In partnership with The Federal Reserve Bank of Minneapolis and Rural Health Research Center

Rural Health-Economic Development Nexus Workshop

The relationship between health and economic activity is bi-directional. Communities lacking economic opportunity tend to have a greater proportion of their population struggle with mental and physical health challenges. Social factors such as living in poverty increases the risk of poor health. And yet mental and physical health challenges can and do affect community life, including economic development. For example, the opioid epidemic and other addiction problems are a growing concern nationwide, making it more difficult for those affected to be fully engaged in employment and other economic activities. Also, there are important linkages between drug abuse and other mental health issues such as depression and anxiety, which can inhibit economic productivity of households and communities. In this workshop we will explore the interrelationships between health and community economic development.

The objectives of the workshop are threefold:
1. Identify gaps in knowledge and programming regarding the interconnectedness of health and community economic development.
2. Develop partnerships in the North Central region across:
   - Those who work in health with those who work in community/economic development; and
   - Researchers and outreach specialists.
3. Encourage collaborations to target research and programming needs and form interdisciplinary grant teams.

Activities are divided into three themes/sections that explore the intersection between health and community economic development: (1) Healthcare costs and access; (2) Community-level issues in behavioral health; and (3) Food and health. Each section will begin with a presentation that will discuss findings from a recent study and/or cases of an issue relevant to the theme. Participants will then engage in facilitated discussions to identify knowledge and programming gaps, and begin to form interdisciplinary partnerships and collaborations.
April 26, 2018       RECEPTION
6:00-7:30 pm       Renaissance Minneapolis Hotel, the Depot (Rock Island Room)
                   225 Third Avenue South, Minneapolis, MN 55401

April 27, 2018       WORKSHOP
                      Federal Reserve Bank of Minneapolis, 90 Hennepin Avenue, Minneapolis, MN 55401

8:00-9:00 am     Check in and Continental Breakfast (Please arrive at least 20 minutes in
                  advance of the introduction to allow time to enter through security and
                  check-in.)

9:00-9:15       Welcome
                  • Ela Rausch and Richard Todd, Federal Reserve Bank of Minneapolis

Introduction
• Carrie Henning-Smith, Rural Health Research Center; and Mark
  Skidmore, North Central Regional Center for Rural Development;

9:15-10:45     Health Costs and Access and Economic Development
                  • Insurance Access and the Rural Labor Market, Shoshanah Inwood
                  • Guided Table Discussions (topics include but are not limited to
                    insurance, rural labor market decision, rural healthcare worker
                    shortages, telemed, broadband access, etc.)

10:45-11:00  Break

11:00-12:30  Community-level Issues in Behavioral Health and Economic Development
                  • Rural Economic Development Challenges & Opportunities in Emerging
                    Healthcare Trends, Scott Loveridge
                  • Guided Table Discussions (topics include but are not limited to
                    the opioid crisis, mental health, workforce, social connectedness/isolation
                    suicide, etc.)

12:30-1:30     Lunch (Anne Hazlett, Assistant to the Secretary for Rural Development -
                  Address)

1:30-3:00     Food, Health, and Economic Development
                  • The Role Food Plays in Physical and Mental Health, Amanda Corbett
                  • Guided Table Discussion (topics include but are not limited to
                    workforce productivity, education, food deserts/access, poverty,
                    diabetes, food sovereignty, etc.)

3:00-4:15     Breakout Session
                  • Summarize Research and Programming Gaps
                  • Organize Breakouts with Group Members Moving to Different Groups
                  • Conclude
All information compiled from the workshop will be organized and shared with participants to encourage the formation of collaborations that can address the identified gaps.