The Opioid Crisis: What is MSU Extension's Response?

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Overview

• What do we know about opioids in Michigan?
• What framework do we use to think about the issue?
• What has Michigan State University Extension done?

What do we know about opioids in Michigan?

Source: Kaiser Family Foundation and National Vital Statistics System

[Graph showing trend in opioid use]
Opioid Overdose Deaths

- Opioid overdose deaths increased over 17 times from 1999 to 2016.
- 115 Americans die every day. Six are in Michigan.
- 11th in nation in opioid overdose deaths.
- In 2016, more Michigan residents died from drug overdose than car accidents.

Source: Scott Levin, MLive 2017

Opioid Prescriptions

- 10th in nation in per capita prescribing rates of opioid pain relievers.
- 11.4 million prescription for painkillers written in 2015.
  - about 115 opioid prescriptions per 100 people
- 2016: Enough R for every resident to have over 80 doses.

Source: Scott Levin, MLive 2017

What framework do we use?

- society
- community
- organization
- interpersonal
- individual
What has MSU Extension done?

- Created Community Behavioral Health group
- Goals:
  - Be responsive to mental health and substance use needs across the state.
  - Promote and build behavioral health literacy among Michigan residents.
  - Raise awareness and promote community involvement in addressing the opioid crisis.

What has MSU Extension done?

- Created factsheets to disseminate information, available online

What has MSU Extension done?

- Participation in health fairs and opioid town hall events
- Presentations about opioid misuse:
  - Signs and symptoms; US and Michigan trends;
  - what we can do personally and in our communities
What has MSU Extension done?

• Opioid documentary film screenings with panel discussions
  • 3 screenings of Warning: This Drug May Kill You
  • 1 screening of Chasing the Dragon: The Life of an Opiate Addict
  • Hosted in partnership with local coalitions
  • Panelists include people in recovery, surviving family members, Families Against Narcotics members, doctors, mental health professionals, substance use professionals, prosecuting attorneys, police

What has MSU Extension done?

• Mental Health First Aid training
  • Participants learn signs of mental health/substance use crisis, how to talk with someone in crisis and refer to services, and how to break down stigma
  • New addition: Opioid Response Supplement

• Evaluations show:
  • 100% more confident recognizing signs of mental health crisis
  • 98% more confident connecting someone to resources
  • 99% more confident asking someone whether they are considering suicide
  • 94% more confident recognizing and correcting misconceptions

Thank you.

Questions?

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