



ANNUAL REPORT

MSU Extension Muskegon County

Food • Ag • Youth • Health • Environment • Community

Since 1916, the Michigan State University (MSU) Extension has helped residents in Muskegon County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

53

Programs delivered in Muskegon County

1,990

Muskegon County Adults

Participated in programs offered by MSU Extension

440

Programs Attended

By Muskegon County residents, either **in-county**, **outside of Muskegon County**, or **on-line**.

1,034

Muskegon County youth

Participated in programs offered by MSU Extension

7,039

Program Participants

In programs lead by Muskegon County staff **on-line** or **statewide**

18,832

Facebook Page Visits

1,116

Individual class sessions attended

134

Submissions to Ask-An Expert

59

Programs delivered by Muskegon County staff

MUSKEGON COUNTY STAFF

3

Educators

3

Program Instructors

1

Clerical Support

35

Partnerships and coalitions

MUSKEGON COUNTY FOCUS AREAS

Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Manure Management
- Farm Financials
- MI Ag ideas to Grow With
- Milker Meeting
- Sustainable Farming
- Interactive Pruning Workshop
- Michigan Beekeeping Webinar
- Regional Dairy Conference
- Steelhead Fishery Workshop
- Asparagus Day
- Chestnut Chat
- Beef Quality Assurance

Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- Intro to Lakes
- Not MI Species
- Fish Producers annual conference
- Invasive Species Summit
- Michigan Birding 101
- Let's learn about invasive plants
- Southern Lake MI Fisheries Workshop
- Home Horticulture Classes

Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Homebuyers Education
- Citizen Planner
- 88 Product Center Counselling Sessions
- Effective Board Meetings and Govern.
- Property Tax Foreclosure

Community (cont.)

- Muskegon H.S. Entrepreneurship
- Fiscally Ready Communities
- Mortgage Foreclosure Basics
- Tips to Build and Protect Your Credit
- ARPA Local Government Workshop
- Money Management

Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Maintaining Health during challenging times
- Nutrition classes at Reeths Puffer, Oakridge, Muskegon Heights
- Chronic Pain PATH
- Tai Chi for Fall Prevention
- Michigan Cottage Food Law
- Food Safety Q & A.
- Opioid Task Force
- Winter Food Preservation
- Diabetes Prevention
- Investigating Food With Science
- Preserving Michigan Harvest

Family

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Relax: Alternatives to Anger
- Changing negative self-talk
- Engaging and connecting with youth
- Adulthood 101
- Stress Less with Mindfulness
- 4-H Running Club
- 4-H at the County Fair
- ABC's of Early Literacy
- Wizarding World of 4-H
- Understanding a toddlers world
- 4-H Exploration Days
- Coming Together for Racial Understanding

4-H Muskegon County

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

20
Clubs

230
Members

71
Volunteers

\$37,800
Dollar Value of
volunteer time