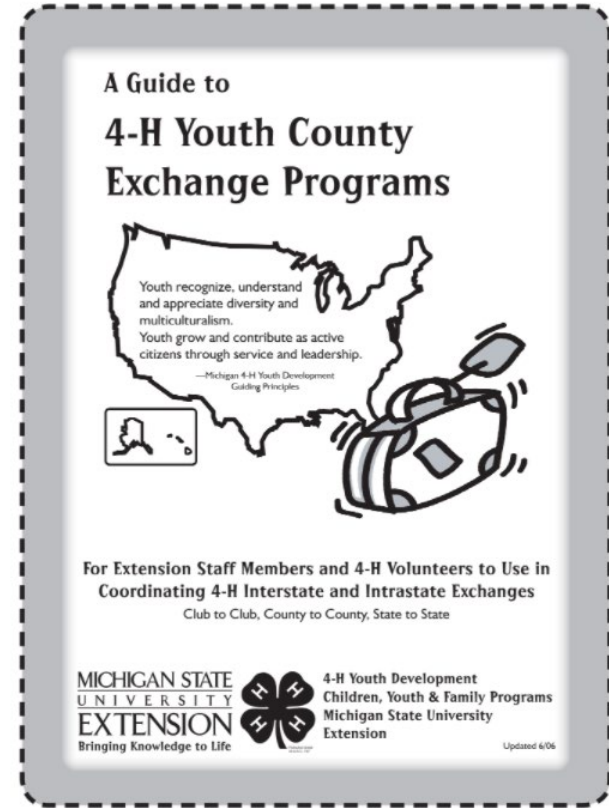


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## Brief History

- 4-H Exchange Program has long history in Michigan as well as other states and countries
- Current Exchange Guide was created in 2000's by Judy Ratkos and revised in 2006
- New Exchange guide in last revision process and will be available January 1, 2022



## New Guide

The new guide will be a living electronic document to be updated as needed. It will include:

- About 4-H Youth Exchange Program
- Responsibilities & Expectations
- Planning Process
- Preparing for an Exchange
- We're Home! Now What? Following up after the trip
- Online Resources
- Appendixes



## Definitions

Intracounty exchanges

Intrastate exchanges

Interstate exchanges

Special Interest group exchanges

Community Service or Service-learning



# Benefits of a 4-H Exchange Program

Identify goals and objectives of an exchange at the start or the planning process.

- Increase understanding and appreciation of own and other cultures.
- Gain experience and increase skills in interacting with people outside your communities.
- Identify differences and similarities between 4-H clubs and other parts of the state or country.
- Contribute to a community service project.







## Responsibilities & Expectations

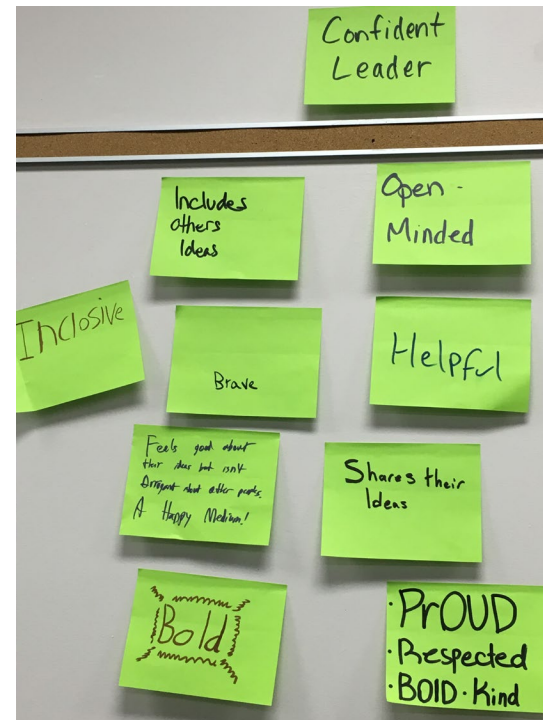
- Youth Delegates
- Adults: Chaperones, Drivers & Host Family Members
- Host Families
- Host Clubs & Groups
- Exchange Coordinators & Extension Staff Members
- Exchange Planning Committee





# Planning Process

- Start planning early - About a year in advance
- Who is interested in planning?
  - Use newsletter, blast, email, council
  - Include youth and adults
- Consider
  - Structure of Exchange (Club, Program, Spin Club)
  - Who will be a part? (criteria for participation)
- Pick a state and confirm
  - Facebook and online resources
  - Asking other Mi counties
- Plan the Budget



## Committing to a location

### ASK

- Do you have like goals for the trip?
- Compatible numbers/ages from both groups?
- How do locations select host families?
- What about deadlines?
- Think about responsibilities of each location
- Two-way exchange over two years?



**Create and sign Memorandum of Understanding**

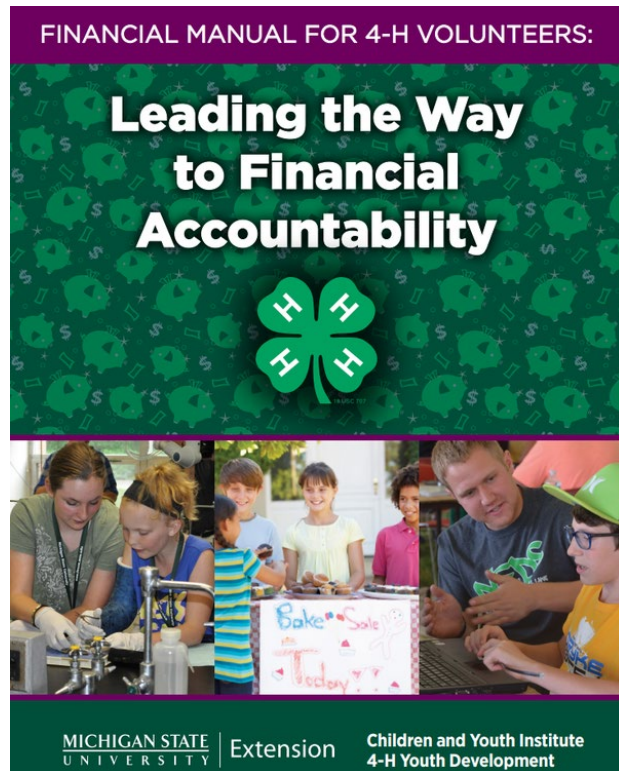


# Fundraisers

How will the experience be paid for?

- Participant pay?
- Suggestions
- Responsibilities
- Planning events
- Sponsors?
- Set agenda first?
- How will you travel?

Refer to MI 4-H Financial Guidelines



# Time to travel

Matching-use member profile

Orientation before members leave

- Share schedule for trip
- Contact info for chaperones
- Chaperone travel permission
- Health form copies for travel and host
- Permission for out of state travel



Host - Travel Form for Branch County/San Joaquin 4-H Exchange

<div style="border: 1px solid black; width: 80px; height: 80px; margin: 0 auto;"></div> <p>Insert Photo Here</p>	Date _____
	Name _____
	Current Age _____ D.O.B. _____
	Current Grade in School _____
Location of Home _____ Farm _____ Urban _____ Rural _____	
Host/Travel To & When _____	
Address: _____	
Phone Number: _____	Email Address: _____
4 - H Projects: _____	
Hobbies and Outside Interests: _____	
Parents or Legal Guardians Names: _____	
Parents or Legal Guardians Occupation: _____	
Siblings living at home and there age: _____	
Allergies or anything else that should be known to the host family: _____	
<p>I understand that as a member of the Branch County 4-H Exchange Club, I will host a member from San Joaquin 4-H. I am responsible for my actions and I will be a good host and representative of the Branch County 4-H Program.</p>	
Members Signature _____	Parents/Guardian Signature _____
Members Name _____	Parents/Guardian Name _____



# Time to host

## Matching-New members, changes Plan schedule-Educate about state

- Ag tours
- Point of interest

## Orientation soon after arrival

- Games-ice breakers
- Share contact information
- Share schedule
- Introduce chaperones/office staff
- Code of Contact review

### Arkansas Michigan 4-H Exchange

**Friday, June 12**  
 \*Flight: Meet at Detroit Metro at 11:00 a.m.  
 Depart TWA Flight 349 at 12:30 p.m.  
 Layover in St. Louis from 1:07 to 2:25 p.m.  
 Leave St. Louis TWA Flight 273 at 2:25 p.m.  
 Arrive Little Rock at 3:38 p.m.  
 \*Families will pick-up Branch County Members at Little Rock airport  
 \*4:15 pm Shop in Lakewood, shop for souvenirs, etc.  
 \*5:15 pm CICI's Pizza: All you can eat pizza and salad buffet  
 \*8:00 pm IMAX, see movie The Living Seas  
 \*9:00 pm Leave for Arkansas 4-H Center

**Saturday, June 13**  
 \*7:30 am Breakfast at the 4-H Center  
 \*10:00 am Arkansas State Capitol  
 \*11:00 am Shopping, Museum, etc.  
 \*2:00 pm Leave for home

**Sunday, June 14**  
 \*Family day"

**Monday, June 15**  
 \*8:30 am Northeast District Activity Day  
 \*Noon Lunch (family provides)  
 \*3:30 pm Fun and sun and dinner cookout

**Tuesday, June 16**  
 \*8:00 am Meet at county extension office  
 \*Noon Lunch at the Iron Skillet  
 \*1:00 pm Blanchard Springs Cavern  
 \*3:30 pm head for home and dinner

**Wednesday, June 17**  
 \*9:00 am County Day at Spr  
 \*Noon Sack lunch provider  
 \*6:00-6:30 p.m. back home

**Thursday, June 18**  
 \*Morning NE District  
 \*Noon Sack lunch r  
 \*7:00 pm farewell

**Friday, June 19**  
 \*10:00 am Me  
 \*Flight Der  
 A  
 r

### Minnesota/Michigan 4-H Exchange Program

#### Participants:

Mason Scharfe  
 476 221<sup>st</sup> Street  
 Ruthton, MN 56170  
 507 658-3691

Bryce Tomsen  
 1655 County Highway 8  
 Tyler, MN 56178  
 517 247-5386

Kate Bunjer  
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 Arco, MN 56113  
 517 487-5521

Elizabeth Weber  
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 Lake Benton, MN 56149  
 517 368-9560

Lacy Frensko  
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 Ivanhoe, MN  
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Bridget Hansen  
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 517 369-1025

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 517 279-8685

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Megan Bildner  
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 Coldwater, MI 49036  
 517 238-8260

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 517 238-2915

Joy Haylett

Natalie Clason  
 2417 Cambria Road  
 Hillsdale, MI 49424  
 517 439-0124

Natalie Clason



## Time to travel

Double check with host

Transportation plans

Orientation for members and parents

- Go over schedule
- Emergency contact info
- Code of Conduct
- Introduce chaperones



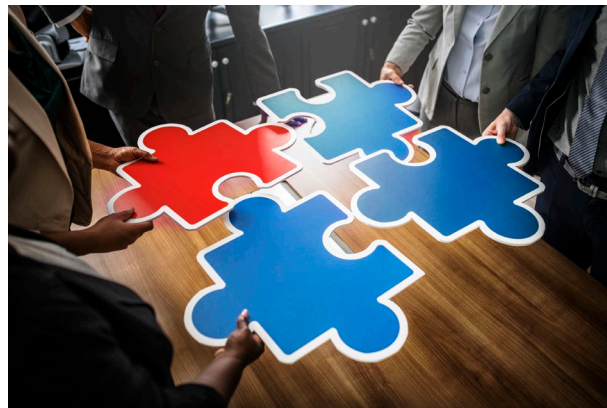
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## After the Exchange....

- Processing and Reflections-What have participants learned? What would they do different next year?
- Evaluation-helpful to do a written eval
- Thank you's-Can be creatively done during event
- Sharing your experience with 4-H and community
- Start planning for the next exchange



## Don't forget the educational potential

Encourage young people who are preparing for a 4-H youth exchange to learn more about Michigan and their exchange partner's state. research facts and characteristics such as size, population, history, natural features, agricultural products, business and industry, and cultural attractions.

- What are some of the state's popular cultural and historical activities (such as festivals and fairs) and venues (such as museums, zoos, historical sites, amusement parks, entertainment sites and sports teams and arenas or stadiums)?
- What are the major businesses and industries and how do they influence the state's culture?
- What are the leading agricultural industries and commodities in the state? State data is available from the USDA National Agricultural Statistics Service (<https://bit.ly/2RxzLWI>).
- What colleges or universities are located in the state (these could be public or private; small, medium, or large; well-known or not)?



**Questions????????**



## Other 4-H LCCE Programs

### Leadership Programming:

- **Youth Leadership Institute**-MSU and regions-November Contact: Roxanne Turner
- **State Youth Leadership Council-SYLC** Apps due October 31, 2021. Jackie Martin, Sara Keinath, Connie Lange
- **National 4-H Conference**-April
- **National 4-H Congress**-November



### Cultural Programming:

- **Michigan 4-H Creative Arts Celebration!** November 13, 2021, Roscommon, Contact: [Jan Brinn](#), [Connie Lange](#)
- **Grab-N-Go "Crafts Around the World"** 4-H Resource web page: [https://www.canr.msu.edu/global\\_cultural\\_education/resources](https://www.canr.msu.edu/global_cultural_education/resources)
- **Backpack to Adventure Curriculum**
- **International Travel** Most international exchanges on hold Contact: [D'Ann Rohrer](#)
- **States' 4-H Pen Pal Program**
- **International Series Virtual Programs** with different countries
- **China Art & Visual Letters Art Exchange Orientation** - December 1, 2021 Zoom 1:00 PM Kentucky, Argentina 4-H (Marquette & Kalamazoo), Benin and Uganda Africa (Wayne County), Alaska, Canada/Poland, Japan, and Taiwan

### Civic Engagement Programming:

- **4-H Citizenship Washington Focus**, (CWF)- Washington D.C. July-Connie Lange
- **Michigan 4-H Capitol Experience**-Lansing-March-Jackie Martin



**citizenship**  
WASHINGTON FOCUS



## Other 4-H LCCE Programming

- Philanthropy Education
- Mindful Me
- Your Thoughts Matter
- Youth Mental Health First Aid (for adults who work with youth)
- Teen Mental Health First Aid coming in 2021 (for youth to support their peers)
- Coming Together for Racial Understanding
- goLEAD: Leadership Development and Training Program, includes community service
- Officer training
- Parliamentary procedure
- Communication skills
- Conflict resolution
- Youth voice
- Youth-adult partnerships
- Public speaking
- Real Colors Personality Instrument
- Advisory Group Support

**Trainings Available to be Scheduled:**

Contact: [4H.LCCE.team@msu.edu](mailto:4H.LCCE.team@msu.edu)

