

FRUITS

MICHIGAN Lower Peninsula

These charts show when fresh fruits, herbs, and vegetables – commonly grown in Michigan – are most likely ready to buy. Dates can change a little each year and in different parts of the state.

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples (fall)												
Apples (summer)												
Apricots												
Blackberries												
Blueberries												
Cantaloupe												
Cherries (red tart)												
Cherries (sweet)												
Cranberries												
Grapes												
Muskmelon												
Nectarines												
Peaches												
Pears												
Plums												
Red Raspberries												
Rhubarb												
Strawberries												
Watermelon												

HERBS

Note: Not all foods will be at every market during these times. Some foods might be available outside of these expected times if they are grown in greenhouses or sourced from other parts of Michigan or other states.

Talk to local farmers to learn how and when they grow their food!

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Basil												
Cilantro												
Dill												
Parsley												

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VEGETABLES

MI
Lower
Peninsula

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Asparagus					█	█						
Beans (green, snap, string, wax)							█	█	█			
Beets							█	█	█			
Bok Choy						█	█	█	█			
Broccoli							█	█	█			
Brussels Sprouts										█	█	
Cabbage							█	█	█	█		
Carrots							█	█	█	█		
Cauliflower								█	█	█		
Celeriac									█	█		
Celery							█	█	█	█	█	█
Collards						█	█	█	█			
Cucumbers (greenhouse)						█	█	█	█	█		
Cucumbers (field)							█	█	█			
Eggplant							█	█	█	█		
Fennel-Finocchio (bulb)							█	█	█			
Garlic							█	█	█	█	█	█
Garlic Scapes							█	█				
Kale							█	█	█	█		
Kohlrabi							█	█	█	█		
Leeks										█	█	
Lettuce/Greens						█	█	█	█			
Mushrooms (limited supply all year)	█	█	█	█	█	█	█	█	█	█	█	█
Onions	█	█						█	█	█	█	█
Parsnips									█	█		
Peas (sugar snap)						█	█					
Peppers							█	█	█	█		
Potatoes	█	█	█	█			█	█	█	█	█	█
Pumpkins										█	█	
Radishes						█	█	█	█	█		
Rutabagas										█	█	
Shallots							█	█	█	█	█	█
Spinach							█	█	█	█		
Summer Squash (crookneck, pattypan, yellow, zucchini)							█	█	█			
Sweet Corn								█	█			
Swiss Chard							█	█	█	█		
Tomatillo								█	█			
Tomatoes							█	█	█	█		
Turnips							█	█	█	█		
Winter Squash (different types)									█	█	█	█