WEBINAR ANNOUNCEMENT

SUPPORTING THE MENTAL HEALTH OF FARM FAMILIES IN THE NORTH CENTRAL REGION

Presenters: Carrie Henning-Smith (University of Minnesota)
Florence Becot (National Farm Medicine Center)

May 6, 2020 – 3:00 PM (Eastern Time)

http://ncrcrd.adobeconnect.com/ncrcrd1

About the webinar:
Farmers and farm families in the North Central Region face innumerable threats to their physical and mental well-being, including changing demographics, limited access to health care, strained finances, weather variability, market prices, and geographic and social isolation. The impact of these issues is evident throughout the agricultural industry in higher rates of stress, depression, burnout, and suicide among farmers and farm families compared to the general population. In this webinar, we will highlight results from a recent project focused on models to support the mental health of farmers and farm families in the North Central Region. First, we will present an environmental scan of programs already in place to support farm family mental health and the gaps we have identified. Second, we will present the findings from a set of interviews with experts on how to best to support the mental health of farmers and their families.

Presented by:
Carrie Henning-Smith, PhD, MPH, MSW is an Assistant Professor of Health Policy and Management at the University of Minnesota School of Public Health and the Deputy Director of the University of Minnesota Rural Health Research Center. Her research focuses on health equity for rural populations, with a particular emphasis on mental health and well-being.

Florence Becot, PhD, is a rural sociologist and associate research scientist at the National Farm Medicine Center. Her research focuses on understanding how rural populations, including farm households, meet their social needs with a focus on health, quality of life, and economic opportunities. Recent work includes farm households’ access to health insurance and health care and models to support the mental health needs of farm families.

**************************************************************************

Registration: There is no registration and no fee for attending this webinar.

To join the webinar go to http://ncrcrd.adobeconnect.com/ncrcrd1, “enter as a guest” is by default already chosen. Type your name into the text box provided and click on “Enter Room”. You are now in the meeting room for the webinar.

To facilitate Q&A’s, participants submit questions/comments via the Chat Function in Adobe Connect.

The webinar will be recorded and archived at https://www.canr.msu.edu/ncrcrd/webinars/chronological_archive/

To receive these announcements directly, or to correct errors in our distribution list, please email kwitt@msu.edu.