

MECOSTA COUNTY 4-H BEEF PROJECT AREA

NOTEBOOK GUIDELINES

BEEF EDUCATIONAL NOTEBOOK # 3

Items A, B, C, D and E are required for notebooks 2- 4

- A. Decorative Cover
- B. Title Page
- C. Table of Contents and Notebook Guidelines
- D. Your 4-H story (Tell about your beef project- where you obtained, your goals etc.)
- E. Place the year that you complete each page in the lower right corner of each page.

Level Three (3) Beef notebook options:

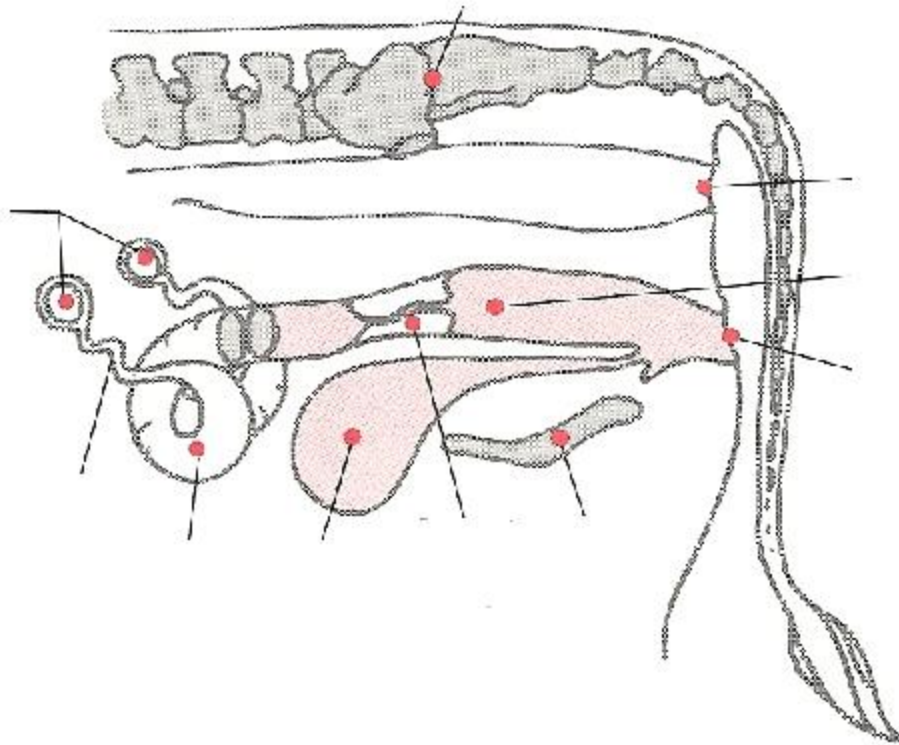
- Options #1 -Fifth year complete 6 of the following items.
-Sixth year complete the remaining 6 items.

Option #2 - Fifth year complete all 12 items.

Year
Completed

- _____ 1. Describe and tell the important characteristics of (2) breeds that are raised not only for beef but other purposes. Total of (8) breeds in notebook.
- _____ 2. Identify and label the parts of the reproductive system. Diagrams on page 2.
- _____ 3. Define the following terms; ovary, cervix, uterus, oviduct, scrotum, testicles, epididymis and sheath.
- _____ 4. List (4) calving supplies you should have available and why you would use them.
- _____ 5. List (3) possible calf loss reasons and how to avoid them.
- _____ 6. Describe (2) techniques for castrating and dehorning a calf and the benefits of each.
- _____ 7. Describe the desirable characteristics of the beef/dairy feeders loin, shoulders and legs.
- _____ 8. Explain the difference between beef and veal and include (2) recipes containing either one.
- _____ 9. List (6) beef by-products and their uses.
- _____ 10. List what techniques are used to deworm your calf/steer.
- _____ 11. Continue your beef/dairy feeder records for breeding, feeding, and expenses. Include in notebook
- _____ 12. Include pictures of you and your animal and any ribbons/awards you may have won at fairs/shows.

Reproductive Systems



Cow Reproductive Parts

- | | |
|-------------------|------------|
| 1. Oviduct | 7. Rectum |
| 2. Ovary (2) | 8. Bladder |
| 3. Uterus | 9. Cervix |
| 4. Vagina | 10. Vulva |
| 5. Pelvic Bone | |
| 6. Broad Ligament | |

Bull Reproductive Parts

1. Testicle
2. Epididymis
3. Sheath
4. Scrotum
5. Penis
6. Sigmoid Flexure
7. Retractor Penis Muscle

