

Heads turn, spotlights focus and YOU step forward on the runway! What fun to be the center of attention! Confident!
Cool! To be a success, you must show off your clothes and do it in a most pleasing way... that's what a fashion presentation is all about. You have to convince the audi-Remember...whatever

ence that your garment is the best looking thing in the show. It's all very easy, however, when you feel totally at ease

feel totally at ease in your clothes and are relaxed about modeling. The tips in this booklet will help you step into the spotlight as a confident, capable model. A lovlier YOU!

you do, do it gracefully.

Get ready..

FROM THE INSIDE OUT

YOU. Let's start from the inside and work out. You'll want to be "squeaky clean". So, if there isn't time for your spruce-up on the day of the show, do it the night before with about eight hours left over for shut-eye ... one of the very best beauty aids!

Shower, shave underarms and legs if necessary. Manicure your fingernails and if summertime, do your toenails too. Only YOU know when your hair looks best ... right after it's washed? ... a day later?

UNDERGARMENTS. Have your clean undergarments ready well in advance. Check your slip, maybe you need a "no-cling" one. Be sure that it's the right length. Decide which bra gives the best lines to your garment.

SHOES, ACCESSORIES, ETC. Remember to set out your shoes, socks/nylons and any accessories and/or jewelry you plan to wear.

Practice makes perfect...

You can't overdo it. Think Tall! Have at least one dress rehearsal with an audience of objective parents or friends. Give out with the charm! Smile! Try a few turns! Put a book or a basket "a la peasant style" on your head and practice a gliding walk. Before you know it, you'll really begin to feel and look like a

professional model.



A vital part of your costume. Accessories give a total finished look. Be very selective. Keep in mind your size, shape and personality. If you're tall and lean, a bitty hat might be out of proportion. Short and round? You don't need a mushroom type. And, if your costume is tailored and casual, keep accessories simple and lend your glamorous trappings to a friend modeling a gown. You might like to carry a prop—a tennis racquet for instance. Great! But, be sure you include it when you practice so it seems like a natural part of you. Unless a handbag and gloves are a real asset to the total look, forget it. You don't need anything that detracts or covers part of your garment.

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You may find some accessories are more bothersome than they are beautiful. Clanking charm bracelets or jungling necklaces are distracting. Chunky bracelets and watches can be a nuisance if you plan to remove your coat or jacket. Don't forget pantyhose, hat, scarf, sweater or blouse if they are part of your costume. Shoes...give 'em a super shine. Collect your accessories so you don't have that to think about the day of the big show!

