## FRUITS

## MICHIGAN Lower Peninsula

These charts show when fresh fruits, herbs, and vegetables – commonly grown in Michigan – are most likely ready to buy. Dates can change a little each year and in different parts of the state.

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Apples (fall)												
Apples (summer)												
Apricots												
Blackberries												
Blueberries												
Cantaloupe												
Cherries (red tart)												
Cherries (sweet)												
Cranberries												
Grapes												
Muskmelon												
Nectarines												
Peaches												
Pears												
Plums												
Red Raspberries												
Rhubarb												
Strawberries												
Watermelon												



**Note:** Not all foods will be at every market during these times. Some foods might be available outside of these expected times if they are grown in greenhouses or sourced from other parts of Michigan or other states.

Talk to local farmers to learn how and when they grow their food!

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Basil												
Cilantro												
Dill												
Parsley												

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## VEGETABLES MI Lower Peninsula

Asparagus Beans (green, snap, string, wax) Beets Bok Choy Broccoli Brussels Sprouts Cabbage Carrots Cauliflower Celeriac Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes Kale			MAR			JUL	AUG	SEP	NOV	
Beans (green, snap, string, wax)  Beets  Bok Choy  Broccoli  Brussels Sprouts  Cabbage  Carrots  Cauliflower  Celeriac  Celery  Collards  Cucumbers (greenhouse)  Cucumbers (field)  Eggplant  Fennel-Finocchio (bulb)  Garlic  Garlic Scapes										
Bok Choy Broccoli Brussels Sprouts Cabbage Carrots Cauliflower Celeriac Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes			1							
Broccoli Brussels Sprouts Cabbage Carrots Cauliflower Celeriac Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Brussels Sprouts  Cabbage  Carrots  Cauliflower  Celeriac  Celery  Collards  Cucumbers (greenhouse)  Cucumbers (field)  Eggplant  Fennel-Finocchio (bulb)  Garlic  Garlic Scapes										
Cabbage Carrots Cauliflower Celeriac Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Carrots Cauliflower Celeriac Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Cauliflower  Celeriac  Celery  Collards  Cucumbers (greenhouse)  Cucumbers (field)  Eggplant  Fennel-Finocchio (bulb)  Garlic  Garlic Scapes										
Celeriac Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Celery Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Collards Cucumbers (greenhouse) Cucumbers (field) Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Cucumbers (greenhouse)  Cucumbers (field)  Eggplant  Fennel-Finocchio (bulb)  Garlic  Garlic Scapes										
Cucumbers (field)  Eggplant  Fennel-Finocchio (bulb)  Garlic  Garlic Scapes										
Eggplant Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Fennel-Finocchio (bulb) Garlic Garlic Scapes										
Garlic Garlic Scapes										
Garlic Scapes										
Kale										
Naic										
Kohlrabi										
Leeks										
Lettuce/Greens										
Mushrooms (limited supply all year)										
Onions										
Parsnips										
Peas (sugar snap)										
Peppers										
Potatoes										
Pumpkins										
Radishes										
Rutabagas										
Shallots										
Spinach										
Summer Squash (crookneck, pattypa	an, yelk	ow, zucc	:hini)							
Sweet Corn										
Swiss Chard										
Tomatillo										
Tomatoes										
Turnips					_					
Winter Squash (different types)										