

# **CLOVER CHRONICLES**

### May 2021

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### Attention All Isabella County 4-H Members and Volunteer Leaders

You all should have received an email asking for your permission for the MSU Extension office/4-H staff to provide your name and email address to anyone associated with the running of the Isabella County Youth and Farm Fair. Various Superintendents in different project areas may be reaching out to you with information, however, we may not provide your email contact information unless you respond to that email with: YES, I give my permission for my email address to be supplied to any Isabella County Youth and Farm Fair project area leaders.

If we do not receive a "Yes" response from you via email, we will not be allowed to give out your email contact information.

## **Attention 4-H Seniors**

Any 4-H high school senior that would like to wear 4-H Honor Cords at their graduation ceremony, please contact Nonie (grossn@msu.edu) to reserve your honor cords.

There will be a \$15 fee for the cords that will be refunded upon return of the cords in good condition to the office. Those seniors who wish to keep their honor cords may purchase them for the same amount.



## Isabella County Plat Books Now Available

Cost for each book is \$30 and can be purchased at the MSU Extension office, Isabella County Register of Deeds, Jay's Sporting Goods, Farm Service Agency in Mt. Pleasant, or Farwell Trading Post.



Isabella County

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\* **Retrograde Rhapsody -** Our April meeting was short and sweet. We did a classic show and tell. We enjoyed catching up and learning more about our fellow Retrograde Rhapsody members.

## Isabella County 4-H STEAM Corps News

Currently, there are many 4-H STEAM Clubs occurring virtually throughout the state. If you are interested in Isabella County STEAM Clubs, please complete this survey <u>https://forms.gle/jj8ZghfdrMuRwjWr9</u> or contact Mary Lee Humphreys, 4-H STEAM Corps Coordinator at <u>humph186@msu.edu</u> for more information.



Club topics are chosen by members by completing the survey. Previous clubs have included Crime Scene Investigation, Jr. Audubon Explorers, Monarch Conservation, and CodeBreakers! Our next club will be "Backyard Science Fair", and "Birds, Bees, and Butterflies" are just around the corner.

If you are 5-19 and interested in science, adventure, exploring, fun, and learning - join a club!

## FAIR NEWS

## **Exciting News!**

We have a new webpage! More information will be added soon. Check out the youth exhibitor's information, rules and forms:

https://isabellacofair.wixsite.com/2021

## **Fair Camping Information**

We will be holding off on camping sign up for another month. Any paid campers from 2020 will still have their same spot reserved. Notices will go out on May 1 to those that reserved but cancelled payment, you will have until May 21 to pay. May 24 will be sign up for new campers.

Any questions, please call Deb Acker at 989-400-1082.

## Teddy Bear Community Service Sewing Project - UPDATE

Isabella County 4-H members and volunteers provided 45 Teddy Bears for the children helped by the R.I.S.E. organization which supports families who are victims of domestic violence.

### Huge THANKS and shout-outs to:

Madison Burggren Marinda Fox Jennifer and KarleighAnn Geiger Bethany Janetski Heather Justice Katelyn Hedrich Saltarelli

Thank you for such a wonderful community service commitment! These bears will provide a lot of joy and comfort to kids in our community. Isabella County 4-H members & volunteers ROCK!!





## STATEWIDE CALENDAR OF EVENTS

### MANAGING YOUTH STRESS



The novel coronavirus pandemic has been stressful for everyone. Families and youth are navigating new challenges, including social distancing, uncertain health outcomes and "a new normal." These new stressors may spill over into their relationships and compound other stressful conditions in the family.

### MSU Extension's

"Managing Youth Stress" document shares warning signs, ways to help and resources for stressed youth and parents of stressed youth.

View or download the factsheet at: <u>www.canr.msu.edu/</u> resources/managing-youthstress.

### **4-H Events and Workshops**

#### May 5-26: Shiawassee Small Animal Online Workshop

Online

Join us each Wednesday in May for a small animal workshop! Great for 4-H youth, parents and volunteers, the May 5 presentation will focus on goats, May 12 on poultry, May 19 on rabbits and May 26 on biosecurity and animal health.

www.canr.msu.edu/events/shiawassee-small-animal-online-workshop

## May 1—29: Michigan 4-H Horse Programs' Virtual Communications Contest Online

Youth ages 5-19 have the opportunity to demonstrate their communication skills and earn prizes through various contests including public speaking, demonstration, infographics and photography. Entries must be submitted during the appropriate contest time frame. www.canr.msu.edu/events/2021-mi-4-h-horse-program-s-virtual-communications-contest

### May 8: MSU Tollgate Farm Homegrown Gardening Series

Online

Interested in starting a vegetable garden for the first time or an experienced veggie gardener looking to explore new ideas? Join this new monthly series designed to encourage and support home vegetable gardeners! The May session will focus on growing fun with kids. <a href="https://www.canr.msu.edu/events/msu-tollgate-farm-homegrown-gardening-series-2021-may-8">www.canr.msu.edu/events/msu-tollgate-farm-homegrown-gardening-series-2021-may-8</a>

### May 11: Michigan 4-H Virtual Meats Judging Contest

Online

Evaluate carcasses and identify meats online in both individual and team competitions. The contest will include three beef classes, three pork classes, identification of 20 retail cuts, beef yield grade, quality grade of beef, two classes with questions, and one set of oral reasons. www.canr.msu.edu/events/michigan-4-h-virtual-meats-judging-contest

## May 11: Wild Spartans Series—Conservation & Management of Tribal Natural Resources

Online

Learn about researching and protecting species with cultural significance and discover how one Michigan tribe is preserving the natural world. Doug Craven, natural resources director for the Little Traverse Bay Band of Odawa Indians, will share his field work, education and career path.

www.canr.msu.edu/events/wild-spartans-series-may

### May 21: MSU Tollgate Farm Virtual Sustainable Stewards Series

Online

Explore climate science and climate change with PhD candidate Lindsey Kemmerling as she shares climate science basics to help build your knowledge and understanding. Explore your own carbon footprint and engage in conversation about how you can make a difference. www.canr.msu.edu/events/msu-tollgate-farm-virtual-sustainable-stewards-series-may-21

For the most up-to-date events listing, go to <u>http://4h.msue.msu.edu/events</u>.

## STATEWIDE NEWS AREA

## Michigan 4-H Foundation opens 2021-22 grant cycle

Awarded annually, the Michigan 4-H Foundation recently opened their grant and award opportunities for the 2021-2022 season. Open to 4-H volunteer leaders, members and staff, the grants and awards support local 4-H clubs and county programs, as well as recognize members of the 4-H community. All applications are due June 1.



The 4-H After-School Robotics Club in Iosco County received a \$1,000 Michigan 4-H Legacy Grant to use VEX Robotics as a tool to help club members develop life skills.

Opportunities include:

- Michigan 4-H Legacy Grants of \$1,000. These grants are awarded to support development of a new program or initiative or to strengthen, enhance or expand a current program that is making a difference.
- 4-H On-Target Grants of \$500. These grants support 4-H Shooting Sports programs to enhance existing programs, develop a new program or offer a special experience related to 4-H Shooting Sports.
- The Collins 4-H Youth Horticulture Grant of \$350. This grant is available only to 4-H youth clubs and supports advancement of club work in plant science and horticulture activities.
- **4-H Educational Garden Grants of \$1,000.** These grants support the creation of local 4-H educational gardens in Michigan.
- Michigan Farm Bureau 4-H Excellence in Agriculture Award (includes \$1,000 grant). This award recognizes the outstanding achievements of 4-H agricultural volunteers that have exhibited excellence in 4-H youth education and leadership development.

Learn more or apply online at <u>http://mi4hfdtn.org/grants</u>. Questions? Contact the Michigan 4-H Foundation at 517-353-6692.

## Plug into 4-H this summer with 4-H Exploration Days 2021-22: Expanded



Make plans to attend an exciting summer opportunity and choose your own adventure with 4-H Exploration Days: Expanded. This MSU precollege program has something for everyone, ages 12-19!

From June 22 - 24, youth from across Michigan can participate in this fun and engaging virtual learning experience that offers more than 60 different topics. Attendees will also hear from keynote speakers Justin and Alexis Black, authors of *Redefining Normal*, and come away with new energy and a desire to make a difference.

Registration for this event will open May I and close May 28. The

cost to attend is \$20 and all youth will receive a swag bag, with the option to order their own 4-H Exploration Days: Expanded apparel. Learn more at <u>www.canr.msu.edu/4 h exploration days.</u>

Michigan 4-H Alumni and Supporters Walking Challenge



The MSU Extension 4-H Alumni Engagement Committee is excited to share a fun engagement opportunity for alumni and supporters!

Starting May 2, MSU Extension will host a 4-H Alumni & Supporters Walking Challenge, where participants will track their miles walked and compete for a top spot in the contest! Each week, top contestants will win a 4-H alumni swag prize and the county who logs the most miles throughout the whole challenge will earn a \$100 cash prize for their county 4-H program!

Learn more and register at www.canr.msu.edu/events/ michigan-4-h-alumni-andsupporters-walking-challenge. As we look to resume some face to face programming in the near future, volunteers that wish to participate and provide face 2 face opportunities for youth WHEN MSUE/STATE 4-H says it is permissible will need to complete the following training:



For additional information, visit extension.msu.edu

### **Communicating through Conflict Training for Volunteers**

As MSU Extension begins resuming limited in-person programming, volunteers who are interested in participating in face-to-face experiences are required to complete the volunteer specific Communicating through Conflict course. This course is a modified version of the course MSU Extension employees have completed and is designed to prepare volunteers for challenging situations that could arise as they enforce public health and MSU Extension requirements.

#### Volunteer Completion of the Training

There are three ways a volunteer can complete this training:

#### **Option 1: Volunteer Central**

The most efficient and interactive way to complete this training is via Volunteer Central. Volunteers can <u>login to</u> <u>their profile</u>. Once logged in, volunteers should select the "My Trainings" tab and locate "Communicating through Conflict." Next, they should click on the "Launch" button next to it to activate the course. See the screenshot below. The red boxes highlight the areas that the volunteer should be looking for.

Welcome to MSU Extension	Launch Course
Welcome to 4-H	Launch Course
Working with Youth	Launch Course

Upon completion, the training will be marked as "Completed" and staff will see this in eCoordinator. To confirm the training has been completed, login to eCoordinator, open the volunteer profile and go to the "Screening" tab. You will find "Communicating through Conflict" in the "Training" section of the tab and status will say "Completed." Below is a screenshot of what you will see in eCoordinator.

#### To contact an expert in your area, visit extension.msu.edu/experts or call 888-MSUE4MI (888-678-3464)

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#### For additional information, visit extension.msu.edu

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By:	Completed
	Recruiter
Email:	
Phone:	

### **Option 2: Group Training**

MSU Extension professionals can utilize <u>this link to access a video version</u> of the training to show it to a group of volunteers via Zoom. Staff are encouraged to view the video prior to the Zoom to prepare for the session. The group training option can be as interactive as the Volunteer Central version if the staff member pauses the video after scenarios are presented and engages the group in conversation to determine which answer to select before restarting the video.

Following a group training, the staff member will need to document the completion of training for each volunteer in eCoordinator. To do this in eCoordinator, open the volunteer profile and select the "Screening" tab. Find "Communicating through Conflict" under Trainings and change the status to "Completed". Press "Apply" to save this change. Next, click on "Add Note" and document the training. For example, "Volunteer attended group Zoom training on 4/1/21." See the screenshot below. Click "Apply" to save the changes. This will also be visible in the Notes and History tab of the volunteer's profile.

Communicating Through Conflict		Status: Bv:	Completed Christine Heverly	
O Pending O Not Required	Completed		sisungch@msu.edu	
Add Note				

### **Option 3: Training Packet**

When a volunteer does not have access to the technology needed for option one or two, staff can utilize the training packet option. With this option, staff will email the file or print the <u>slides and script</u> for each volunteer and mail them the training packet. At the end of the training packet, volunteers are directed to inform staff that the training has been completed. Once staff receives the communication that the training is complete, the staff member will need to document the completion of the training in eCoordinator. To do this, open the volunteer profile and select the "Screening" tab. Find "Communicating through Conflict" under Trainings and change the status to "Completed." Next, click on "Add Note" and document the training. For example, "Volunteer was provided with a print version of the training. On April 1, 2021 the volunteer called and reported that they completed reviewing the information." See the screenshot below. Click "Apply" to save the changes. This will also be visible in the Notes and History tab of the volunteer's profile.

Communicating Through Conflict <ul> <li>Pending</li> <li>Not Required</li> <li>Completed</li> </ul> Add Note	Status: Completed By: Christine Heverly Email: sisungch@msu.edu Phone:
For Assistance	

If you or a volunteer needs additional assistance with the Communicating through Conflict training, please contact a VEST team member or e-mail msue.msuevol@msu.edu.

## Approved Activities for MSU Extension Volunteers in 2021

MSU Extension and Michigan 4-H professionals are working diligently to chart a path toward resuming in-person programming when it is safe to do so during the current public health crisis. Though it is premature to cite a specific date, no one is more eager than our own staff to resume events, meetings and other face-to-face activities. Using guidance from the <u>Michigan Department of Health and Human Services</u> (MDHSS) and the university, as well as the most current science available, we will modify all MSU Extension programming to adhere to public health standards at the federal, state, and local levels.

Current guidelines can be found at this link: https://www.canr.msu.edu/4h/approved-4-h-activities-in-2021

These guidelines have been developed to increase programming opportunities for MSU Extension volunteers while striving to maintain public safety. This guidance is subject to change at any time. DO NOT RELY ON A PRINTED COPY of these guidelines. Instead, return to this page often for updates. We will update this information every two weeks, or as often as guidelines change.



### MICHIGAN STATE UNIVERSITY Extension

## Adulting 101-Spring Series Free Online Class for High School Youth

DATE & TIME:

May 5 at 4 p.m. Resume Writing

May 12 at 4 p.m. Public Speaking

May 19 at 4 p.m. Living on Your Own

LOCATION: Virtually using Zoom https://zoom.us/ download

COST: Free

Prepare yourself for the future!

https://www.canr.msu.edu/ outreach/



WHO SHOULD ATTEND: High School Youth

### **DESCRIPTION:**

Learn some quick tips that will help you navigate life.

Resume Writing: Learn the basics of resume writing..

Public Speaking: Learn the best practices of public speaking.

Living on Your Own: Identity benefits and negatives of renting vs. buying and affordability.

### **REGISTER:**

https://events.anr.msu.edu/adulting101spring/

CONTACT: Beth Martinez - Extension Educator E-mail: Mart1751@msu.edu

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## MICHIGAN STATE UNIVERSITY Extension

Isabella County 200 N. Main Street Mt. Pleasant, MI 48858

Phone: (989) 317-4079 Fax: (989) 773-1622

Website:

https://www.canr.msu.edu/isabella/

### **Get Text Reminders**

To receive reminder text messages (via Remind App) with important dates and times of Isabella County 4-H events:

Text "@6c82ek6" to "81010"

### LIKE our Isabella County 4-H Facebook page to stay up to date on all the latest news and events:



https://www.facebook.com/IsabellaCounty4H/

## SAVE THE DATES

**4-H Exploration Days** June 22-24

### **Isabella County 4-H Calendar**

May		
11	Horse Leaders via Zoom	7 PM
19	Shooting Sports Committee via Zoom	7 PM
20	Small Animal Association via Zoom	7 PM
25	4-H Council via Zoom	7 PM
	<u>.</u>	

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"Accommodations for persons with disabilities may be requested by contacting the MSU Extension office at (989) 317-4079 at least 5 days prior to the scheduled event to ensure sufficient time to make arrangements. Requests received after this time will be met when possible."

### Kristi Schreiber, 4-H Program Coordinator schrei61@msu.edu

Nonie Gross, Secretary Paul Gross, Extension Educator Eric Karbowski, Extension Educator Kara Lynch, Extension Educator Sabrina McGee, SNAP-ED PI