



4-H Project Record Form

Name of Project _____

My Name _____ Number of Years in Project _____

Use a new 4-H Project Record Form for each project, every year. (25pts.)

This is my plan for _____ Age (as of January 1) 20____

By keeping 4-H records you can:

- Learn how to set goals, record what you do and learn, and evaluate.
- Feel good about your 4-H experience.
- Learn how to share information with others.
- Learn how to be more organized.
- Learn responsibility by getting the job done.

Goals - Having goals is like a road map. It helps you decide how you get to where you want to go.

My goal is to:

I want to do this by: Month _____

Project knowledge – Describe two things you have learned while doing this project. Be Specific. (At least 2 complete sentences)

Summarize what you liked best about doing your project (at least 2 complete sentences):

What would you change/ do differently next time or what would you like to learn about next year for this project?

Life skills –Choose 2 life skills from the diagram attached and describe how you have developed each of the life skills through your 4-H project (12-19 year old only)

How have the life skills that you have learned in this project helped you outside of 4-H? (12-19 year olds only)

Community Service, Leadership, Citizenship and Activities

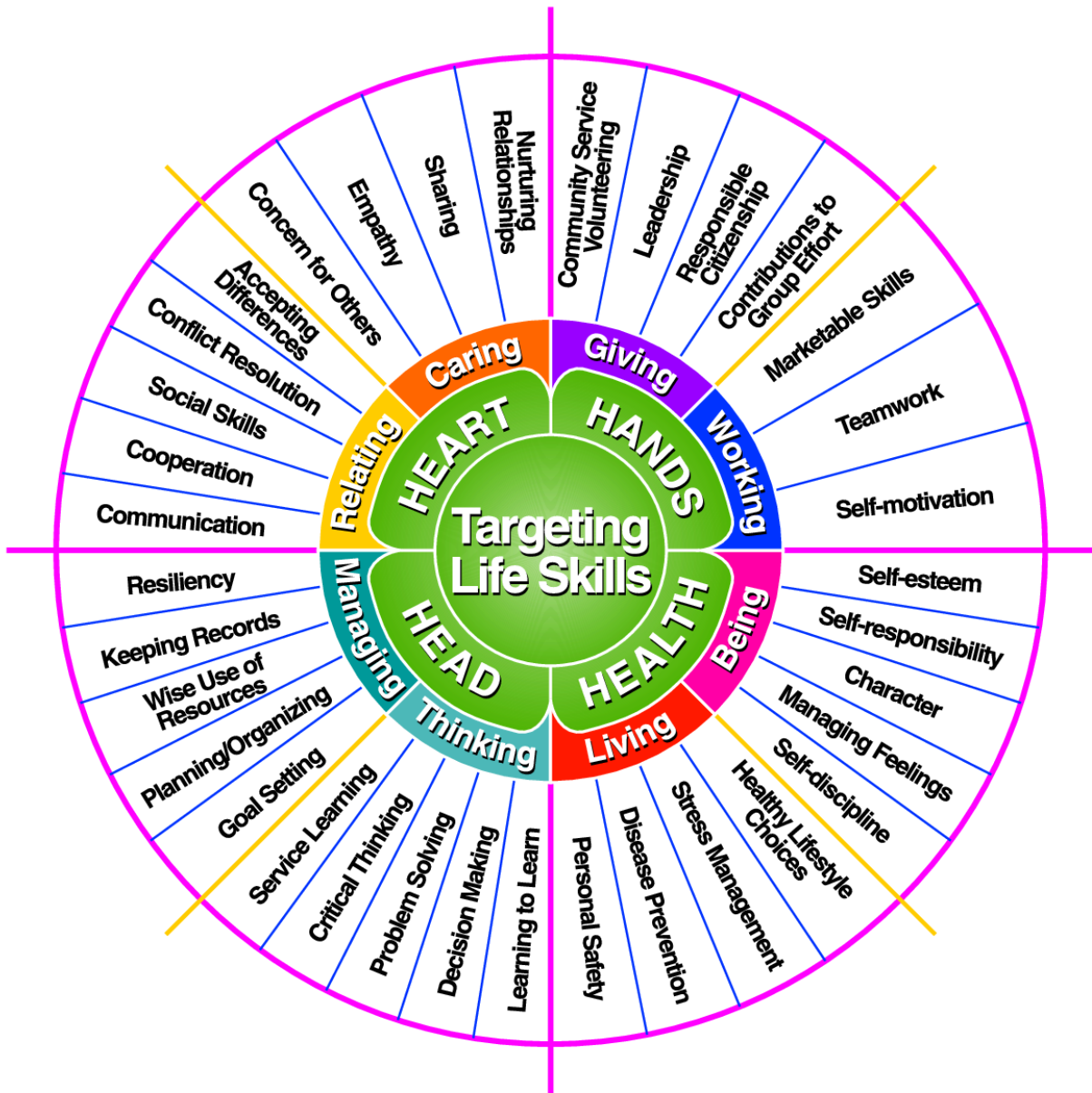
List any community service activities directly related to this project (for example – collecting dog food for a local shelter if you are in the dog project) Indicate the level by, (I) Individually, (C) Community Club, (Co) County (R) Regional, or (S) State.

List any leadership experiences that directly relate to this project that you have been involved in (for example helping younger 4-H members, helping with workshops, etc.) Be specific about your role and what you did.

List any presentations, talks, demonstrations, newspaper articles, radio interviews, etc. that you have given that directly relate to this project this year: (Include the topic, kind of presentation, type of group reached, and number in audience. Indicate the level by (C) Community Club, (Co) County, (R) Regional, or (S) State.

List all Project Awards, placing, ribbons and recognition earned in this project this year (complete after fair).

4-H Life Skills



Iowa State University
 "Targeting Life Skills Model"
 Patricia Hendricks, November 1996