

*Kent County*

# 4-H Family News

NOVEMBER 2018

## THANKFUL IT'S NOVEMBER

While we watch the remainder of the leaves fall from the trees and the cooler temperatures outside settle in, we are grateful for this changing of seasons. We are certainly excited for the upcoming holiday that will be here before we know it! Raise your hand if your mouth is already watering in anticipation for a great Thanksgiving Day feast!

Thanksgiving isn't the only thing to be grateful for this season! We have lots of opportunities and updates to share with our 4-H community. If you haven't already, continue to complete your 4-H enrollment/re-enrollment for the 2018-2019 program year so that you don't miss all the exciting communications on upcoming events.

We are excited for all that the month of November has to offer! As always, please feel free to reach out to the MSU Extension 4-H team with any questions, concerns, or suggestions.

Sincerely,

Nana Temple & Mary Newman

4-H Program Coordinators, Kent County



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Kent MSU Extension 4-H

### Web Site:

[http://msue.anr.msu.edu/  
county/info/kent](http://msue.anr.msu.edu/county/info/kent)

# STATEWIDE CALENDAR OF EVENTS

2

## New 4-H Money Management Snapshot



Curious what the 4-H money management project area is all about? This new snapshot sheet covers what 4-H'ers can learn about money management, ways to get involved and resources for learning more.

The 4-H money management project provides opportunities to learn about and practice ways to use money, set financial goals and explore career connections. Each of these facets is further broken down in the new snapshot sheet.

This resource is one in a series of Michigan 4-H snapshot sheets on a variety of topics that can be found in the Michigan 4-H Project Snapshot Sheet series at <https://www.canr.msu.edu/resources/michigan-4-h-project-snapshot-sheets>.

## 4-H Events and Workshops

November 3: Club Leadership Workshop

VerKuilen Building, Clinton Township

Learn how to be successful club leaders and club members by preparing to take on leadership roles. Registration due Nov. 2.

[http://msue.anr.msu.edu/events/club\\_leadership\\_workshop\\_1](http://msue.anr.msu.edu/events/club_leadership_workshop_1)

November 7: Alcona 4-H Makerspace Grand Opening!

The Alcona 4-H makerspace will provide a space for 4-H leaders and volunteers to engage youth in 4-H SPIN and year-round STEM opportunities. Join in the grand opening fun!

[http://msue.anr.msu.edu/events/grand\\_opening\\_alcona\\_4\\_h\\_makerspace](http://msue.anr.msu.edu/events/grand_opening_alcona_4_h_makerspace)

November 16: Michigan 4-H Embryology Staff, Teacher and Volunteer Training

Bruce Township Hall, Dafer

This training is designed for educators who would like to learn how to implement an embryology program through classroom activities or 4-H SPIN clubs.

[http://msue.anr.msu.edu/events/michigan\\_4\\_h\\_embryology\\_staff\\_teacher\\_and\\_volunteer\\_training\\_upper\\_peninsul](http://msue.anr.msu.edu/events/michigan_4_h_embryology_staff_teacher_and_volunteer_training_upper_peninsul)

November 27: Giving Tuesday

Online

Giving Tuesday is a day to give back! Support Michigan 4-H and help provide 4-H participation fee scholarships for those in need.

<https://givingday.msu.edu/>

## Save the Date

January 26: State 4-H Rabbit Show

MSU Pavilion, East Lansing

This one day event is open to Michigan 4-H members. Exhibitors may enter as many breeds as they wish. Spectators are welcome!

February 24: 4-H Day at the Breslin

Breslin Center, East Lansing

Join us for the 14th annual celebration of MSU Extension 4-H Youth Development at the MSU Women's Basketball game against the University of Michigan Wolverines.

<http://www.canr.msu.edu/events/4-h-day-at-the-breslin>

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

## Michigan 4-H to participate in Giving Tuesday

On Nov. 27, Michigan 4-H is once again teaming up with the Michigan 4-H Foundation and Michigan State University for their Give Green Day campaign held in conjunction with Giving Tuesday. As a global day of giving, Giving Tuesday is annually held on the Tuesday after the retail-focused days of Black Friday and Cyber Monday. During Giving Tuesday, Michigan 4-H will be raising funds to support 4-H participation fee scholarships for those in need.



From 12 a.m. to 11:59 p.m. EST, Michigan 4-H members, volunteers and supporters will have the chance to give to the campaign and spread the word via social media channels and word of mouth. Follow along online and use #GiveGreenDay on your social media channels to help Michigan 4-H earn bonus funds and compete in fun challenges throughout the day!

Learn more about Giving Tuesday and Give Green Day at <https://givingday.msu.edu/projects/michigan-4-h-foundation>.

## Outstanding Michigan 4-H alumni and volunteers recognized at 4-H Emerald Awards ceremony

Nineteen Michigan 4-H alumni and volunteers were recognized Oct. 5 during the Michigan 4-H Foundation's 4-H Emerald Award Ceremony in East Lansing. The awards presented at the event are among some of Michigan 4-H's highest honors for 4-H alumni and volunteers.

The Salute to Excellence awards, which honor remarkable 4-H volunteers who have contributed substantially to both their county and state 4-H programs, were presented to Brenda Alverson of Genesee County, Gordon Ridenour of Cass County and Cheryl Barton of Shiawassee County.

The Michigan Farm Bureau 4-H Excellence in Agriculture awards, which recognize 4-H volunteers who exhibit excellence in 4-H youth education and leadership in agriculture-related areas, were presented to Mary Hutka of Oakland County, Diane Keinath of Saginaw County, and Kathy Grau and Mary Hammer of Washtenaw County.

The Michigan 4-H Emerald Clover Society honors former alumni whose professional leadership and community service reflect the ultimate outcome of 4-H membership. Inducted into the society were Darwin Booher, Evart; Domonique Clemons, Flint; Ronald Hendrick, East Lansing; Barbara Haynes Heyboer, Hudsonville; W. G. (Mac) McPherson, Lowell; Thomas Nugent, Clarksville; Maggie Sans, Clarkston; and Gretna Van Fleet, Frankenmuth.

The Citation awards, which recognize significant contributions to Michigan 4-H programs, were awarded to GreenStone Farm Credit Services and Dale and Sara Stuby, of St. Joseph County.

Learn more about the award winners at [www.canr.msu.edu/news/outstanding-michigan-4-h-alumni-volunteers-and-partners-recognized-at-4-h-emerald-awards-ceremony](http://www.canr.msu.edu/news/outstanding-michigan-4-h-alumni-volunteers-and-partners-recognized-at-4-h-emerald-awards-ceremony)

## New Teaching Science When You Don't Know Diddly-Squat Lessons



Two new "Teaching Science When You Don't Know Diddly-Squat" lesson plans are now available. The new lessons are titled "Can kids hear things adults can't?" and "Do you run faster with or without shoes?"

The Teaching Science When You Don't Know Diddly-Squat series focuses not on teaching specific content, but teaching the process of science by asking questions and discovering answers.

Download the lesson plans at <https://www.canr.msu.edu/resources/teaching-science-when-you-dont-know-diddly-squat-series>.



## 4-H SPIN Clubs

*Have you heard any buzz about 4-H SPIN Clubs? Have you wondered what they were?*

4-H SPIN Clubs stand for "Special Interest" clubs. They are short term clubs that span approximately 6-8 weeks in length. Youth, along with an adult mentor or volunteer, meet 1-2 times per week and focus on a specific topic for the duration of the program. Examples include, but are not limited to, coding, emergency preparedness, gardening, photography, and so much more! These clubs are a great way for youth to dive deeply into a topic of interest in an environment that fosters fun, hands-on, experiential learning. This form of 4-H participation is a great avenue for those who are new to 4-H, or for those who have been long time 4-H members.

Contact your 4-H Program Coordinators to learn more about planning, leading or participating in a 4-H SPIN club!

## 4-H County Workshops and Events

4-H Horse Leaders Meeting .....	11.1.18
4-H Dog Developmental Committee Meeting .....	11.15.18
Kent County 4-H Council Meeting .....	11.19.18
4-H Embryology Project Training .....	12.10.18
Kent County 4-H Volunteer Update Meeting .....	1.12.19

### 4-H Council Updates

Did you know that you can help support Kent County 4-H just by shopping on Amazon? The council would like you to know that the next time you order with Amazon, be sure to shop with Amazon Smile using the following link: <https://smile.amazon.com/>. Once there, you can select Kent County 4-H Council as a charity to donate to!

***Feel free to join us at the next Kent County 4-H Council Meeting which will be held on November 19th, 2018 at 5:30pm. Meetings take place at the Kent County MSU Extension Office (775 Ball Ave. NE, Grand Rapids MI, 49503).***



### 4-H Embryology Project Training—December 10, 2018



Interested in bringing embryology into your classroom or learning environment? A training for this great hands-on, experiential learning project is coming to the Kent County MSU Extension office very soon! This is a great training for teachers, volunteers, and 4-H clubs who are looking to learn more about embryology. (See flyer on p. 7). Looking for more information? Have additional questions? Please feel free to contact Mary Newman, 4-H Program Coordinator at 616-632-7888.

### 4-H Embryology Project Training

We all know how big a rivalry Michigan State University and the University of Michigan have. Save the date for the annual 4-H Day at the Breslin on February 24! Cheer on the Michigan State University Women's Basketball team as they compete against the University of Michigan Wolverines while also supporting Michigan 4-H. This is a game you won't want to miss!



### FISH Like a Girl Workshop—Haslett, MI

Project FISH is hosting a workshop in Haslett, MI for girls and women of all ages who want to feel more empowered to participate in outdoor recreation through fishing. Full details about this workshop can be found by visiting the following link to their flyer: <http://www.projectfish.org/FLAG2018.pdf>.



# FLAG

Fish Like A Girl Workshop  
Saturday December 8<sup>th</sup>, 2018  
9 AM - 3:30 PM  
Ralya Elementary School  
5645 School Street,  
Haslett, MI 48840

### 4-H CHINA PROJECT

Do you know any youth, teachers, schools, or other

individuals who would be interested in participating in a 4-H global art

exchange project?

Contact your 4-H Program Coordinators for more information!



**ATTENTION!**  
**Looking for new**  
**4-H Activity**  
**Leaders**

Kent County 4-H Staff would be interested in finding and recruiting 4-H Activity Leaders.

These types of volunteers provide leadership or assistance with a activity or activities on a specific topic (i.e. cooking, sewing, gardening, science, etc.) throughout the 4-H program year.

They work independently with clubs, groups, or committees to carry out an activity related to their area of "speciality" and are a resource for 4-H staff and clubs to call on. If you would be interested in learning more, please contact your 4-H program coordinators to find out more!

## SAVE THE DATE! 4-H Volunteer Update Meeting



It is that time of year again! Be sure to save the date for Saturday, January 12, 2019 for the annual Kent County 4-H Volunteer and Teen Workshop. All Kent County 4-H volunteers and teen members are encouraged to attend this workshop at 10:00a.m. at the Kent County MSU Extension office (775 Ball Ave. NE, Grand Rapids, MI 49503). We will have a couple of great speakers join us! One will be from MSU Extension to speak on the relationship and expectations between MSU Extension and our 4-H volunteers. We will also have a speaker

from the Mennasah Project come to speak to us about human trafficking . Mark your calendars, and we will see you there!

## Park Before Dark at Boulder Ridge

Despite wind, rain, and hail, Kent County 4-H staff attended the Park Before Dark event Boulder Ridge Wild Animal Park on October 20, 2018. Dressed up for Halloween, 4-H staff promoted 4-H programs to new youth and families. Shout out to Hope from Alto Livestock 4-H club for dressing up as a four leaf clover to help spread the word about Kent County 4-H .



## COMING SOON! Fermentation 4-H SPIN Club to start in 2019.

Are you curious to learn more about food preservation methods? Do you enjoy gardening, cooking, and eating? Then we have just the opportunity for you! A Fermented Foods 4-H SPIN club will be heading your way in January 2019. This short-term 4-H club is open to new or existing 4-H members who are looking for a new projects to explore. This 4-H club will

adventure in trying new flavors, experiment with the art of an ancient cooking method,

and learn more about the benefits of fermented foods in your diet. See the flyer on page 8 for this upcoming 4-H SPIN club opportunity and to find out more details, contact information, and a sneak peak about the instructor!





# Michigan 4-H Embryology Program Staff, Teacher and Volunteer Training

## Objectives:

- Learning how to properly incubate eggs,
- Explore the West Virginia Cooperative Extension Beginning of Life curriculum,
- Utilize best practices for embryology and youth development;
- Bringing a new, exciting program to your local community!

## Registration:

Register online at <https://events.anr.msu.edu/embryologykent2018/>

## Cost:

\$40.00 per person—includes all training materials and lunch

## Find out more...

For more information contact your county MSU Extension office or call Katie Ockert at (517) 432-5270, [ockertka@msu.edu](mailto:ockertka@msu.edu). Accommodations for persons with disabilities may be requested on your registration form.

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**December 10,  
2018**

**10 a.m.-3 p.m.**

**Kent County MSU  
Extension**

**775 Ball Ave NE,  
Grand Rapids, MI 49503**

**The Michigan 4-H Em-  
bryology Program Staff  
and Volunteer training is  
sponsored by Michigan  
4-H Youth  
Development Programs,  
Michigan State  
University Extension.**

# Coming Soon

## Kimchi to Kombucha: Fermented Foods Club

Jan 3, 10, 24, 31 & Feb 7, 14

5:45-6:45 PM | 8-19 year olds

Kent County MSU Extension Kitchen



- Excite your taste buds with new flavors
- Experiment with ancient cooking methods
- Collaborate to create unique flavors
- Cultivate an understanding of the benefits of incorporating fermented food into everyday eating



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**To enroll please contact Mary Newman at  
632-7870 or by email at [newman65@msu.edu](mailto:newman65@msu.edu)**



### About the Instructor:



**Koral Fritz**

A graduate of the University of Michigan then earning her Master and Law Degree from Vermont Law School, Koral currently practices at Rhoades McKee helping growers and food manufacturers navigate the issues surrounding environmental and food law.

"As a food enthusiast, I enjoy testing out new recipes and connecting with friends and family over meals that are locally and seasonally sourced. I am proud to be known as "that" person when it comes to quirky recipes and look forward to trying new foods with you!"

Rhoades McKee is a proud supporter of Kent County 4H and will be donating the supplies for this SPIN club

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