



Grand Traverse County

## 4-H Family News

OCTOBER 2020



MICHIGAN STATE UNIVERSITY

MSU Extension | Volunteer Central



## 4-H Online and Volunteer Central Are Open!

Welcome to the new 2020-2021 Program Year!

This program year runs until the end of August 2021

**Youth 4-H membership** is open to all! I am excited to welcome you back and invite new members. Members of 4-H in our area typically participate through a club, but we have members who only do state-wide and national programming (such as Exploration Days at MSU, Capitol Experience, etc.).

**This year the participation fee that is usually charged through MSU Extension is waived!**

**Parents/Guardians of Youth:** it is time to re-enroll youth 4-H members using the [new 4-H Online system and new website!](#) Your log in and password from the old (1.0) 4-H Online will work for the new (2.0) system. You can find helpful videos and a 4-H Online 2.0 Family Guide [at this website.](#)

**Adult Volunteers** must enroll in both [4-H Online](#) and [Volunteer Central](#); please reach out if you have trouble logging in or navigating either system.

- **New 4-H Volunteers** must complete the Volunteer Selection Process. To begin this process please visit the Volunteer Central Website and get started as a Gold Volunteer.
- **Returning Volunteers** need to re-enroll in 4-H Online and login to Volunteer Central (use the login button in the upper right hand corner of the home page).

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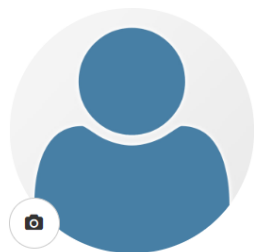
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We are still able to accept paper enrollment forms for registration in 4-H Online. The links to both the youth member and adult volunteer forms are below if you would rather complete your registration this way. Once completed, mail to the 4-H office! If you need a form mailed to you, please contact Veronica at 231-922-4623 or vmork@msu.edu

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## Welcome Back

Acknowledgements and Background checks: ?

Training: Welcome to MSU Extension

Training: Working with Youth

**Click here to review/approve  
required agreements and complete  
your annual background check**

Please complete ?

Launch Course

Launch Course

**Click here to complete  
required courses**

Edit Profile

**Click here to update  
your information**

**Thank you to all who have enrolled already!**

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[Youth 4-H Enrollment](#)

[Adult Volunteer 4-H  
Enrollment](#)

### 4-H scholarships available



Outstanding Michigan 4-H members who are involved at county, regional, state, national or international levels are eligible to apply for Michigan 4-H scholarships to help fund their college experience.

A number of scholarship opportunities exist, ranging in value from \$500 to \$2,500. All applications are due by November 1.

Learn more and access applications materials at: [www.canr.msu.edu/4\\_h\\_scholarships\\_and\\_recognition\\_program/4\\_h\\_scholarships](http://www.canr.msu.edu/4_h_scholarships_and_recognition_program/4_h_scholarships).

## 4-H Events and Workshops

### October 5: MSU Tollgate Farm Secret Life of Trees Interactive Weekly Series

Online

Explore the secret life of trees in this 5-week series that occurs each Monday. Interact with MSU Tollgate Farm staff, visit the fields and gardens, engage in STEM challenges, learn how we are a part of the same ecosystem as the trees and how we can give back.

<https://www.canr.msu.edu/events/msu-tollgate-farm-fall-virtual-secret-life-of-trees-interactive-weekly-series>

### October 6: 4-H Jedi Training for Teens

Online via Zoom

Do you have what it takes to harness the force and become a guardian of peace and justice? Find your inner harmony with this 5-week series that will occur each Tuesday.

<https://www.canr.msu.edu/events/4-h-jedi-training-for-teens>

### October 8: MSU Tollgate Farm Follow The Nutrient Trail Interactive Weekly Series

Online

Follow the nutrient trail of consumers, producers and decomposers as you meet Tollgate's goats, chickens and worms during this 5-week series that occurs each Thursday. Students will interact with staff and question, hypothesize, experiment, analyze data, conclude and question again through hands-on STEAM challenges.

<https://www.canr.msu.edu/events/msu-tollgate-farm-fall-virtual-follow-the-nutrient-trail-interactive-weekly-series>

### October 10: 4-H Coding Weekend Workshop - An Intro to Coding

Online via Zoom

Students will spend four days (weekends of October 10-11 and 17-18) learning how to code and develop an application to solve a technical problem that they define. This workshop is for any high school students of all coding skill levels and experience.

<https://www.canr.msu.edu/events/4-h-coding-weekend-workshops-an-intro-to-coding>

### October 12: Adulting 101

Online via Zoom

The exciting Adulting 101 series is offered to high school youth to help prepare for life on their own. This 3-week series will occur each Monday and cover Interviews for Success, Household Tasks, and Making a Spending Plan.

<https://www.canr.msu.edu/events/adulting-101-fall-series-mondays>

### October 17: 4-H in the Kitchen Live! Ultimate Grilled Cheese

Online via Zoom

Participants, ages 5-19, will learn how to make Ultimate Grilled Cheese Sandwiches using low and non-fat ingredients. Participants will receive the recipe two days in advance.

<https://www.canr.msu.edu/events/4-h-in-the-kitchen-live-ultimate-grilled-cheese>

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

## National 4-H Week to be celebrated Oct. 4 - 10

For the 78th consecutive year, millions of youth, parents, volunteers and alumni across the country will celebrate *National 4-H Week* from October 4-10. The theme for this year's National 4-H Week, Opportunity4All, is a campaign that was created by National 4-H Council to rally support for Cooperative Extension's 4-H program and identify solutions to eliminate the opportunity gap that affects 55 million kids across America.



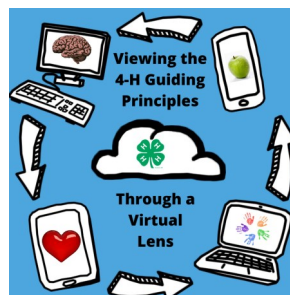
With so many children struggling to reach their full potential, 4-H believes that young people, in partnership with adults, can play a key role in creating a more promising and equitable future for youth, families and communities across the country. In 4-H, we believe every child should have an equal opportunity to succeed. We believe every child should have the skills they need to make a difference in the world.

To help bring awareness to the many positive youth development opportunities offered by 4-H, Michigan 4-H is encouraging 4-H youth, volunteers, staff and supporters to celebrate National 4-H Week in their communities. A few ways to do that while maintain safe social distancing include:

- Share how 4-H has inspired you or your kids on social media channels and with individuals in your community.
- Show your 4-H pride by wearing your 4-H apparel on Wednesday, Oct. 7, the official 4-H Spirit Day.
- Write an op-ed for your local paper to tell your Michigan 4-H story or submit it to MSU Extension for the [Meet Michigan 4-H'ers series](#).
- Decorate an [Opportunity4All sign](#) and share your pictures and captions of what opportunity means to you using the hashtag #Opportunity4All on social media.
- Use a [National 4-H Week Zoom background](#) on your virtual meetings.

## Guidelines for Positive Youth Development Virtually

As Michigan 4-H staff, volunteers and youth continue to practice safe social distancing, 4-H programs have moved online and many 4-H clubs are connecting virtually. To help both 4-H staff and volunteers view the 4-H Guiding Principles through a virtual lens, MSU Extension recently developed "Michigan 4-H Guiding Principles for Positive Youth Development: Virtual Programming Focus." This resource is a great tool for adults interacting with 4-H'ers to review as they consider their best ways to optimize 4-H programming for the online world.



View the Michigan 4-H Guiding Principles for Positive Youth Development online at [www.canr.msu.edu/resources/michigan-4-h-guiding-principles-for-positive-youth-development-virtual-programming-focus](http://www.canr.msu.edu/resources/michigan-4-h-guiding-principles-for-positive-youth-development-virtual-programming-focus).

## Support 4-H with the Tractor Supply Co. Paper Clover Campaign



Tractor Supply Company (TSC) customers across the nation will have the opportunity to support 4-H youth by purchasing a \$1 clover at checkouts when shopping both in stores or online at [www.TractorSupply.com](http://www.TractorSupply.com) from Oct. 7-18.

Funds raised will support county, state and national 4-H programming. To learn more regarding the campaign, visit <https://www.tractorsupply.com/tsc/cms/4h>.



**Club Reminders:**

*Each 4-H club must have at least one administrative leader. The club leader is required to complete year end paperwork and communicate regularly with the County 4-H office as well as any affiliated county or regional councils*

*Required year-end paperwork:*

- *1 Secretary Report*
- *2019-2020 Program Year Financial Form*
- *Club Authorization and Civil Rights Form*
- *Updated Club Information (email to Susy)*

## **Calling all Grand Traverse County 4-H Clubs**

### **Local Food Pantry Needs Restocking... and 4-H Can Help!**

Join a county-wide 4-H Community Service Project benefitting the Traverse City High School and make a difference in your community!

*This pantry helps low income and often homeless or in-transition youth and young parents continue their education by providing ready-made food and personal items*

***We hope you will join the Grand Traverse County 4-H Leaders Association in giving to these teens and families!***

### **Easy, no-contact drop-off at the MSU Extension Office**

Call when you arrive; leave items by the west entrance, 8:00 am - 4:00 pm, Monday-Friday  
520 W. Front Street, next to the fire station. Call 231-922-4620

***Deadline: Friday, October 30th***

#### **Food items needed:**

Bottled water	Heat & eat meals (non-perishable)
Pasta & sauce	Rice, rice packets/meals
Grab & go snacks	Canned goods: soup, stew, tuna, etc
Peanut Butter	Condiments & cooking oil
Baby Food	Pancake mix & syrup

#### **Personal care products needed (for both male & female):**

Shampoo/conditioner, body wash, deodorant  
Toothbrush, toothpaste, lip balm, etc.  
Hoodies, leggings, sport shorts, underwear, socks, hats, gloves

#### **Other needs:**

Baby wipes & diapers (sizes 4,5 & 6)  
Dish & laundry soap (small bottles)  
Paper products: toilet paper, paper towels  
\$3 BATA passes or \$10 gas/gift cards