ONLINE PROGRAMMING:

Local Lawn & Garden Q&A
Every Wednesday, 11am-1pm
(see page 2 for details)

Extension Extras Parenting Hour
Tuesdays

Cabin Fever Conversations
Fridays

Pollinator Fridays
with Dr. Nate Walton

Safe Food = Healthy Kids
Several online class dates/times

Michigan Cottage Food Law

Summer Online Food Preservation Series

Smart Gardening Series

Emergency Preparedness

Parenting Series
Wednesdays in July

For Youth:
Cue the Monarchs

100% Cocoa - Two Parts

Youth Reflect and Connect

For High School Youth:
Ready for Your Future Bootcamp

Cracking the Code to College

Spartan Coding Camp

Health, Wellness & Relationships

Programs and resources for families to care for their mental health

Move Your Way: Tips for Families to Get Active Indoors

Eat. Move. Repeat. Eat Healthy, Be Active is a nutrition and physical activity program for adults

Extension Extras is a new daily resource for parents and caregivers of young children

Food & Nutrition

Kids Cook Monday: Potato Frittata with Zucchini and Spinach

Thinking of using your own canning recipe? Think again!

Refrigerated spring vegetables are easy to make and will last two weeks in your refrigerator

Strawberry Chia Raw Jam: recipe from Farm to School of Northwest MI

Youth Wellness & Learning

Calendar of online learning for youth (and resources for parents) here

Managing Youth Stress: Tips and Resources

Online STEM Classes and GRASP Reading & Math Summer Programs from NMC College for Kids

Gardening, Exercise & Wildlife!

Challenging and fun workout from New York Jets linebacker and Tennessee 4-H alum, Avery Williamson

Community Resources

Access gardening experts at MSU and other land-grant universities across the nation 24 hours a day, 7 days a week at Ask An Expert

Simple Garden Plans: designed for the Grand Traverse region, reminiscent of the "Victory Gardens" planted during World War I and II

Wild About Backyard Conservation Series: Protect and promote wildlife

Connect online for more programs and resources

MSU Extension Online Events Schedule

Grand Traverse County MSU Extension Website & FaceBook Page

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LAWN & GARDEN Q&A
with Extension Master Gardeners & Dr. Nate Walton
Every Wednesday
11am - 1pm
live via Zoom

Connect here!