

*Kent County*

4-H Family News

OCTOBER 2018

FALL-ING INTO OCTOBER

It's "SPOOKY" how quickly September went by, but we know October is about to be a "HOOT!" We hope you "FALL" in love with all the great things this upcoming month will offer. Bring on the apple picking, scarf-wearing, hot cider drinking, and leaf-raking festivities!

What can you expect for the month of October? First and foremost, we are continuing to kick off the beginning of another great 4-H program year! Please remember to continue to submit your 4-H annual paperwork, re-enroll yourselves on 4-H Online, and get your participation fees in. This is also a great time to invite new people to join your 4-H clubs, and share with others about all that 4-H has to offer! See the rest of the newsletter for additional exciting updates, news, and events happening this month.

We are excited for all that the month of October has to offer! As always, please feel free to reach out to the MSU Extension 4-H team with any questions, concerns, or suggestions.

Sincerely,

Nana Temple & Mary Newman

4-H Program Coordinators, Kent County



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4-H scholarships available



Outstanding Michigan 4-H members who are involved at county, regional, state, national or international levels are eligible to apply for Michigan 4-H scholarships to help fund their college experience.

The Michigan State University applications are due mid-October while species specific scholarships are due by Nov. 1.

Applications and more information is available at http://www.canr.msu.edu/4_h_scholarships_and_recognition_program/4_h_scholarships.

4-H Events and Workshops

October 6: 4-H Day at the Wild Pumpkin

The Wild Pumpkin, Beaverton

Celebrate fall by joining Michigan 4-H members and families feeding animals at a petting farm, enjoying wagon rides, and venturing in a sunflower maze. Registration is not required.

http://msue.anr.msu.edu/events/4_h_day_at_the_wild_pumpkin

Oct 9: 4-H Spirit Day

Celebrate 4-H Spirit Day by showing your 4-H pride, wearing 4-H apparel and spreading the word about 4-H in your community.

<https://www.canr.msu.edu/events/4-h-spirit-day>

October 20—21: 4-H Proud Equestrians Program Instructor Update

W.K. Kellogg Biological Station Conference Center, Hickory Corners

Come obtain continuing education for 4-H PEP certified instructors and others involved in therapeutic riding activities.

<http://www.canr.msu.edu/events/4-h-proud-equestrians-program-instructor-update>

October 28: Day of the Dead Celebration

St. Francis/St. Maximillian, Ray

Dia de los Muertos, or the Day of the Dead, is an important day in Latino communities. Youth ages 5-19 are invited to learn about and experience an authentic Day of the Dead celebration.

http://msue.anr.msu.edu/events/day_of_the_dead

November 2: Marquette County goLEAD - Youth Leadership Institute

Marquette County MSU Extension Office, Negaunee

Develop your leadership skills by participating in this engaging experience led by MSU Extension educators. Space is limited, so be sure to register by Oct. 21.

http://msue.anr.msu.edu/events/marquette_county_golead_youth_leadership_institute

November 17: Michigan 4-H Creative Arts Celebration

Kettunen Center, Tustin

Meet others from across the state passionate about creative arts while engaging in hands-on activities that build your creative talent. Registration available soon!

http://msue.anr.msu.edu/events/save_the_date_michigan_4_h_creative_arts_celebration

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

Tractor Supply 4-H Paper Clover campaign kicks off Oct. 3



Again this fall, local Tractor Supply Co. (TSC) stores are continuing their long-standing partnership with 4-H for the 2018 Fall Paper Clover Campaign supporting county, state and national 4-H programming.

From Oct. 3 –14, 2018, TSC customers can participate in the 2018 fall Paper Clover campaign by purchasing paper clovers for \$1 or more at checkout. This bi-annual event takes place at TSC's 1,600 stores across the nation—including the 86 stores in Michigan.

Of the funds raised, 70 percent returns to the community in which it was raised to support county 4-H programs. Of the remaining funds, 10 percent supports state 4-H volunteer and teen leadership training workshops, 5

percent supports other state 4-H programs, and the remaining 15 percent goes to the Michigan 4-H Foundation and National 4-H Council for underwriting the cost of the program.

This past spring, the TSC Paper Clover fundraiser generated nearly \$55,000 for Michigan 4-H. Help more youth in your community experience 4-H by purchasing a \$1 clover at your neighborhood Tractor Supply store this October.

National 4-H Week to be celebrated Oct. 7 - 13

For the 76th consecutive year, millions of youth, parents, volunteers and alumni across the country will celebrate *National 4-H Week* from October 7-13. This year's theme, *Inspire Kids to Do*, is a campaign that will give kids more opportunities to do, empowering them with the skills they need to succeed in life and career.



During the 2018 National 4-H Week, Michigan 4-H is encouraging 4-H youth, volunteers, staff and supporters to get out and inspire youth to be True Leaders through hands-on doing. From empowering them to pursue their passions to learning new skills, this October is a perfect time to make a difference for the next generation.

Across the country, the goal of the 2018 National 4-H Week is to reach one million doers. You can help accomplish this by sharing how 4-H has inspired you or your kids to do on social media channels and with individuals in your community. Though every day during National 4-H Week is a great time to show your pride, Tuesday, Oct. 9, is the official 4-H Spirit Day where it is encouraged to wear 4-H apparel to show your 4-H pride.

4-H Youth in Action Award applications due Oct. 22



Sharing your 4-H story could earn you a \$5,000 scholarship and a trip to Washington, D.C. for National 4-H Council's Legacy Awards, where you'll have the chance to tell your story while meeting 4-H celebrities and other notable alums.

The 4-H Youth in Action Award program recognizes four 4-H true leaders from across the nation in core pillar areas of agriculture, civic engagement, healthy living and STEM.

Applications are due Oct. 22, 2018 and are available at <https://4-h.org/parents/4-h-youth-in-action-awards/>.

4-H SPIN Clubs

Have you heard any buzz about 4-H SPIN Clubs? Have you wondered what they were?

4-H SPIN Clubs stand for "Special Interest" clubs. They are short term clubs that span approximately 6-8 weeks in length. Youth, along with an adult mentor or volunteer, meet 1-2 times per week and focus on a specific topic for the duration of the program. Examples include, but are not limited to, coding, emergency preparedness, gardening, photography, and so much more! These clubs are a great way for youth to dive deeply into a topic of interest in an environment that fosters fun, hands-on, experiential learning. This form of 4-H participation is a great avenue for those who are new to 4-H, or for those who have been long time 4-H members.

Contact your 4-H Program Coordinators to learn more about planning, leading or participating in a 4-H SPIN club!

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4-H County Workshops and Events

4-H Fall Paper Clover Campaign.....	10.3-14.18
4-H Horse Leaders Meeting	10.4.18
4-H Annual Paperwork/Enrollment Deadline	10.11.18
Kent County 4-H Council Meeting	10.15.18
4-H Table @ Park Before Dark (Boulder Ridge Animal Park)	10.20.18

4-H Council Updates

Did you know that you can help support Kent County 4-H just by shopping on Amazon? The council would like you to know that the next time you order with Amazon, be sure to shop with Amazon Smile using the following link: <https://smile.amazon.com/>. Once there, you can select Kent County 4-H Council as a charity to donate to!

Feel free to join us at the next Kent County 4-H Council Meeting which will be held on October 15th, 2018 at 5:30pm. Meetings take place at the Kent County MSU Extension Office (775 Ball Ave. NE, Grand Rapids MI, 49503).



4-H Emerald Clover Society Class of 2018




This year, the Michigan 4-H Foundation and Emerald Clover Society is honoring not one, BUT TWO, Kent County 4-H Alumni with the Michigan 4-H Emerald Award. The Emerald Clover Society identifies, acknowledges, and celebrates individuals who have had significant 4-H involvement as youth and who have


made significant contributions to their local, state and national communities. Congratulations to W.G. (Mac) McPherson and Thomas L. Nugent on this wonderful achievement!

4-H Annual Paperwork Due October 11, 2018

Thank you to those who have already completed their 4-H annual paperwork! Please continue to complete and submit club paperwork to your 4-H Program Coordinators at the MSU Extension office. This paperwork includes your 4-H club financial summary, club inventory, 4-H enrollments, civil rights form, and meeting minutes. In addition, be sure to re-enroll with 4-H Online and send in your participation fees. Remember, any 4-H club who completes and turns in all their paperwork by the October 11, 2018 deadline will be eligible to win one of three pizza prizes for their 4-H club. See details below. As always, please don't hesitate to contact your 4-H Program Coordinators with any questions.



WIN A PIZZA PARTY FOR YOUR 4-H CLUB!





All clubs who submit their 4-H paperwork, re-enroll all members with 4-H Online and submit their 4-H Participation Fee to the Kent County MSU Extension office before the October 11, 2018 deadline will be entered to win one of three pizza party prizes for their 4-H Club.

***1st Place: \$50.00**

***2nd Place: \$20.00**

***3rd Place: \$20.00**

Drawing for prize winners will take place on October 12, 2018. Winners will be contacted directly.

4-H Spirit Day October 9, 2018

We've got spirit, yes we do—We've got spirit, how about you?

The Tuesday during National 4-H Week is titled 4-H Spirit Day and you are encouraged to show your 4-H pride by wearing 4-H apparel and sharing your 4-H story. As 4-H youth, volunteers, staff or supporters, get out and inspire youth to be True Leaders through hands-on doing. From empowering them to pursue their passions to learning new skills, National 4-H Week and 4-H Spirit Day are excellent opportunities to make a difference for the next generation.

Be sure to show your 4-H pride by wearing your 4-H gear and sharing your 4-H experiences with other!



ATTENTION! Looking for new 4-H Activity Leaders

Kent County 4-H Staff would be interested in finding and recruiting 4-H Activity Leaders.

These types of volunteers provide leadership or assistance with a activity or activities on a specific topic (i.e. cooking, sewing, gardening, science, etc.) throughout the 4-H program year.

They work independently with clubs, groups, or committees to carry out an activity related to their area of "speciality" and are a resource for 4-H staff and clubs to call on. If you would be interested in learning more, please contact your 4-H program coordinators to find out more!

County Awards



Kent County has some AMAZING youth, volunteers, and businesses that all support the work of our local 4-H efforts. It is that time of year again where we want to take a moment to recognize these individuals and groups of people for all their hard work and support. Communication pertaining to awards will be sent out soon and will contain important information regarding the Kent County Awards handbook, nominations, and applications. All nominations and applications will need to be submitted to the MSU Extension office (775 Ball Avenue NE, Grand Rapids, MI 49503) by December 3, 2018. The Kent County 4-H Council will be sponsoring this event which will be hosted in January 2019. Please contact Mary Newman, 4-H Program Coordinator, with any questions (616-632-7870 or newman65@msu.edu).

Park Before Dark at Boulder Ridge

Kent County 4-H staff will be tabling at Boulder Ridge Wild Animal Park for their annual "Park Before Dark" event on October 20, 2018. Your 4-H staff will be promoting 4-H programs and will be reaching out to new youth and families. Be sure to stop by to say hello and to help spread the word about your wonderful 4-H experiences. The event includes games for kids, safari rides, popcorn, and Halloween Bags at admission to collect candy!



COMING SOON! Fermentation 4-H SPIN Club

Are you curious to learn more about food preservation methods? Do you enjoy gardening, cooking, and eating? Then we have just the opportunity for you! A Fermented Foods 4-H SPIN club will be heading your way in January 2019. This short-term 4-H club is open to new or existing 4-H members who are looking for a new projects to explore. This 4-H club will adventure in trying new flavors, experiment with the art of an ancient cooking method, and learn more about the benefits of fermented foods in your diet. See the flyer on page 7 for this upcoming 4-H SPIN club opportunity and to find out more details, contact information, and a sneak peak about the instructor!



Coming Soon

Kimchi to Kombucha: Fermented Foods Club

Jan 3, 10, 24, 31 & Feb 7, 14

5:45-6:45 PM | 8-19 year olds

Kent County MSU Extension Kitchen



- Excite your taste buds with new flavors
- Experiment with ancient cooking methods
- Collaborate to create unique flavors
- Cultivate an understanding of the benefits of incorporating fermented food into everyday eating



MICHIGAN STATE UNIVERSITY | Extension

**To enroll please contact Mary Newman at
632-7870 or by email at newman65@msu.edu**



About the Instructor:



Koral Fritz

A graduate of the University of Michigan then earning her Master and Law Degree from Vermont Law School, Koral currently practices at Rhoades McKee helping growers and food manufacturers navigate the issues surrounding environmental and food law.

"As a food enthusiast, I enjoy testing out new recipes and connecting with friends and family over meals that are locally and seasonally sourced. I am proud to be known as "that" person when it comes to quirky recipes and look forward to trying new foods with you!"

Rhoades McKee is a proud supporter of Kent County 4H and will be donating the supplies for this SPIN club

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