



CLOVER CHRONICLES

January 2021

Isabella County

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Attention Teens - Teen representatives are needed on 4-H Council

What is the Isabella County 4-H Council? The 4-H Council is the main decision-making body for the county 4-H program. It is responsible for working with the paid staff to support county 4-H program planning, administration and policy making. The Council is charged with keeping track of "the big picture" for our county 4-H program. It assists with volunteer recruitment, 4-H awareness building, and it oversees things such as member and volunteer recognition and the county award program. Monthly meetings (the 4th Tuesday of the month) are held virtually via Zoom at this time and are open to all 4-H leaders and interested people.

Link to application: http://www.canr.msu.edu/isabella/isabella_county_4_h/newsletters-and-forms

Isabella County 4-H STEAM Corps News

All Isabella County youth are welcome to join 4-H STEAM Clubs. 4-H STEAM Clubs are SPIN Clubs (SPecial INterest Clubs) that focus on topics related to science, technology, engineering, art, and math.



**HAPPY
NEW
YEAR!**

While we are not able to meet face-to-face at this time, we are providing club opportunities virtually, via email, and by using the USPS for packets of information/activities sent directly to members. Club topics are chosen by members and have included Crime Scene Investigation, Winter Science, the Art of Math, Jr. Audubon Explorers, Monarch Conservation, Lifecycles in Nature, and CodeBreakers! Upcoming clubs include Winter Gardening, Zooming Among Us, and Germ Hunters!

If you are 5-19 and interested in science, adventure, exploring, learning and fun, please contact Mary Lee Humphreys at humph186@msu.edu for more information.

Virtual Cooking Series

"Cooking with Kristi" will be launching this week!! Six delicious and innovative recipes will be featured. Open to all youth ages 8 - 19.



Register at: <https://events.anr.msu.edu/Cooking2021/>



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United Way "PITCH-ER THIS"

PITCH-ER THIS is a youth development competition sponsored by the Gratiot-Isabella United Way in collaboration with the CMU College of Medicine. Students team up to "pitch" an idea that will benefit their school or community by providing quality education, financial stability, or healthy lifestyles. While one of the goals is to teach middle and high school students project development and public speaking skills while providing presentation experience, ultimately, United Way is hoping to be able to fund your idea, benefit the community and help people achieve their full potential.

Teams can apply with 1-4 members and applicants can team up with classmates, friends, club members, or anyone interested in taking an idea and making it a reality! All you have to do is "PITCH-ER THIS!"

For more information or to complete an application, go to <https://www.uwgic.org/pitch>. Application deadline is February 12, 2021. If your idea is chosen for competition, electronic presentations will be submitted no later than March 19, 2021. The website includes contact information for United Way.

Isabella County STEAM Corps coordinator, Mary Lee Humphreys (humph186@msu.edu) is also available for information.

Attention Administrative Leaders

With clubs still not able to meet in a face to face format, Kristi is more than happy to assist you with virtual club meetings and meeting set-ups, and she would love to attend as well! With this virtual "new norm", one of the benefits is that we are able to obtain more guest speakers and educators who are now more easily able to participate in meetings because they can avoid traveling from distances. If you have topics of interest, please reach out to Kristi (schrei61@msu.edu or 989-330-5131) and she will contact or connect you with a guest speaker for a club activity.

Fun Learning Links Resource Page

Be sure to check out our **NEW Fun Learning Links** page for online educational opportunities! Lots of great learning opportunities for families or leaders to use as a learning piece for virtual meetings with their clubs. https://www.canr.msu.edu/isabella/isabella_county_4_h/fun-learning-links

Volunteer Central Update

****Attention 4-H Volunteer Leaders****

If you haven't received an email from VC yet, please check your spam folder. You should have all received emails. Please make sure to access your profile and respond to emails that you receive from VC.

Below are some directions/tip sheets that will assist you with completing the requirements to continue in your valued role as a 4-H volunteer for Isabella County.

[Annual Compliance Steps](#)

[Volunteer Central Screen Shots](#)

4-H Mark of Excellence Award

4-H'ers who are 11 or 12 years old are eligible to apply for the 4-H Mark of Excellence Award. To apply, write an essay on the theme, "Because of 4-H, I can...." Deadline for submission is February 1, to the Extension office.

For more information, visit: https://www.canr.msu.edu/4_h_scholarships_and_recognition_program/4-h-awards-and-recognition-program/youth-recognition

STATEWIDE CALENDAR OF EVENTS

Give the gift of Spartan Cheese!



Spartans are creative and adaptive, so when the COVID-19 pandemic disrupted normal operations this year, MSU Dairy Store cheese was transferred to MSU Extension. The MSU Product Center then turned this into an opportunity for the perfect holiday gift box. Start your new year with delicious Spartan cheese!

MSU Dairy Store cheese boxes are available for a limited time. From smoky cheddar to salty caerphilly, gift boxes are available for delivery or contactless pickup in Okemos or Novi. Visit the online store today at <https://msu-dairy-store.myshopify.com/>.

4-H Events and Workshops

January 5: Art & Activism SPIN Club

Zoom Webinar

Youth ages 9-13 are invited to join discussions and activities related to activism. Michigan AmeriCorps members will lead the meetings from 6-7 p.m. each Tuesday from Jan. 5 - Feb. 23.

<https://www.canr.msu.edu/events/art-activism-spin-club>

January 6: Supportive Teens Empowering Peers SPIN Club

Zoom Webinar

The 4-H Supportive Teens Empowering Peers (STEP) SPIN Club provides an opportunity for teens ages 13- 19 to connect virtually with peers through fun games, social interaction and more! This club will meet from 4-5 p.m. each Wednesday from Jan. 6—Feb. 24.

<https://www.canr.msu.edu/events/4-h-step-spin-club-jan-6-feb-24>

January 7: Cloverbud Social Emotional Wellness Kit

Statewide

Complete activities together with your child to help them explore their emotions. Supplies for activities are included in the kit and can be shipped directly to your home.

<https://www.canr.msu.edu/events/cloverbud-social-emotional-wellness-kit>

January 12: Wild and Crazy Careers 4-H SPIN Club

Zoom Webinar

In this six-week series, youth will hear from people who have turned their hobbies and passions into their dream job. Hear from wildland firefighters, wildlife documentary creators, zookeepers, mountaineers and more!

<https://www.canr.msu.edu/events/wild-and-crazy-careers-4-h-spin-club>

January 14: Adulthood 101 - International Conversations

Zoom Webinar

The Adulthood 101 series helps high school youth prepare for life on their own. This session will explore cultural values from around the world. Additional sessions will be held on the next two Thursdays and cover goal setting and food safety, respectively.

<https://www.canr.msu.edu/events/adulthood-101-winter-series-jan-14>

January 21: Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

<https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-1>

January 26: Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

<https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-2>

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

STATEWIDE NEWS AREA



4-H Ninja Training SPIN Club

Ever wonder what it takes to be a ninja like you see on TV? Besides being physically active and in shape, what other things help them to be successful?

Michigan 4-H will be hosting a new and fun SPIN club opportunity for youth to learn what it takes to become a ninja. Throughout the six-week series, different topics will be explored to help youth learn how to be active and strive to be healthy.

This series will run each Wednesday from February 10—March 17. Topics covered will include:

- **Goal setting.** Uncover your physical fitness goals and how you can accomplish them.
- **Strength.** Ninjas have to have both physical and mental strength. Explore ways to improve your strength.
- **Physical activity.** Learn exercise practices that can help you move and gain flexibility.
- **Good nutrition.** Ninjas must eat right to perform at their best. Discover what does good nutrition look like.
- **Balance.** Balance is fundamental in ninja training. Learn ways to build balance into everyday routines.
- **Mindfulness (patience and focus).** Learn strategies that build patience and focus during your ninja training.

Youth that complete the SPIN club will have the opportunity to hear directly from a real-life ninja: 2020 American Ninja Warrior winner Daniel Gil. He will speak to Michigan 4-H youth and friends on Wednesday, March 24. To register for the club, visit www.canr.msu.edu/events/4-h-ninja-warrior-spin-club.

Resolve to have a great 4-H year

Christine Heverly, MSU Extension. Adapted from an article originally published by Sandy Risedorph.

As we begin 2021, here are ten suggestions to make the upcoming year a successful one. Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Roberts Rules of Order. All club paperwork such as minutes, club inventory and financial statements will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting will be safe, comfortable and welcoming.
5. Fun will be included in each meeting.
6. The club will pursue at least one community service project chosen, planned and celebrated by the club.
7. New members will have a buddy they may talk with about any 4-H questions.
8. The 4-H Pledge will be said at every meeting.
9. Every club member will be recognized in some way to let them know they are cared about.
10. The club will review club resolutions and Guiding Principles at least once year.

2021 Michigan 4-H State Award Changes



Are you planning to apply for a 2021 Michigan 4-H State Award or submit a Mark of Excellence essay? The timeline for these exciting programs has changed!

The deadline to submit applications or essays is now April 1, 2021.

Applications will again be submitted with the MSU Extension events management system.

Additional information regarding the awards program will be forthcoming. Learn more and apply at: extension.msu.edu/4HStateAwards.

CASTING CALL

PICTURE YOURSELF HERE



My Why A Volunteer Video Project

We are looking for 4-H volunteers to highlight in a promotional video to be used to recruit more volunteers. We know you have what it takes to help us let others know about the value and meaning of being a 4-H volunteer, and we want to put you in the spotlight for all that you do!

I volunteer:

- ☒ As a club leader
- ☒ On a local 4-H council
- ☒ At camp
- ☒ For special events

Because:

- ☒ I'm a parent
- ☒ To make connections
- ☒ To leave a legacy
- ☒ I want to make a difference in my community

You will be interviewed (virtually) by your local program coordinator asking you a short series of questions about why you volunteer for 4-H. Your interview will be edited together with other volunteer videos for a short promotional video to be shared on social media. MSU Extension will mail a kit to you with materials you will need to create a studio in your own home! We will also provide technical assistance and direction. When done with the kit, just drop it off at your local MSU Extension office. We plan to make this process very easy and user-friendly and volunteers who participate will be provided more specific information along with tips and tricks for recording an interview. If you are interested in participating in this project please contact **Kristi Schreiber** at schrei61@msu.edu or 989-330-5131.



Isabella County
200 N. Main Street
Mt. Pleasant, MI 48858

Phone: (989) 317-4079
Fax: (989) 773-1622

Website:
<https://www.canr.msu.edu/isabella/>

Get Text Reminders

To receive reminder text messages (via Remind App) with important dates and times of Isabella County 4-H events:

Text “@6c82ek6” to “81010”

LIKE our Isabella County 4-H Facebook page to stay up to date on all the latest news and events:



<https://www.facebook.com/IsabellaCounty4H/>



NEW Isabella County Plat Books Now Available

Cost for each book is \$30 and can be purchased at Isabella County Register of Deeds, Jay's Sporting Goods, Farm Service Agency, or Farwell Trading Post.

Isabella County 4-H Calendar

January		
20	Shooting Sports Committee via Zoom	7 PM
21	Small Animal Association via Zoom	7 PM
26	4-H Council via Zoom	7 PM

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"Accommodations for persons with disabilities may be requested by contacting the MSU Extension office at (989) 317-4079 at least 5 days prior to the scheduled event to ensure sufficient time to make arrangements. Requests received after this time will be met when possible."

Kristi Schreiber, 4-H Program Coordinator
schrei61@msu.edu

Nonie Gross, Secretary
Paul Gross, Extension Educator
Eric Karbowski, Extension Educator
Kara Lynch, Extension Educator
Sabrina McGee, SNAP-ED PI