MICHIGAN STATE | Extension

LENAWEE COUNTY 2022 ANNUAL REPORT

We're excited to share the Lenawee County 2022 Annual Report with you! future, improving health and For more than 100 years, Michigan State University (MSU) Extension has been helping people address critical issues, needs and opportunities by delivering the vast knowledge and resources of MSU directly to individuals, communities and businesses. To do this, we focus on four program areas: preparing

nutrition for Michigan residents, enhancing agriculture and agribusiness, and leveraging natural and human assets. In 2022, our staff worked with Lenawee County residents, leaders and partners to create a diverse set of programs designed to help people and communities across all aspects of

Michigan's children and youth for the their lives. We work to keep Lenawee County businesses and communities strong, encourage balanced use of our natural resources and help individuals and families secure a better financial future. Read on for information about the difference being made in Lenawee County.

Want more frequent updates about future programs and impacts? Sign up here to receive our monthly Report to Our Partners e-newsletter. 565 4900 14,677 STAFF/ **PROGRAMS RESIDENTS FACULTY** SOCIAL MEDIA ACCESSED BY REACHED RESIDENTS REACH RESIDENTS

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MSU Extension—Lenawee County





PREPARING CHILDREN & YOUTH FOR THE FUTURE



Parents and caregivers are the first to have influence on a child's development and future academic success. To ensure the success of families across Michigan and to support children's school readiness, MSU Extension has invested in wellness of children and youth. By research- and evidence-based programming for the parents, caregivers and early childhood educators who have the first opportunity to enhance children's skills and become their best resources and advocates.

This programming supports families while helping parents and caregivers increase early childhood science, math and preliteracy skills, as well as enhancing the social and emotional increasing parents' and caregivers' knowledge of child and youth development, MSU Extension is able to help caring adults build a positive foundation for learning and lifelong success.



PARTICIPANTS

\$67,416 **HOUR VALUE**

187 YOUTH **PROGRAMS** ACCESSED BY RESIDENTS

387 **MI STRONGER FAMILY PARTICIPANTS**



Model Rockets Workshop

Many people think 4-H is just for kids who live on farms or those interested in raising and selling animals - but that's not true! Offering a diverse range of topics and interest areas, 4-H is the largest youth development organization in Michigan. In fact, each year thousands of young people explore what interests and excites them as they grow through Michigan 4-H. From

program areas ranging from science and technology to clothing and textiles, and so much more, 4-H provides fun, educational opportunities that empower young people with skills to lead for a lifetime and become the foundation for future success. After all, true leaders aren't born: they're grown!



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IMPROVING HEALTH & NUTRITION

When it comes to <u>nutrition</u> and <u>physical activity</u>, MSU Extension's team of experts brings evidence-based education into communities across the state. Our staff delivers educational programming to communities and helps create lasting healthy changes, from kitchen tables to school cafeterias. Programming is

supported through the Expanded Food and Nutrition Education
Program and the Supplemental Nutrition
Assistance Program—
Education (SNAP—Ed).

Programs and offerings include:

- Cooking for One
- Cooking Matters
- Eat Healthy, Be Active
- My Way to Wellness
- Peak Health and Performance
- Show Me Nutrition
- Teen Cuisine



Success!

A recent Facebook post showcased MSU Extension! The post was made by a parent, in reference to her daughter's participation in not only the cooking class at school, but also her exposure to nutrition and meal planning from our lessons at home. "I love that our daughter wants to be involved, or even do all of the meal planning and preparation at home. Her cooking class at school has inspired her, and it's great that they've brought back classes that teach life skills!" Finding what makes a student excited and inspired to feed themselves and their families in a healthy way is inspiring!

1110 SNAP-ED PARTICIPANTS HOSTED IN COUNTY

1002
RESIDENTS
PARTICIPATED IN
HEALTH &
NUTRITION
PAROGRAMS

1768
FOOD SAFETY
PROGRAMS
OFFERED

44 SERVSAFE PARTICIPANTS

Safe and properly prepared food

can prevent foodborne
illness, thus reducing
healthcare costs and
improving overall health
and well-being. Whether for
food entrepreneurs,
volunteers preparing food
for the community,
childcare providers or

consumers interested in preserving

food, MSU Extension teaches a

variety of classes to help everyone enjoy safe, healthy food. for keeping food safe.

MSU Extension offers highquality, affordable programs that help Michigan

Photo: Pexels/Caleb Oquendo.

residents learn the importance of safe food

and water in their everyday lives.

Our research-based programs help food handlers learn safe food-preservation skills and techniques.

Programs include:

- Cooking for Crowds.
- Cottage Food Law
- Home Food Preservation
- Safe Food = Healthy Kids
- ServSafe



MICHIGAN STATE UNIVERSITY Extension

ENHANCING AGRICULTURE & AGRIBUSINESS

MSU Extension educators in the Agriculture and Agribusiness Institute work with farms of all sizes helping to positively impact individual farming operations. When those individual operations do well, their success helps to fuel state and local economies.

Farm Stress Management

Taking care of crops and animals is hard on farmers. Caring for personal health and wellness in this high-stress profession is often overlooked but is as critical as caring for the farm business. Agricultural professionals and their families face unique stressors and mental health challenges and often have limited access to mental health services. MSU Extension is a national leader in addressing farm stress and related mental health issues by providing farm business financial analysis to farms, connecting farmers

and their families with teletherapy programs, workshops, webinars and digital materials offering self-



Photo credit: MSU Ext webpage

paced or interactive options. https://www.canr.msu.edu/ managing_farm_stress/index

MSU Extension's Emergency Response to Accidents Involving Livestock (ERAIL)

Programs focus on the safety of first responders and the public traveling Michigan roads and highways. ERAIL trains first responders, animal haulers and others how to properly respond when animals are involved in a traffic accident, provides access to equipment that will aid in the accident response and creates a network of trained responders throughout the state. https://www.canr.msu.edu/erail/index



RESIDENTS ACCESSED AG **PROGRAMS**

AG PROGRAMS WITH **RESIDENTS**

LAWN & **GARDEN HOTLINE CALLS** ANSWERED

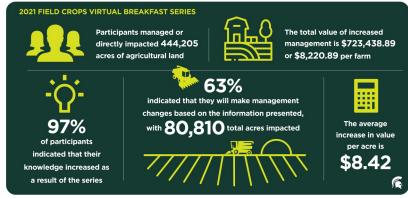
Field Crops Virtual Breakfast

Offerings like our Field Crops Virtual Breakfast meetings attract participants throughout the state, country and even the world. Every Thursday during the growing season, farmers can access timely, in-season crop and weather information from MSU Extension field crops specialists and educators. Each week features a topic followed by a weather summary and forecast. Topic areas are loosely established at the beginning of the series based on historical trends. However, the Virtual Breakfast series is flexible, fluid and able phone. Each to adapt when issues arise due to

unforeseen growing conditions. Following the presentations, participants interact with specialists and educators in a question and answer period. This innovative approach using

technology provides growers the opportunity to participate in a live webinar via their computer, laptop or cell session is

recorded, closed-captioned and available for viewing online.





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FOSTERING STRONG COMMUNITIES

MSU Product Center

MSU Extension and the MSU Product Center assist entrepreneurs and businesses to develop products and services in the food and agriculture markets. Its team of experts consult with clients on a one-on-one basis, helping new entrepreneurs navigate from concept development to launch and beyond. The MSU Product Center also offers specialized

services such as labeling, packaging, and nutritional analysis. If you are interested in business counseling from the MSU Product Center, please visit the website.

Product Center in Lenawee County

27 companies assisted

128 consulting sessions

22,000 in capital formation

289,400 in sales growth

241 JOBS CREATED OR RETAINED STATEWIDE 317,814
ACRES PROTECTED,
ENHANCED, RESTORED
OR MANAGED
SUSTAINABLY
STATEWIDE

204
COMMUNITY
PROGRAMS
ACCESSED BY
RESIDENTS

1111
PARTICIPANTS
IN COMMUNITY
PROGRAMS

MSU educators work with businesses, local governments, and communities to improve local economies and the lives of Michigan residents. MSU Extension educators

also provide programming aimed at protecting and sustainably managing our state's natural resources.

Keeping businesses and communities strong:

- Good Governance
- Leadership
- Tourism Development
- Land Use & Placemaking

Making the most of our natural resources:

Water Issues

Forestry Education

- Habitat Inventory
- Environmental & Outdoor Education

Securing a better financial future:

- Financial Capability
- Homeownership Education
- Foreclosure Prevention

Dollar Value of Community, Food & Environment Statewide Activities



\$830,513

Value of volunteer hours (Independent Sector @\$29.95 per hour). \$30,115,124

Value of resources leveraged by businesses.



\$4,716,499

Value of grants and resources leveraged or generated by communities.

Supporting food systems and improving food access:

- Food Business Development
- Local Food & Food Access
- Food to Institution



Lenawee County Staff

Name	Role	Phone	Email
Vanessa Armstrong	Community Nutrition Instructor	517-264-5312	armst393@msu.edu
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A Statewide Network of Resources to Help You

MSU Extension is the home of the latest in research, education and outreach covering a wide range of issues from agriculture & agribusiness, health and nutrition, youth education and outreach and community and economic vitality. If MSU Extension doesn't have an expert in your county to answer your questions, we can connect you to our statewide resources to connect you to the information you need.

Ask Extension

Ask Extension offers one-to-one answers from MSU Extension experts and Extension Master Gardener volunteers on topics such as lawns, gardening, agriculture, nutrition and physical activity, food safety, food preservation, natural resources, community development, youth programming and more! **Ask Extension**: www.canr.msu.edu/outreach/ask-an-expert

Lawn and Garden Hotline: 888-678-3464 Hours: M,W,F 9:00 am–12:00 pm (Year round) Crabgrass, brown spots, or powdery mildew, the Lawn and Garden Hotline can give you information on all your home gardening questions.

Food Safety Hotline: 877-643-9882 Hours M/W/F, 9:00 am-5:00 pm

Do you have questions about food expiration dates, how long food will last or preserving foods at home? The Michigan State University Extension food safety hotline can help answer these types of questions and concerns.

MSU Extension Bookstore https://shop.msu.edu/collections/msu-extension-bookstore

Look for bulletins, publications and MSU Extension products at the Bookstore!



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