

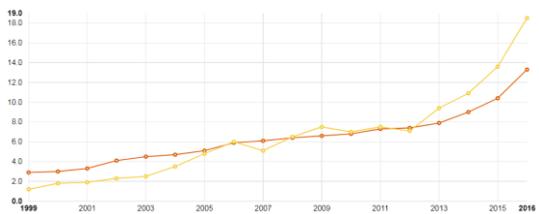
The Opioid Crisis: What is MSU Extension's Response?

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Overview

- What do we know about opioids in Michigan?
- What framework do we use to think about the issue?
- What has Michigan State University Extension done?

What do we know about opioids in Michigan?

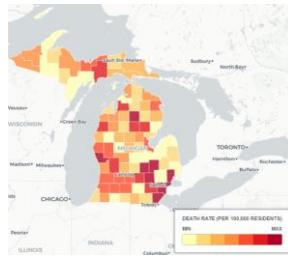


Source: Kaiser Family Foundation and National Vital Statistics System

Michigan United States

Opioid Overdose Deaths

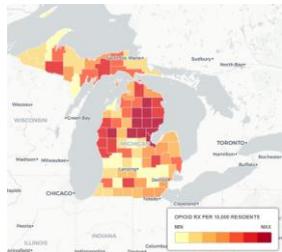
- Opioid overdose deaths increased over 17 times from 1999 to 2016.
- 115 Americans die every day. Six are in Michigan.
- 11th in nation in opioid overdose deaths.
- In 2016, more Michigan residents died from drug overdose than car accidents.



Source: Scott Levin, MLive 2017

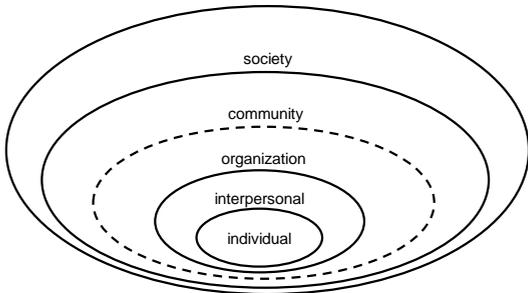
Opioid Prescriptions

- 10th in nation in per capita prescribing rates of opioid pain relievers.
- 11.4 million prescription for painkillers written in 2015.
 - about 115 opioid prescriptions per 100 people
- 2016: Enough R for every resident to have over 80 doses.



Source: Scott Levin, MLive 2017

What framework do we use?

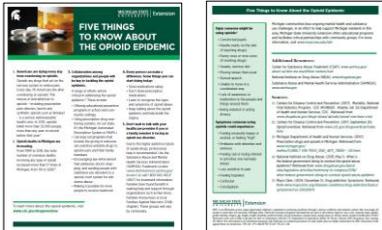


What has MSU Extension done?

- Created Community Behavioral Health group
- Goals:
 - Be responsive to mental health and substance use needs across the state.
 - Promote and build behavioral health literacy among Michigan residents.
 - Raise awareness and promote community involvement in addressing the opioid crisis.

What has MSU Extension done?

- Created factsheets to disseminate information, available online



What has MSU Extension done?

- Participation in health fairs and opioid town hall events
- Presentations about opioid misuse:
 - Signs and symptoms; US and Michigan trends; what we can do personally and in our communities





What has MSU Extension done?

- Opioid documentary film screenings with panel discussions
 - 3 screenings of *Warning: This Drug May Kill You*
 - 1 screening of *Chasing the Dragon: The Life of an Opiate Addict*
- Hosted in partnership with local coalitions
- Panelists include people in recovery, surviving family members, Families Against Narcotics members, doctors, mental health professionals, substance use professionals, prosecuting attorneys, police



What has MSU Extension done?

- Mental Health First Aid training
 - Participants learn signs of mental health/substance use crisis, how to talk with someone in crisis and refer to services, and how to break down stigma
 - New addition: Opioid Response Supplement
- Evaluations show:
 - 100% more confident recognizing signs of mental health crisis
 - 98% more confident connecting someone to resources
 - 90% more confident asking someone whether they are considering suicide
 - 94% more confident recognizing and correcting misconceptions



Thank you.

Questions?

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MSU Extension Community Behavioral Health website:
<http://www.msue.msu.edu/cbh/>

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