



# ANNUAL REPORT

## MSU Extension Oceana County

Food • Ag • Youth • Health • Environment • Community

Since 1917, the Michigan State University (MSU) Extension has helped residents in Oceana County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**3,575**

Program Participants

In programs lead by Oceana County staff on-line or statewide.

**873**

Oceana County Adults

Participated in programs offered by MSU Extension

**147**

Programs Attended

By Oceana County residents either in county, outside of Oceana County, or on-line.

**6,250**

Office Contacts

Handled by the MSU Extension office

**295**

Oceana County Youth

Participated in programs offered by MSU Extension

**25,375**

Facebook Page Visits

**121**

Products sold through the Oceana County Office

**124**

Program Participants at Asparagus Day

**2,057**

Downloads of the "Vegetable Beet" Podcast and webinar.

## OCEANA COUNTY STAFF

**2**

Educators

**1**

Program Instructors

**2**

Clerical Support

**20**

Partnerships and coalitions

# OCEANA COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Loan prep for beginning farmers.
- Soy-bean research meeting'
- Produce Safety Alliance Grower Training
- Pest and Crop Management Update
- Milker Training
- Field Crops Webinar
- Farm Stress
- Asparagus Day
- Beekeepers Annual Conference
- Crop Scout School
- Pesticide Application Training
- Weekly Hop Chat

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- Intro to Lakes
- Not MI Species
- Sustainable Farming
- Steelhead Fishery Workshop
- Lake MI Regional Fisheries Workshop
- Let's Learn About Invasives
- Lawn and Garden Hotline

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Homebuyers Education
- Can you explain your Tax Bill?
- Local Government Codes of Conduct
- Opening Doors to Attainable Housing

## Community (cont.)

- Redistricting and Communities of Interest
- Product Center Consultations
- Making it in Michigan
- Regional Meetings for ARPA
- Migrant Labor Housing
- Sign Regulation Guidebook Training
- Budget for Fiscal Sustainability

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Maintaining Health during challenging times
- Winter Food Preservation
- Oceana Opioid Task Force presentation
- Michigan Cottage Food Law
- Investigating Food with Science
- Preserving Food as a Family
- Tai Chi for Arthritis
- Diabetes Prevention
- ServeSafe training
- Safe Food + Healthy Kids

## Family

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Oceana Fair Activities
- Relax: Alternatives to Anger
- Changing Negative Self Talk
- 4-H Clovers Running Club
- Mindfully Feeding Infants & Toddlers
- Promoting Social Emotional Health in Young Children
- Intro to Orienteering
- Project Fish
- The Resilience Toolbox

## 4-H Oceana County

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

**32**  
Clubs

**292**  
Members

**65**  
Volunteers

**5,100**  
Volunteer Hours