

Pole Bending

- The pole bending pattern (see fig. 26) is run around six poles. The poles are placed in a straight line 21 feet apart, going away from the starting line. The first pole is to be 21 feet from the starting line.
- Poles are 6 feet high and set on top of the ground, with bases 10 inches to 14 inches in diameter.
- Contestants may start on either side of the line of poles. They will cross the starting line, move in an approximately straight line to pole 6 (the farthest pole), make a 180-degree turn around pole 6, pass between pole 6 and pole 5, bend through the poles to pole 1, circle pole 1, bend through the poles to pole 6, make a 180-degree turn around pole 6, and cross the starting line by moving along the poles on the side opposite that on which they first approached pole 6.
- A 5-second penalty will be assessed for each pole knocked down

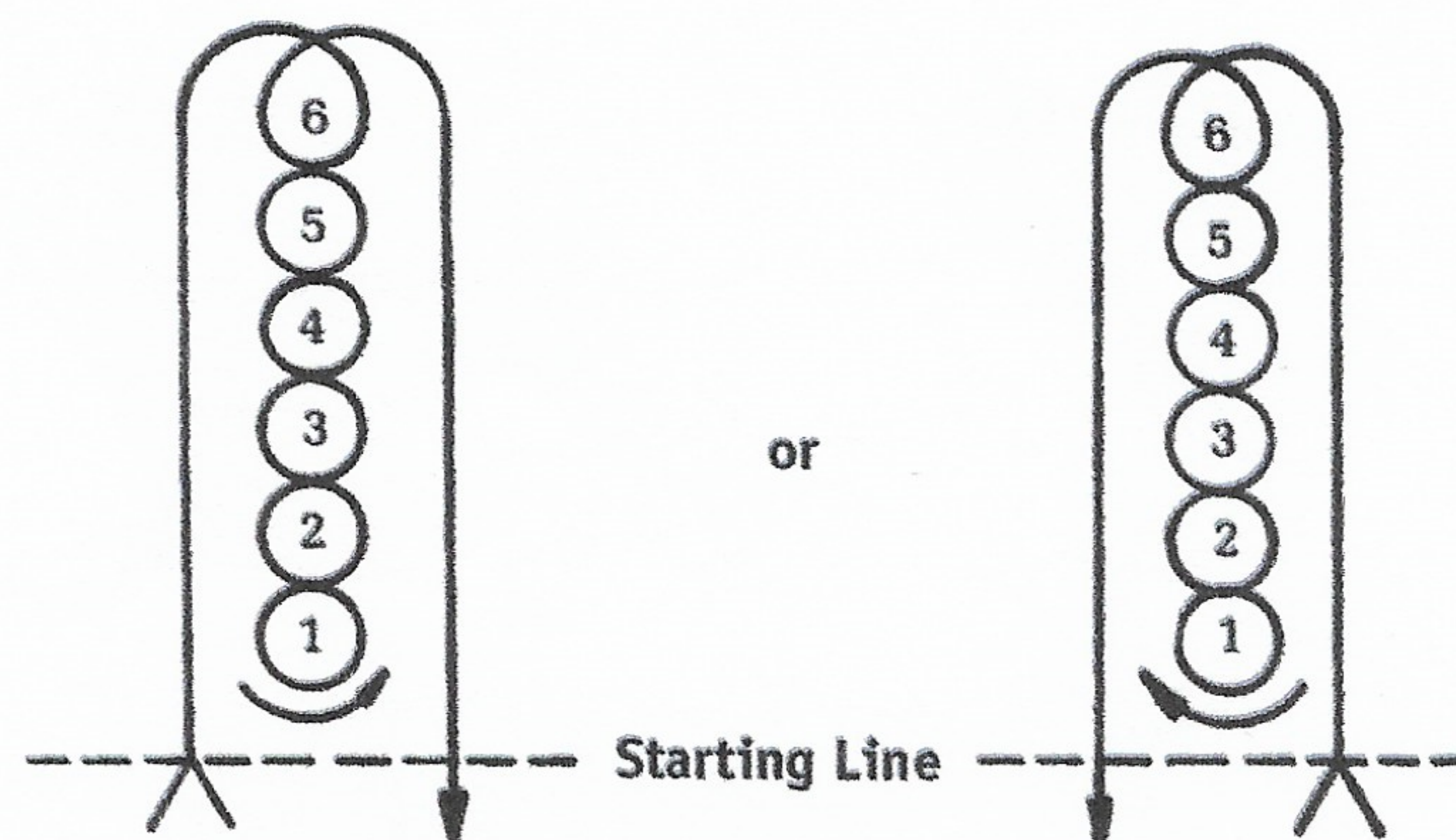


Figure 26. Pole bending course.