



MONROE COUNTY

4-H Family News

JANUARY 2018

Spring Achievement Planning

With the development of this large event underway, planning will require all hands on deck. We ask that a minimum of 2 representatives from each district serve on the planning committee. Additionally anyone who is interested in participating in the planning of this event is welcome! **The planning committee will have it's first meeting on January 23rd at 7pm in the Extension Office. See you there!**

Save the date:

Spring Achievement

April 28th, 2018



Contact Us

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Find us on Facebook at:
Monroe County, MI 4-H

Want to be reminded about upcoming meetings and events? Join our group by:

TEXT MESSAGE

STEP 1 Text this code: @monroe4h to 81010.
STEP 2 Reply to the message from the Remind team with your first & last name.

MOBILE APP

STEP 1 Download the Remind app on your Android or iPhone.
STEP 2 Create a student or parent account with your e-mail address.
STEP 3 Search for our group by entering code @monroe4h.

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JANUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NEW YEARS DAY EXTENSION OF-FICE CLOSED	2 EXTENSION OF-FICE CLOSED 7PM TERRA QUEST	3	4 2PM FAITHFUL FRIENDS @ AC	5	6 8AM COUNCIL WORKBEE 10AM BEEF TAGGING @ FAIRGROUNDS
7 12:30 HIPPOLOGY WORKSHOP @ AC	8 6PM YLB @ ELC 7PM COUNCIL @ ELC 7PM HORSE & PONY @ AC	9 7PM CUSTER MEETING @ ELC	10 6PM OFFICER TRAINING @ AC	11 6:30 PM RAISINVILLE WRANGLERS @ AC	12	13
14 10 AM HORSE & PONY TACK SALE @ MBT EXPO 2PM PURRFECT PAWS @ AC 5PM F.A.B. DINNER	15 MLK DAY OFFICE CLOSED	16 7PM CAPRINE COUNCIL @ ELC	17 7PM SHOOTING SPORTS @ AC 7PM JLA @ ELC	18	19	20 4-H DAY @ BRESLIN CENTER
21	22 7PM SAA @ ELC	23 6PM CSI @ AC 7PM DOG BOARD @ IDA METHODIST CHURCH 7PM SPRING ACHIEVEMENT PLANNING @ ELC	24 7PM TEEN AMBASSADORS @ ELC	25 7PM FAIR ADVISORY BOARD @ ELC	26	27
28	29	30 6PM BABYSITTING 101 SPIN CLUB @ ELC	31 7PM WHISPERING SPIRITS @ AC	1 2PM FAITHFUL FRIENDS @ AC	2	3

AC = Activity Center ELC= Extension Office

FEBRUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 STATE AWARD APPS DUE 2PM FAITHFUL FRIENDS @ AC	2	3 8AM COUNCIL WORKBEE @ AC
4 4PM HIPPOLO- GY PRACTICE @ AC	5 6PM YLB @ ELC 7PM 4-H COUN- CIL @ ELC	6 6PM BABYSIT- TING 101 SPIN CLUB @ ELC 7PM TERRA QUEST @ ELC	7	8	9	10
11	12 7PM HORSE & PONY BOARD @AC	13 6PM BABYSIT- TING 101 SPIN CLUB @ ELC	14	15 5:30 PM EX- PANSION & REVIEW COM- MITTEE @ ELC	16	17
18 4pm HIPPOLO- GY PRACTICE @ AC	19 6PM CAT BOARD @ AC	20 6PM BABYSIT- TING 101 SPIN CLUB @ELC 7PM CAPRINE COUNCIL @ AC	21	22	23	24
25 2PM PURRFECT PAWS @ AC	26 7PM NEW HO- RIZONS @ ELC	27 6PM BABYSITTING 101 SPIN CLUB @ ELC 7PM DOG BOARD @IDA METHODIST	28 7PM TEEN AMBASSA- DORS	1 2PM FAITHFUL FRIENDS @ AC 7PM BQA @ AC	2	3 9AM EXPLOR- ING EXPO HOOF TRIM- MING BY APPT TURKEYS MUST BE IN POSSES- SION

AC = Activity Center ELC= Extension Office



State Awards



Completed award forms are due on February 1, 2018.

Monroe County 4-H members who will be 13 as of January 1, 2018 and have not reached their 20th birthday before January 1, 2018 are eligible to apply.

Members who are 11 and 12 may compete for State Recognition in the Mark of Excellence Essay Contest. Two 4-H members will be chosen from Monroe County for this award. The criteria for this will also be discussed at the December meeting.

Scholarships for Exploration Days will be given to all Regional State Award winners .

You may also want to partake in the additional webinar trainings offered :

4-H State Award Teen Training **RECORDING** https://mediaspace.msu.edu/media/t/1_n5pkdcz2

4-H State Award Teen Training- Thursday, January 4th at 6:00 pm Join from PC, Mac, iOS or Android: <https://msu.zoom.us/j/847861226> Or join by phone:

+1 646 876 9923 or +1 669 900 6833 US Toll Meeting ID: 847 861 226

Resumes Made Easy! Webinar Training (see next page)

Please direct any questions to Sara at seitzsa1@msu.edu or 734-240-3174. Applications are available at the extension office or online at the following link: [http://msue.anr.msu.edu/](http://msue.anr.msu.edu/pro-gram/4_h_scholarships_and_recognition_program/4_h_awards_and_recognition_program)

[pro-gram/4 h scholarships and recognition program/4 h awards and recognition program](http://msue.anr.msu.edu/pro-gram/4_h_scholarships_and_recognition_program/4_h_awards_and_recognition_program)

SAVE THE DATE

Exploring Expo- March 3rd, 2018

(ages 5-8)

Mini Expo – March 10th, 2018

(ages 9-19)

More info to come soon!

MITTEN TREE 2017

A special thank you to all of those who donated hats and mittens this year. Nearly 600 items were collected. All of the items will be donated to schools around Monroe County.

Job Titles
Education
G.P.A.
Honors
Skills
Fonts
Key Words

**This training will
Include Information on:**

- ◆ Career Summary, Objective or Title?
- ◆ Showcase Your Marketable Skills
- ◆ Resume Formats
- ◆ Make your Education Work for You
- ◆ How to Catch an Employer's Eye
- ◆ Writing tools and tips
- ◆ What not to include on your resume!

Resumes Made Easy!

Why attend?

Learn how to build a resume from your classes, activities, and skills even if you have limited paid work experience. Get a step-by-step guide for creating an effective résumé that will highlight skills employers are looking for and will get you noticed! Bring your current résumé and get ready for a makeover and discover which resume format is your best fit.

Who should attend?

- High School Students
- Young people looking for work
- 4-H Youth State Award Applicants

Cost to attend: **FREE**

Date and Time: **January 15, 2018**
1:00 pm - 2:30 pm

Training location : Your computer, a link will be provided once you register.

To register: <https://events.anr.msu.edu/Resumes2018/>

For more information :

Kathy Jamieson 586-469-6093 or jamies13@anr.msu.edu



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Important Upcoming Dates

Horse & Pony Tack Sale Jan 14th

4-H Day @ Breslin (MSU Basketball) Jan 20th

State Awards DUE February 1st

Beef Clinic (BQA) March 1st

Turkeys Must be in Possession March 3rd

Poultry Workshop March 7th

Mini Expo March 10th

Spring Garage Sale March 17th

Spring Dog Clinic March 23rd-25th

Beef Hoof Trimming by Appointment March 3rd

Exploring Expo March 3rd

Rabbit, Cavy & Pocket Pet Workshop April 4th

Sheep Clinic April 5th

Pig Sale April 7th

Beef Fitting & Showing Clinic April 7th

Beef Blanchett Memorial Show April 8th

Wacky Wallenge April 14th

Scholarship Applications DUE April 20th

Spring Achievement April 28th

State Awards Luncheon April 29th

Broiler Workshop May 2nd

Pre-Fair Meeting May 3rd

Ag Awareness Day May 4th

County Share the Fun May 5th

Sheep & Swine Tagging May 5th

4-H Graduation May 9th

PQA May 15th

Horse & Pony Clinic May 11th-12th

Horse Show May 13th

SAA Spring Show May 19th

Exploration Days Meeting June 6th

Fitting & Showing Workshop June 11th

Fair Paperwork DUE June 15th

Slow Spokes Trip June 17th-19th

Exploration Days June 20th-22nd

Hoof Trimming (Tentative) June 23rd

Horse Show June 23-24th

Barn Set-Up July 10th

Mandatory Dorm Meeting July 12th

Shooting Sports County Shoot July 14th

Fair Royalty Interviews July 17th

Horse Show July 21-22nd

Project Check in July 26th

Monroe County Fair July 29th –August 4th, 2018

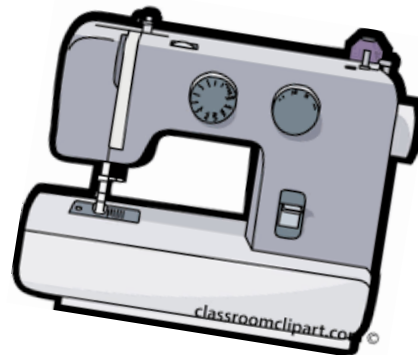
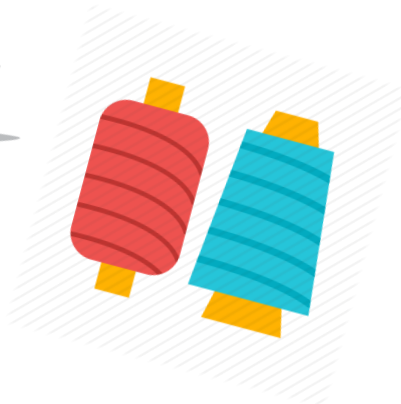
**Stay Tuned to the Network for Updates
& Changes!**



CLUB SPOTLIGHT

Sew Creative 4-H Club

Sew Creative is a 4-H Club here in Monroe County that specializes in sewing! Sew Creative is open to 4-H members of all ages and all experience levels are welcomed (those with no previous sewing experience are highly encouraged to join). New this year we are accepting Cloverbuds & Explorer members. Throughout the year, the club works on various sewing projects that utilize different sewing techniques and skills. The club also organizes various service projects throughout the year. This past year one of their favorite service projects included making 85 comfort pillows that were donated to the Veteran's Hospital for recovery. Sew Creative is lead by Alicia Ray and co-led by AnneMarie Laird. This year they are very excited to bring on Cloverbud and Explorer members who want to learn how to sew. If you are interested in joining the Sew Creative please contact Alicia Ray at 734-731-3810.



Is your club doing something cool?! Looking to recruit more members?! Maybe your club specializes in something or you're new?! Got an event coming up you want to share?! Contact Ashley at 734-240-3188 or fryeashl@msu.edu to have your club/event highlighted in the Network!

Teen Ambassadors Pennies for Turkeys Service Project



On Thursday, of last week, we had a few TA member and Sarah joined us in loading up the Turkeys from Aldi and moving them to the Independent Dairy's walk-in freezer.

From this location the Veterans of Monroe will distribute the Turkeys to families in need in Monroe County.

The Klover Kids 4-H Club raised the most money and they will get cookies and punch as a treat.

A big thank you to all the clubs and council that donated! We raised a total of \$880.00 and got 67 turkeys.

"Why Science Matters to Me" Photo Contest

The votes are in! We are excited to announce the grand prize winners of the "Why Science Matters to Me" photo contest! Monroe County's own Makenna Wickenheiser (on the far left) received an all-expenses-paid trip to Washington, D.C. to attend the 2018 National Youth Summit on Agri-Science! CONGRATULATIONS, Makenna!



CONGRATULATIONS
to the Grand Prize Winners of the
"Why Science Matters to Me"
photo contest!



SCIENCE MATTERS

4-H SPIN Club: Introduction to Babysitting

DATE & TIME:

Tuesdays 6:00-7:30pm

January 30

February 6

February 13

February 20

February 27

March 6

LOCATION:

Monroe MSU Extension
963 South Raisinville Road
Monroe, MI 48161

COST: \$40 cash or check
(scholarships available up-
on request)

SOCIAL MEDIA:

[https://www.facebook.com/
events/152643695491605/](https://www.facebook.com/events/152643695491605/)

Youth ages 11-15 who want to learn about caring for children and being a great babysitter should join this short term 4-H Club. Youth who participate will:

- Learn about the responsibilities of babysitting and becoming a capable, caring, trustworthy and responsible sitter.
- Learn and practice skills and techniques needed to become a good babysitter.
- Help develop the confidence needed to handle situations that could happen when babysitting.
- Develop a positive attitude about the care of children.
- Prepare youth in the business aspects of babysitting.

HOW TO REGISTER:

Current 4-H members : enroll through 4-HOnline, selecting Babysitting 101 as additional club participation

New 4-H members: visit 4honline.com, create free profile using prompts, complete all required info, select Babysitting 101

CONTACT:

Sara Lewis, 4-H Program Coordinator
734-240-3174 or seitzsa1@msu.edu





Michigan 4-H Day



at the

Breslin Center



January 20, 2018

What: Celebrate MSU Extension's 4-H youth with the MSU Women's Basketball team as they take on the Indiana Hoosiers.

When: January 20, 2018 Southwest Harrison Gate will open for 4-H and MSU Extension guests at 2:30 p.m. Game time is scheduled for 4:00 p.m.

Why: To celebrate Michigan 4-H youth, 4-H volunteers and 4-H programs!

Who: 4-H youth and their families, 4-H volunteers, and MSU Extension staff with their families.

Cost: Tickets are FREE for the guests listed above.
Tickets are available through your county MSU Extension office.

Transportation & parking: FREE for school buses, all other buses are \$20. Cars are \$5. Contact your county Extension office to confirm if transportation may be coordinated.

Attire: Show your pride by wearing your green and white 4-H or MSU Extension apparel.

Extras:

- Hear fellow 4-H'ers lead the 4-H pledge.
- Explore the wide range of 4-H programming with games and activities on the concourse.
- Take photos with Sparty.

Get in the game!

Let your 4-H leader know you (and how many of your family members) want to attend, or contact your county Extension office.

For more information:

msue.anr.msu.edu/events/4_h_day_at_the_breslin_1

Contact your county MSU Extension office OR email Jane Love at lovejan@anr.msu.edu

**Contact the Extension Office
at 734-240-3170 to reserve
your tickets today!**

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Monroe County New & Used Tack Sale

Sunday, January 14, 2018 10am—3pm

MBT Expo Center

3775 South Custer Rd., Monroe, MI 48161

\$3 Admission

Free Admission for Active Duty Military Personnel and Veterans
with valid ID.

All Proceeds Benefit the Monroe County 4H Program

Heated facility with
plenty of parking!

Tons of Vendors!

Come out and Support
Monroe County Horse &
Pony Board!

Concessions!

Thank You Fair Board!

If interested in becoming a vendor please contact Christin Nowland by email at christinnowland@gmail.com or at 734-430-5377. Vendor tables are available on a first come first serve basis.

New!

4-H Guide



4-H Poultry Fitting & Showmanship

Member's Guide



MICHIGAN STATE UNIVERSITY EXTENSION • 4-H YOUTH DEVELOPMENT 4H1520

Download your copy at: msue.anr.msu.edu/resources/4_h_poultry_fitting_showmanship_members_guide_4h1520.



S.E.M.I. 4-H TARGET ARCHERY TOURNAMENT

Date: Saturday, March 31, 2018
Location: Springfield Oaks Activity Center, Davisburg, MI
Check-in: 8:30 (U/S) & 12:30 (Open)
Shoot Begins: 10 (U/S) & 2:00 (Open)
Cost: \$20/Participant (\$10 Cancellation fee)

AGE DIVISIONS BOW DIVISIONS

Beginner 9-11	• Unsighted Bow
Junior 12-14	• Sighted Bow
Senior 15-19	• Open Bow

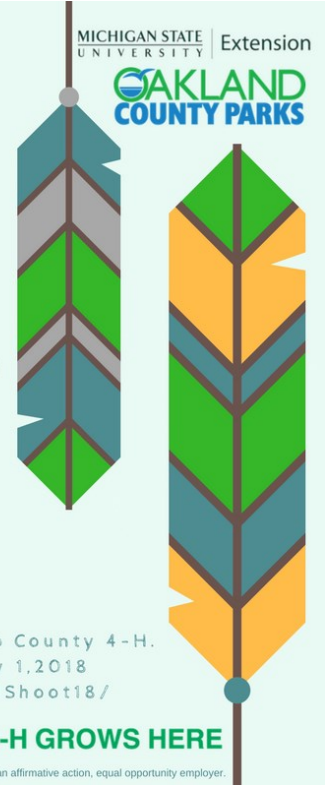
PER-REGISTRATION REQUIRED BY MARCH 17, 2018

Hosted by Wayne, Oakland, & Macomb County 4-H. Registration to open on January 1, 2018
<https://events.anr.msu.edu/SEMIShoot18/>



4-H GROWS HERE

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STATE 4-H RABBIT & CAVY SHOW

Classes:

Rabbit and Cavy breed classes ONLY. Judging by ARBA Standards (breed, fur, meat). No showmanship classes offered.

Other events during the show:

- » Breed ID Contest
- » Educational Poster Contest
- » Judging Seminars
- » Club Informational Booths
- » Supply Vendors
- » Scholarship Silent Auction

Cost:

\$3.00 per class

Who can participate:

Open to all Michigan 4-H members 9-19 years of age (as of January 1, 2018). A non-competitive Cloverbud division for 5-8 years of age is also available.

Want to become a 4-H member? Contact your county MSU Extension Office today!

Find out more...

For more information, event catalog, and online pre-registration, contact your local MSU Extension office or visit the website at: <https://events.anr.msu.edu/rabbitshow18/>



January 27, 2018

MSU Pavilion, East Lansing, MI

On-site registration begins at 6:30 a.m.

Online Pre-Registration available at <https://events.anr.msu.edu/rabbitshow18/>

The Michigan 4-H Rabbit and Cavy Show is sponsored by Michigan 4-H Youth Development Programs, Michigan State University Extension.

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4-H Horse Teen and Adult Leaders' Conference

February 23-25, 2018 Kettunen Center

4-H GROWS HERE MICHIGAN STATE UNIVERSITY | Extension



2018 Michigan 4-H Dog Project Leaders & Judges Workshop

February 17, 2018

4-H GROWS HERE MICHIGAN STATE UNIVERSITY | Extension



MICHIGAN STATE
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Beef Cattle Fitting and Grooming Clinic

DATE & TIME:

Saturday,
January 13, 2018
10:00 am—4:30 pm

LOCATION:

Ingham County
Fairgrounds, Mason, MI-
Main Arena

COST:

\$3.00—pay at the door

Lunch will be provided

Cattle are provided



WHO SHOULD ATTEND:

Youth and adults involved or interested in the beef project area.

DESCRIPTION:

Discover the latest industry trends in grooming beef cattle. Practice fitting and grooming with expert guidance.

Develop your livestock marketing skills.

PRE-REGISTRATION BY JANUARY 11, 2018

Please RSVP at lguy@ingham.org or (517) 676-7207

CONTACT:

Glenda Weiss at weissgle@anr.msu.edu or (517) 676-7303

SPONSORS

Ingham County Fair



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Michigan 4-H Capitol Experience April 15-18, 2018

4-H Capitol Experience is a four-day conference held in Lansing that focuses on civic engagement and public policy. The program is open to ALL high school students in Michigan. Each year, 75 to 100 students take action on issues that matter to them and learn how they can have an influence on state government and laws.

After choosing current issue areas (options below), participants interact with legislators, tour Michigan's Capitol, meet with state agency staff, lobbyists and other state-level experts, discover how policy is made, and explore various careers in public policy. Recreation is included in the schedule. At the end of the conference, the teens leave with an understanding of the impact that their voice can have on policy and their communities – now and in the future.

Choose Your Issue Area

Participants will choose their top three issue areas and will learn about one. They will work with other teens to draft a bill related to their issue and will go through a legislative simulation. Issue group choices include:

- Animal Agriculture
- Civil Rights
- Education
- Health
- Human Services
- Jobs & the Economy
- Law Enforcement
- Natural Resources & Environment
- Technology

Location, Registration & Cost

The Okemos Conference Center provides lodging for the program and also serves as the program headquarters. Tours and agency visits take place at the State Capitol, Michigan Supreme Court, and surrounding areas.

\$350 4-H members
\$370 Non members

(Scholarships are available)

The registration fee includes most meals, lodging and material fees.

Registration deadline: March 16, 2018

Register at <https://events.anr.msu.edu/4HCapEx/>

For more information visit:

msue.msu.edu/program/info/4_h_capitol_experience



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Career Exploration and Workforce Preparation



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Sharpen your Skills 4-H Workshop

- Who:** Youth ages 11-19, volunteers, parents
What: Career preparation skills workshop
Where: **Suburban Showcase Collection**
46100 Grand River Ave, Novi, MI 48374
When: **Saturday, January 20, 2018 10 am- noon**



Youth applying for awards (i.e. 4-H State Awards), scholarships or jobs will benefit by attending the workshop and will explore the following:

- ♦ Creating good resumes
- ♦ Writing tips to improve your application
- ♦ Interview preparation and practice

Please RSVP by Friday, 1/12 to
Debbie Morgan 248-347-3860,
ext. 279 or email
morga194@anr.msu.edu

Questions:
Kathy Jamieson,
jamies13@msu.edu or
Laurie Rivetto, rivetto1@msu.edu



MICHIGAN STATE UNIVERSITY | **Extension**



The World Food Prize Michigan Youth Institute is a life-changing experience coordinated by Michigan 4-H and Michigan State University where high school students engage with local leaders and experts on critical global challenges, participate in hands-on activities, and explore exciting ways to make a difference in Michigan and around the world. Students research issues they care about, and propose their ideas to solve these grand challenges. The Michigan Youth Institute will be hosted May 10th for youth in grades 8-12 on MSU's campus in East Lansing or at the Upper Peninsula Research and Extension Center in Chatham, MI.

The most outstanding youth who participate in the Michigan Youth Institute will be selected to represent Michigan as delegates to the World Food Prize Global Youth Institute in Des Moines, Iowa (October 17-20, 2018). At the

event, they will interact with Nobel and World Food Prize laureates and more than 1,000 global leaders from 75 countries attending the World Food Prize's annual international symposium. Delegates to the World Food Prize Global Youth Institute attend the program without any out-of-pocket expenses. Youth participants may also qualify to apply for scholarships and prestigious paid internships that will have them working side-by-side with leading food security researchers in the United States and around the world!

To participate in the World Food Prize Michigan Youth Institute, students write a 3 page paper by selecting a foreign country and researching one of 20 key factors affecting people and food security in that country (examples of key factors include plant and animal science, water scarcity, climate volatility, sustainable agriculture and human rights). Newly revised and updated paper writing instructions, resources for conducting their research and writing their paper, and paper samples are available to youth on the World Food Prize website.

Between February 1 and April 1, youth submit their completed papers and register for the 2018 Michigan Youth Institute at <http://events.anr.msu.edu/wfpmiyi/> Teachers and adult mentors are encouraged to attend the Michigan Youth Institute with their student/youth (they too must pre-register).

The program is free for youth participants who are currently registered members of Michigan 4-H and for adult mentors/teachers. Youth not registered as Michigan 4-H members must pay a \$20.00 participation fee. Scholarships are available for youth upon request.

On May 10, in either East Lansing or Chatham, participating youth will:

- Present their research and recommendations on ways to solve key global challenges in a short speech and small group discussions with statewide experts;
- Connect with other student leaders from across Michigan to share ideas, identify solutions to these problems and build lasting friendships;
- Explore the issues, current research and opportunities to make a difference at Michigan State University; and
- Interact with global leaders, innovators and entrepreneurs in Michigan working to end hunger and poverty and improve food security around the world.

For more information contact the World Food Prize Michigan Youth Institute coordinators, Brian Wibby (wibby@anr.msu.edu) 906-315- 2662, or Betty Jo Krosnicki (nashbett@anr.msu.edu) 810-648- 2515 ext 309

**Calling 4-H
Alums:
Attend the 4-H
Alumni Tip-Off
Reception!**



On January 20, 4-H alumni from across the state will gather at the Varsity S Club on the second floor of Spartan Stadium to celebrate 4-H. Alumni and their families will have the opportunity to enjoy snacks, take a photo with Sparty and meet other 4-H alumni before heading over to the 4-H Day at the Breslin game.

The 4-H Alumni Tip-Off Reception will be held from 1:30—3 p.m. Registration for this free event is currently open at <http://bit.ly/2zliKTx>. Please register by January 12.

4-H Workshops

January 6: 4-H Healthy Living Teen Ambassador Training

Michigan State University, East Lansing

Teen training designed for youth interested in healthy living programming and how they can make a difference their community.

http://msue.anr.msu.edu/events/4_h_healthy_living_teen_ambassador_training

January 10 : Family STEM Night

Mio Elementary School, Mio

Available to third and fifth graders, the Family STEM Night will provide hands-on STEM activities that will engage families.

http://msue.anr.msu.edu/events/family_stem_night

February 7: 4-H Embryology Staff, Teacher and Volunteer Training

Shiawassee County Fairgrounds, Owosso

This training is designed for educators who would like to learn how to implement an embryology program through classroom activities or 4-H SPIN Clubs.

http://msue.anr.msu.edu/events/michigan_4_h_embryology_staff_teacher_and_volunteer_training_shiawassee_cou

February 16-17: 4-H Veterinary Science Teen and Adult Leaders Workshop

Kettunen Center, Tustin

This workshop is designed for 4-H teens and adults who are fascinated by animal health and want to explore animal systems. Registration will be opening soon.

http://msue.anr.msu.edu/events/4_h_veterinary_science_teen_and_adult_leaders_workshop2

February 17: 4-H Dog Project Leaders and Judges Workshop

Michigan State University, East Lansing

Learn how agility, obedience, rally and showmanship classes are evaluated.

http://msue.anr.msu.edu/events/michigan_4_h_dog_project_leader_and_judges_workshop_1

February 17-18: 4-H Beef, Sheep and Swine Teen and Adult Leaders Workshop

Kettunen Center, Tustin

Take your beef, sheep or swine project to the next level by attending this workshop and learning about animal health, management, care and nutrition. Registration will be opening soon.

http://msue.anr.msu.edu/events/4_h_beef_sheep_and_swine_teen_and_adult_leaders_workshop2

Other 4-H Events

January 20: 4-H Day at the Breslin and Alumni Tip-Off Reception

Michigan State University, East Lansing

A full day of fun on MSU's campus, whether you're a 4-H alumni or a current member of the Michigan 4-H community.

http://msue.anr.msu.edu/events/4_h_alumni_tip_off_reception

http://msue.anr.msu.edu/events/4_h_day_at_the_breslin_1

January 27: 4-H Rabbit and Cavy Show

MSU Pavilion, East Lansing

This one-day event is open to participants aged 9 to 19 by Jan.1 of the current year.

http://msue.anr.msu.edu/events/4_h_rabbit_and_cavy_show

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

JOANN



JOANN Fabrics & Crafts partners with 4-H

JOANN Fabrics and 4-H have formed a new partnership to bring more hands-on 4-H programs to youth in local communities across the nation. Through this partnership, they hope to empower more kids through experiences where they can grow valuable life skills and learn by doing, creating and making.

As part of the partnership, JOANN's is providing a free rewards card to members of the 4-H community, including youth, parents, alumni, volunteers and supporters. Reward card holders receive 15 percent off the total cost of eligible in-store and online purchases; 2.5 percent of all rewards card purchases will be donated back to 4-H. To sign-up for your free rewards card, visit <http://www.joann.com/4-h/> or download the JOANN's app on your mobile device.

The popular craft store is also supporting 4-H through a 4-H Paper Clover campaign that will take place during the month of February. Visit your local JOANN's store during this time to purchase either a \$1 or \$4 Paper Clover. One-hundred percent of the proceeds raised during the Paper Clover campaign will support 4-H with 70 percent of funds generated in Michigan being donated to the state 4-H program.

As the partnership grows, JOANN's and 4-H hope to provide additional opportunities to the 4-H community. Look for additional details in the future about an in-store volunteer project on Feb. 3, and an online fashion review!

Michigan 4-H Healthy Living Challenge: 5-2-1-0 for Your Health

Michigan 4-H wants to help you jump start a healthier year in 2018 with the 4-H Healthy Living Challenge: 5-2-1-0 for Your Health! With 200,000 youth annually pledging their health to better living for their clubs, their communities, their country and their world, youth across Michigan are encouraged to join in this fun 4-H challenge that focuses on one of the four main pillars of 4-H: health!



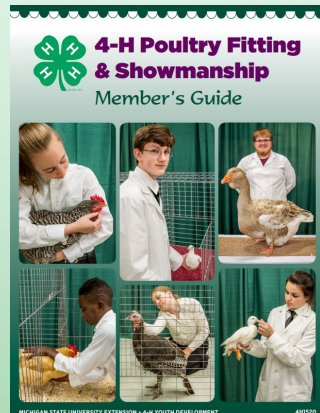
To participate in the challenge, youth should strive for the following each day throughout the months of January and February:

- 5 servings of fruits and vegetables
- 2 hours or less of screen time (TVs, computers and tablets)
- 1 hour of physical activity
- 0 sweetened beverages (soda and juices)

To help you keep track of your progress, Michigan 4-H has created a helpful tracking sheet. Record your efforts each day and at the end of February, submit your form to your county 4-H program coordinator. All individuals who submit a tracking sheet will receive a healthy living prize!

For more information and to download your tracking sheet, visit <http://bit.ly/2CKBlqW>.

Updated Michigan 4-H Poultry Fitting & Showmanship Guide for Members now available!



The Michigan 4-H Poultry Fitting and Showmanship Guide for Members has been updated and is perfect for both beginning and experienced showmen.

This edition features colored photos depicting the methods of fitting and showing chickens, turkeys, ducks, geese and pigeons. Scorecards are also included at the end of each species' section.

Download your copy at msue.anr.msu.edu/resources/4_h_poultry_fitting_showmanship_members_guide_4h1520.