



MONROE COUNTY NETWORK

4-H Family News

February 2017

Scholarships NOW AVAILABLE!

Attention High School Seniors OR students enrolled in post-HS classes!!

Applications and eligibility requirements are now available on the

Monroe County MSU Extension website by following this link:

http://msue.anr.msu.edu/county/monroe/monroe_county_4_h_1_1

Hard copies are also available. All forms will be due by 5pm on Friday, April 21, 2017. Interviews will be held on Monday, April 24, 2017. Sign-up for timeslots will be made available after March 15. Please direct any questions to Sara at 734-240-3174 or seitzsa1@anr.msu.edu.

Please WELCOME Kari!

Kari Tyree is a new face and voice who many of you may encounter when stopping by or calling the office. As our newest support staff member, we look forward to working with her and hope that you all will take a moment to introduce yourselves as she learns about 4-H.

Contact Us

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4-H Program Coordinator

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Main 734-240-3170

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Find us on Facebook at:

Monroe County, MI 4-H



Want to be reminded about upcoming meetings and events? Join our group by:

TEXT MESSAGE

STEP 1 Text this code:
@monroe4h to 81010.

STEP 2 Reply to the message from the Remind team with your first & last name.

MOBILE APP

STEP 1 Download the Remind app on your Android or iPhone.

STEP 2 Create a student or parent account with your e-mail address.

STEP 3 Search for our group by entering code **@monroe4h**.

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FEBRUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 State Awards Applications Due Scholarship Applications Available	2 1-4pm Faithful Friends AC 7pm SAA By-Laws Committee ELC	3 Last Day to register for Wacky Wallenge	4
5 4pm H&P Hippology Contest Workshop AC	6 6pm YLB AC 6pm Council Workbee AC 7pm Council AC 7pm FAB w/ Fair Board @ Fair Office	7 7pm Lazy Angels AC 7pm Terra Quest ELC	8 6pm REAACT AC	9	10	11 11am-1pm Wacky Wallenge AC
12 2pm Purrfect Paws AC	13 7pm H&P ELC	14	15 6pm Cat Board AC 6pm 4-H Grows #TrueLeaders Workshop ELC	16 6:30pm iClover Robotics AC	17	18 REAACT Communications Day AC
19	20 Presidents' Day Office Closed	21 7pm Caprine Council AC	22 7pm TA AC	23	24 Last day to register for Exploring Expo	25 2-5pm Sew Creative AC
26	27 7pm New Horizons ELC	28 6pm CSI AC 7pm Dog Board @ Ida Methodist Church				

AC=4-H Activity Center

ELC=Extension Office



MARCH 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6pm SAA By-Law Committee AC 7pm Poultry Workshop AC	2 1-4pm Faithful Friends AC 7pm BOA AC	3 <i>Last day to register for Mini Expo</i>	4 Hoof Trimming by appointment Fairgrounds Turkeys must be in possession 9am Exploring Expo AC
5 4pm H&P Hippology Workshop Contest	6 6pm YLB ELC 7pm Council ELC	7 7pm Lazy Angels AC 7pm Terra Quest ELC	8 6pm REAACT AC	9 6:30pm Raisinville Wranglers AC	10	11 9am Mini Expo AC
12 2-4pm Purrfect Paws AC	13 7pm H&P ELC	14 7pm Custer District ELC 7pm Slow Spokes Orientation AC	15 7pm JLA ELC	16 6:30pm iClover Robotics AC 7pm Fair Advisory Board ELC	17 <i>Last day to register for Spring Overnight Dog Camp</i>	18 Spring Garage Sale AC/Fairgrounds
19	20 7pm H&P Royalty AC	21 7pm Caprine Council AC	22 6pm Cat Board AC	23	24 Spring Dog Overnight Clinic AC	25 Spring Dog Overnight Clinic AC
26 Spring Dog Overnight Clinic AC	27 7pm SAA ELC	28 6pm CSI AC 7pm Dog Board @ Ida Methodist Church	29 7pm Teen Ambassadors AC	30	31	

AC=4-H Activity Center

ELC=Extension Office



#LoveMySelfie Campaign



Instead of declaring love for your Valentine this February 14, declare love for yourself! This Valentine's Day, 4-H invites you to share your own #LoveMySelfie on social media. Grab your camera and strike a pose to highlight your self-worth, self-love and self-esteem with all of your friends and invite them to participate.

1. Post a selfie to your social media channels using the hashtag #LoveMySelfie between now and February 28, 2017.
2. Don't forget to add a sentence or two about what you love about yourself and the unique character traits that make you YOU.
3. Share with your friends and invite them to participate! We want to see lots of self-love out there this Valentine's Day!

2017 Mini Expo

As many have been looking forward to, we finally have the flyer and registration information for the 2017 Mini Expo! Thankyou Therese Ouellette , chairperson, for working hard to coordinate sessions for another successful event! Refer to the following 2 pages for details. We hope to see many of you there. As a reminder, this program is only for members 9 years and up.



MICHIGAN STATE
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Schedule

9:00-9:30.....Registration

9:30-11:00.....Session I

11:00-12:30.....Session II

12:30-1:00.....Lunch

1:15-3:00.....Session III

2017 Mini Expo

Saturday, March 11

4-H Activity Center-Fairgrounds

For youth ages 9 and up

Registration Deadline – Friday, March 3, 2017

\$6 Participation Fee per child will be collected at the event registration

(make checks payable to Monroe County 4-H Council)

Most supplies provided by 4-H Council

To register, contact:

Extension Office at 734-240-3170

or

msue58@msu.edu

***Be prepared to select a first and second choice class from each session
and a lunch selection (hot dog or mac 'n cheese)***

We would like to extend our appreciation to the Monroe County 4-H Council for their financial support of this program. Also, special recognition goes out to all instructors and helpers for donating their time and effort to provide these classes.

Session 1 (select 1st and 2nd choice)**A. Elastic Loom Art**

instructor: Jaren Schmidt

Using a loom, you will learn different pattern techniques, color selection and how to expand a basic idea to make it your own. (ages 9 to 11)

B. Duct Tape

instructor: Ethan Harbaugh

Create a fun and unique project out of duct tape.

C. Healthy Foods

instructor: Rachel Ouellette

Make homemade granola bars by altering recipe to add a variety of healthy ingredients. Peanut free

D. Small Animal Showmanship

instructors: Claudia Paddy & Sarah Ouellette

Get prepared to bring your animal handling skills into the show ring. Learn the proper ways to demonstrate and communicate in front of judges.

E. Lunch Bag Album

instructors: Wendy and Sarah Henes

Create an album that can be entered in paper category, or add photos and enter in photo portfolio.

F. String Art

instructors: Debbie and Kerrie Kraftchick

Learn the old fashioned method of String Art using a wood base covered in fabric and small-headed nails to string cotton thread in pattern to form a project for wall hanging category. (bring small hammer)

G. Candy Making

instructor: Julie and Sophia Weinman

Have a sweet tooth? This is the project for you! Learn skills to prepare for a decadent creation for Fair.

H. Deco Mesh Wreath

instructor: Angie and Alivia Funchion

Turn an ordinary roll of mesh “ribbon” into a beautiful wreath which you will embellish to suit your individual style for a particular season or holiday.

I. Counted Cross-Stitch

instructor: Robin Johnson

Learn the basics to this needlepoint technique to practice stitches, follow patterns and start a project.

Session 2 (select 1st and 2nd choice)**J. Seed Art**

instructors: Rachel and Sarah Ouellette

Create a beautiful picture by gluing various seeds on paper.

K. Glass Etching

instructor: Lesli Adams

Using a variety of patterns, you will apply a design to a selected glass item, coat with etching cream and rinse to complete a beautiful project.

L. Team Building

instructor: Janelle Stewart

Gain self-confidence when put into a group of strangers. Communicate with ease and comfort.

M. Christmas Ornament

instructors: Debbie and Kerrie Kraftchick

Make a beautiful glass Christmas ornament with just a few simple supplies... paint, ribbon & embellishments. Then store your new project in a beautiful keepsake box made with decorative paper.

N. Deco Mesh Wreath

instructors: Angie and Alivia Funchion

Turn an ordinary roll of mesh “ribbon” into a beautiful wreath which you will embellish to suit your individual style for a particular season or holiday.

O. Yard Art

instructors: Sharon and Gabby Flowers

Make a Glass Garden Flower by painting glass plates, baking them, then adding waterproof silicone. (please bring paintbrushes if you have them)

P. Woodburning

instructor: Maureen Spotts

Select from a variety of patterns to make a unique creation by “burning” your design onto wood. Bring a woodburning tool, if you have one. Ages 10 and up.

Q. Wall Decorations

instructors: Janis Seitz and Sara Lewis

Using a variety of buttons and beads, create a beautiful, textured design to frame and hang on a wall.

Session 3 (select 1st and 2nd choice)**R. Communications**

instructor: Paige Sweet

Learn or brush up on a variety of communications skills, including extemporaneous and public speaking.

S. Jewelry

instructor: Joyce Lewis

Create a beautiful beaded bracelet by stringing beads in a unique pattern.

T. Tin Punch

instructors: Becki and Karissa Lomas

Make a project by learning to punch even and consistent size holes into metal using an awl or nails. Please bring an awl or nail. And, a small hammer, if you have one.

U. Recycled Art

instructor: Katrina Lomas

Let’s recycle and be stylish! Bring an old sweater and learn how to recycle into a cool beanie with matching leg warmers. (Ribbed sweater will work best) Then you will be turning a picture frame into a desk organizer. Please bring an old sweater. If you have a glue gun and sewing scissors, please bring, as well.

V. Electrical

instructor: Norm Grey

Learn the basics of electricity and create a completed electrical cord project.

W. Canning

instructors: Roni Worden, Lilly Anderson, and Cheryl Geer

Learn the basics of canning. You will be working in the kitchen to make a jam or jelly recipe, then performing the canning process.

X. Altered Book Art

instructors: Cheryl Hatzung

Using many folding or cutting techniques you will turn a used book into a piece of art.

Y. Wall Decorations

instructors: Janis Seitz and Sara Lewis

Repurpose puzzle pieces to design a creative wall hanging piece. The possibilities for pattern are endless. Please bring a 500 piece puzzle (may be used).

4-H Grows #TrueLeaders

Are you a parent who may be interested in starting a new 4-H club? Are you a current leader who may be struggling to grow? Maybe you are overwhelmed with the expectations and need to get fresh ideas to inspire your members!

Please join us in a workshop to introduce ideas, inspiration, and innovation to your club! We will discuss and engage in hands-on activities ways to create a club, get the most out of youth and adults, and fun activities to make 4-H more than Fair!



Date: Tuesday, February 15, 2017

Time: 6:00pm

Location: Monroe County MSU Extension Office (963 S. Raisinville Road, Monroe, MI 48161)

Hosted By: Monroe County 4-H Expansion & Review Committee, MSU Extension Capacity Building Workteam

Why Should I Attend?: Dinner provided!! Those who attend will be entered to win a variety of prizes.

Register to Sara by Friday, February 10th at 734-240-3174.

Cost: FREE!!

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Monroe County Network

Beef Cattle Sales

Michigan State University has provided us with a list of Cattle Sales for those members who are in the hunt for a steer for the 2017 fair.

<http://micattlemen.org/CMDocs/MichiganCA/Fall%20Cattle%20Sales%20List%202016.pdf>

If you do not have access to the internet, please call the Extension Office and we will print a copy for you.

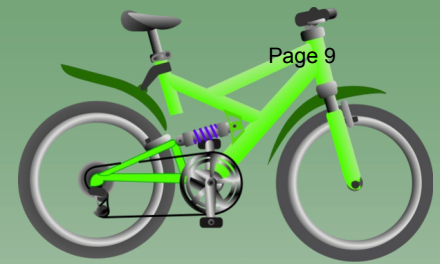
Cattle must be in the member's possession by January 7, 2017 in order to show at the 2017 fair.

ATTENTION: ALL 4-H CLUBS.

Teen Ambassadors is looking to put together a quilt representing individual clubs along with specialty clubs. We are looking for a t-shirt with your logo or diagram depicting your club (10x10 squares). The shirts do not need to be in new condition. We are asking that the shirts reach us by **February 15, 2017**. You can drop them off at the Extension Office or contact Patsy Hancz @ 734-915-9202.

Netherland Dwarf Rabbit: FREE to a good home!

A community member has reached out to the 4-H Program to find a good home for her Netherland Dwarf rabbit. This female rabbit is litter box trained. Pen, bowls, toys, litter, and food would be provided. If you are interested, please contact Wendi at 734-693-0838.



Ride with Slow Spokes!

Have you heard about the group of 4-Hers who ride their bikes to East Lansing each summer? At 44 years strong, Monroe County 4-H members and chaperones have endured the 100+ mile trek to Michigan State University. The trip is made over three days, with overnight stops in Manchester and Leslie. Some parents ride, others drive vehicles to haul equipment and pick up tired bikers and disabled bicycles.

If you would like to be a part of, or find out more about the trip, please attend the 2017 Slow Spokes Planning Meeting to be held at the 4-H Activity Center on March 14. Scott Wiesler, group coordinator, will begin the meeting at 7:00 p.m. Registration materials, rules and expectations will be addressed at this meeting. Questions will be answered and committees will be formed for the planning process of this year's event. Be thinking if this is something you're interested in as it would be a great leadership opportunity for our youth members. Everyone is welcome to attend. This is a fun activity, which will give you the opportunity to make many new friends. The practice rides, the trip, and Exploration Days all combine for a great experience.

Agricultural Awareness Day Helpers NEEDED!

Planning is in full swing for the 2017 Ag Awareness Day, hosted by Monroe County Farm Bureau, Monroe County MSU Extension, and Monroe County Fair Association. The event will be held Friday, May 5 on the Monroe County Fairgrounds. First through Fourth grade classrooms from across the county are invited to attend as it presents a resourceful means to educate youth about agriculture and 4-H.

We are in search of volunteers, both teens and adults who would be willing to teach, work as guides, scoop ice cream, or help with the set-up and clean-up. If you would like to be a part of this event, please call the 4-H Office at 734-240-3170.

Interested in governance and how you can make an impact in Michigan?



Join Michigan teens speaking out on the hot topics that matter to them in education, agriculture, health, crime, jobs, equality and the environment at...
MICHIGAN 4-H CAPITOL EXPERIENCE

Michigan 4-H Capitol Experience March 19–22, 2017

4-H Capitol Experience is a four-day conference held in Lansing that focuses on civic engagement and public policy. The program is open to ALL high school students in Michigan. Each year, 75 to 100 students take action on issues that matter to them and learn how they can have an influence on state government and laws.

After choosing a current issue area (options below), participants interact with legislators, tour Michigan's Capitol, meet with state agency staff, lobbyists and other state-level experts, discover how policy is made, and explore various careers in public policy. Recreation is included in the schedule. At the end of the conference, the teens leave with an understanding of the impact that their voice can have on policy and their communities — now and in the future.

Choose Your Issue Area

Participants will choose an issue area to learn more about and will work with other teens to draft a bill related to their issue that will go through a legislative simulation. Issue group choices include:

- Animal Agriculture
- Civil Rights
- Community Health
- Education
- Environmental Quality
- Human Services
- Jobs & the Economy
- Law Enforcement
- Military & Veterans
- Natural Resources
- Plant Agriculture
- Technology

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Location, Registration & Cost

The Okemos Conference Center provides lodging for the program and also serves as the program headquarters. Tours and agency visits take place at the State Capitol, Michigan Supreme Court, and surrounding areas.

\$350 4-H and Michigan Farm Bureau members
\$360 Non members

(Scholarships are available)

The registration fee includes all meals, lodging and material fees.

Registration deadline: February 10, 2017
Register at events.anr.msu.edu

For more information visit
4h.msue.msu.edu/events/4-h_capitol_experience



2017 4-H and Youth Safe Tractor and Machinery Operation Program

By: Ned Birkey, Ag Advisory Council

birkey@msu.edu



The National Safe Tractor and Machinery Operation Program was developed and designed for 14 and 15 year-olds seeking employment in production agriculture. This project is funded by the USDA, National Institute of Food and Agriculture and administered by Pennsylvania State University.

The Monroe County Extension 4-H and Youth Program is offering this program so youth in Monroe, Lenawee, Washtenaw and Wayne counties can be eligible to work on property not owned, leased or operated by their parent or legal guardian. This course is also sponsored by the Agriculture Advisory Council for Monroe County and Southeast Michigan.

This ten week course will be offered on Thursdays starting March 9 and will finish on Saturday, May 6. The cost to participate is \$30 per youth, which includes a comprehensive manual and certificate for those who successfully pass a final written exam, pre-driving skills test and the driving test. Thursday classes will run from 6:30 to 9:00pm and will be held at the Monroe County Farm Bureau office meeting room, 8300 Ida West Road, Ida. Some classes will be held at local machinery dealers and the skills and driving practice and tests will be held at the Monroe County fairgrounds.

Youth aged 13 through 19 are eligible to sign up for the program. Youth must be 14 by the day of the driving test (May 6) to receive the certificate. Youth 16 to 19 do not need a certification but are welcome to participate in the program. Sign up is through the Monroe County 4-H Office, 963 South Raisinville Road, Monroe, MI 48161. Registration with payment must be received by the 4-H office by **Friday, February 24, 2017.**

The Community Lead Instructor will be Ned Birkey. Bob Ferencz, a retired Engineer from Ford Motor Company is also a certified Instructor. Any 4-H Parent who wishes to assist with the class can inquire at the Extension office. Additional course instruction will be provided by personnel of several participating local agricultural machinery dealers.

The curriculum includes 24 hours of intensive instruction covering 48 core tasks. Students who have completed the instruction and pass the written exam, skills and driving tests will receive a certificate that allows them to work for hire in agriculture as 14 and 15 year-olds.

Wacky Wallenge!

Teams of four compete against each other in fun and wacky competitions

(You can sign up as a team. If you don't have enough members, sign up individually to be assigned to a team.)

Sponsored by Youth Leadership Board



Date: Saturday, February 11th

Time: 11:00 am – 1:00 pm

Location: 4-H Activity Center

4-H Ages: 7 to 19



Cost: \$1.00 per Person (checks made payable to Youth Leadership Board)

Awards will be given to the best teams

Teams are encouraged to wear matching colors

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Wacky Wallenge

Registration Form

Return this form with your payment to the 4-H Office by Friday, February 3, 2017.

Name(s):

Age:

Phone:

REACT Communications Day



When: Saturday, February 18th-Registration and Check in begins at 8:30am

Please bring a canned food item to donate for a Community Service Project.

Where: Activity Center

Open to Explorers and 4-Hers. Categories will be split into 3 age divisions: 7-8 (Explorer), 9-13(Junior), and 14-19(Senior).

Categories:

Demonstrations Drawing Educational Display

Extemporaneous

Public Speaking Interviews Healthy Cooking Painting

Photography Recycled Art

All projects must have an environmental theme. Refreshments will be provided while projects are being judged.

For more information contact Sharon Flowers (734) 777-2936

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Youth Leadership Overnight

4-H Youth Leadership Board hosted their first Youth Leadership Overnight on Friday, January 13th through the 14th. This first-time event was successful. There were thirty-three 4-Hers who spent the night and learned new leadership skills. Every mini session was hosted by members of the Youth Leadership Board. They worked to develop leadership skills such as confidence, preparedness, organization, responsibility, communication, teamwork, trust, and clear thinking. Many kids made new friends as they played the games. The games included spelling out the word 4-H on the floor using their bodies. Games were played late into the night followed a movie. The night was also very educational where many questions were asked by various 4-Hers. We hope you can join us next year!

Paige Sweet
Youth Leadership Board Reporter



2017 4-H Exploring Expo

Saturday, March 4, 2017

9am - 12:30pm

4-H Activity Center



Learning new things – Creating Projects – Making new Friends

All explorers ages 7 – 8 are invited to join us as we learn all about 4-H and what it means, create 3 projects to take to Spring Achievement/Fair, and make some new friends, all while having lots of FUN!

To reserve your spot for the Exploring Expo, please fill out the registration form and include your payment **\$5 per child** (checks made payable to Youth Leadership Board) and return it to the office by February 20, 2017.

For more information please call the extension office at 734- 240- 3170

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2017 Exploring Expo



Member Registration

Member's name: _____

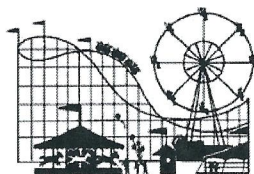
Parent's name(s): _____

Cell Phone for Emergency: _____

4-H age: _____

4-H Club: _____

ALLERGIES or Special needs: _____



2017 4-H Days at Cedar Point

Friday, June 30
and
Saturday, July 22

~ Attention all 4-H Members, Advisors, Parents, and Friends ~

Visit Cedar Point and Support Erie County 4-H!

4-H Rate Ticket Prices:

Single Day 4-H Rate: \$42.00
(Includes admission to Dinosaurs Alive Exhibit)

Regular gate price: \$67.00 plus tax

Tickets are available at the 4-H window from 9:30 a.m. until 2 p.m. both days. Please have a representative purchase tickets for a club or group. Cash or credit accepted.

Drink wristband can be purchased at the window for \$9.00 per person. Wristband good for unlimited Coca-Cola 20 oz. foundation drinks at participating fountain pouring beverage stations throughout the park.

Representatives should have a membership card or something representing 4-H membership. Individual tickets may also be purchased.

~ Proceeds benefit the Erie County 4-H Committee ~



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erie.osu.edu

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Upcoming Horse & Pony State Events

4-H/MQHA Clinic Weekend, February 3-4

MSU Pavilion, East Lansing, MI

Friday: Horse Judging Workshop 6:30-9pm

Saturday: Practice horse judging contest in morning followed by clinics in the classrooms and arena all day. MQHA tack sale 10am-4pm. 4-H'ers may register to ride in clinics, space is limited.

Full event details & registration forms: http://www.ans.msu.edu/extension/horse_youth_programs

Purchase DISCOUNTED auditor tickets ahead of time at: https://commerce.cashnet.com/msu_3645

Register for judging workshop at: https://commerce.cashnet.com/msu_3645

Teen & Adult 4-H Horse Leaders' Conference, February 25

MSU's campus, East Lansing, MI

Registration for this event is limited!

4-H members age 12-19 AND adult volunteers are welcomed. Topics include horse judging, equine first aid, dissection, veterinary care, equine nutrition, and information to assist leaders in youth development, leadership skills for youth, and much more. Interactive classroom sessions in Anthony Hall will be followed by hands-on activities at the MSU Horse Teaching & Research Center.

Full event details & registration forms: http://www.ans.msu.edu/extension/horse_youth_programs

REGISTER HERE: <http://events.anr.msu.edu/4HHorseLeaders/>

4-H & FFA State Horse Judging Contest, Sunday March 26th

MSU Pavilion, East Lansing, MI

Full class list, rules, registration and event details available at: http://www.ans.msu.edu/extension/horse_youth_programs

Norma Agnew Memorial 4-H Hairy Horse Show/Clinic, April 8

MSU Pavilion, East Lansing, MI

Space will be limited for this event, only 100 stalls available. Judges will wear microphones and share critiques with exhibitors to help improve their performance. Audience members (free) can hear feedback as well!

4-H Workshops

February 17-18: 4-H Veterinary Science Teen & Adult Leaders Workshop

<https://events.anr.msu.edu/event.cfm?eventID=E6B7FF2B7A78D0A4>

Kettunen Center, Tustin

February 18-19: 4-H Beef, Sheep & Swine Teen & Adult Leaders Workshop

<https://events.anr.msu.edu/event.cfm?eventID=E6B7FF2B7A78D0A4>

Kettunen Center, Tustin

February 22: Michigan 4-H Embryology Staff, Teacher and Volunteer Training

<https://events.anr.msu.edu/event.cfm?eventID=B4D2D654CB6AAA94>

MSU Federal Credit Union, East Lansing

February 25: Teen & Adult 4-H Horse Leaders' Conference

http://www.ans.msu.edu/extension/horse_youth_programs

Anthony Hall, MSU, East Lansing

March 4: Spring Galaxy 4-H Horse Program Committee

Contact Taylor Fabus (tenlenta@msu.edu)

Anthony Hall, MSU, East Lansing

March 17-19: Michigan 4-H Dairy Conference

Contact Melissa Elischer (elischa@msu.edu)

Kettunen Center, Tustin

Other 4-H Events

February 3-4: 4-H/MQHA Clinic Weekend

http://www.ans.msu.edu/extension/horse_youth_programs

MSU Pavilion, Lansing

February 17-20: National Youth Summit on Healthy Living

<http://4hcenter.org/tours-programs/national-youth-summit-series/#!/healthy-living>

National 4-H Conference Center, Chevy Chase, Maryland

February 18: Michigan 4-H Night With the Griffins

Contact Tarin Minkel (minkeltj@anr.msu.edu)

Van Andel Arena, Grand Rapids

March 19-22: 4-H Capitol Experience

http://msue.anr.msu.edu/events/4_h_capitol_experience_3

Okemos Conference Center, Okemos

March 26: Michigan 4-H & FFA Horse Judging Contest

http://msue.anr.msu.edu/events/michigan_4_h_ffa_horse_judging_contest

MSU Pavilion, Lansing

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>

STATEWIDE NEWS AREA

Will You Put the “U” in the Challenge U 4-H FunFest?

The 2017 Challenge U 4-H FunFest is another special workshop for younger (aged 9 to 13) Michigan 4-H'ers. At this event, participants will:

- Spend two action-packed days – in sessions they choose, led by experts – learning the secrets of healthy living and food science. The hands-on sessions from which to choose will include:
 - What to eat and when to increase energy
 - Becoming a junior chef
 - Relaxation tips and tricks
 - Indoor and outdoor cooking
 - Healthy money habits
 - Food preservation
 - Dancing and more.



Through such 4-H projects, young people both enjoy hands-on activities and develop life skills (<http://bit.ly/IPVDmlX>). For example, by allowing 4-H'ers to choose the sessions in which they want to participate, they learn decision-making skills and independence. At the 2017 Challenge U 4-H FunFest, youth will also learn communication, cooperation and teamwork. All in all, participants learn to make “the best (themselves) better.”

- Enjoy some fun in the great outdoors
- Have an overnight workshop experience
- Meet other 4-H'ers from around the state



Who

Youth 9 to 13 years old as of January 1, 2017 and chaperones

When

March 11 to 12, 2017 (begins 9:30 to 10:30 Saturday morning and ends at 11:30 Sunday morning, before lunch)

Where

Kettunen Center (<http://www.kettunencenter.org>) in Tustin



How

The Challenge U 4-H FunFest **schedule and registration** is available on the web (<http://bit.ly/2joxVks>). The registration fee (\$70 for 4-H members and volunteers or \$119 for non4-H members and volunteers) includes overnight housing, meals and all session supplies.

If you need more details than are available on the registration site given above, you can obtain **additional information** from:

- Sara Lewis, 4-H Program Coordinator OR Michelle Neff (by email at hydemich@msu.edu or by telephone at 989-539-7805)