



Eaton County

4-H Family News

January 2017

Not too late to order 4-H Day at the Breslin tickets!

Friends, family, basketball, and 4-H. What more is there to love about 4-H Day at the Breslin? You won't want to miss this great opportunity to attend an MSU Women's Basketball game for FREE along with the 4-H family from across the state.

Date: January 22, 2017

Time: Game time is 5:00 p.m., Northwest Kalamazoo Gate (formerly Gate D) opens at 3:30 p.m. for 4-H families.

Ticket ordering: To order your free tickets for 4-H members, volunteers, and their families, call or email the Extension office with the number of tickets for each type (member, volunteer, family member). Tickets ordered between now & January 16 will be available at the 4-H Registration table inside the Northwest Kalamazoo Gate (NOT will call).

Wearing 4-H gear is strongly encouraged! For more information, visit [http://msue.anr.msu.edu/events/4 h day at the breslin 1](http://msue.anr.msu.edu/events/4_h_day_at_the_breslin_1)

Go green!

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Facebook:

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EatonCounty4H](https://www.facebook.com/EatonCounty4H)

**Eaton County 4-H
Community Group**

[facebook.com/
groups/806933519357705/](https://www.facebook.com/groups/806933519357705/)



Twitter

twitter.com/EatonCo4H

Pinterest

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[instagram.com/
eatoncounty4h](https://www.instagram.com/eatoncounty4h/)

Upcoming County Meetings and Events:

PMR = Public Meeting Room (basement of Extension office); Kardel = Kardel Hall on the Eaton County Fairgrounds

- Small Animal Association, 1/5, 7 pm, PMR
- 4-H Council, 1/9, 7 pm, PMR
- Extension office CLOSED—1/16
- Fair board, 1/16, 7 pm, Kardel
- Open Office Hours, 1/18, 5pm—7pm, Extension office
- Horse Development Committee, 1/19, 6:30 pm, PMR
- Volunteer Orientation, 1/26, 6:30 pm, Extension office
- Jr Livestock Association, 2/13, 7 pm, PMR
- Volunteer Orientation, 2/14, 3:30pm, Extension office
- Open Office Hours, 2/15, 5pm—7pm, Extension office
- Cloverbud Craft Day, 2/18, 10am—2pm, PMR
- Fair board, 2/20, 7 pm, Kardel

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STATEWIDE CALENDAR OF EVENTS

4-H Workshops

January 11: Michigan 4-H Embryology Staff, Teacher & Volunteer Training

<https://events.anr.msu.edu/event.cfm?eventID=07369C4088BF0252>

Bowers School Farm, Bloomfield Hills

January 13-15: Michigan 4-H Horse Judges & Show Superintendents Conference

Contact Karen Waite (kwaite@msu.edu)

Crowne Plaza, Lansing

January 28: *Youth Business Guide to Success . . .* Training

<https://events.anr.msu.edu/event.cfm?eventID=7BB57C00B1B518BF>

MSU Tollgate Education Conference Center, Novi

January 28-29: 4-H Youth Leadership & Global Citizenship Spectacular

<https://events.anr.msu.edu/event.cfm?eventID=9AAB5C2C64F3FBF6>

Kettunen Center, Tustin

February 4-5: 4-H Winterfest

http://msue.anr.msu.edu/events/4_h_winterfest_2

Kettunen Center, Tustin

February 17-18: 4-H Veterinary Science Teen & Adult Leaders Workshop

http://msue.anr.msu.edu/events/4-h_veterinary_science_teen_and_adult_leaders_workshop

Kettunen Center, Tustin

February 18-19: 4-H Beef, Sheep & Swine Teen & Adult Leaders Workshop

<http://bit.ly/2ceXN18>

Kettunen Center, Tustin

February 25: Teen & Adult 4-H Horse Leaders' Conference

http://www.ans.msu.edu/extension/horse_youth_programs

Anthony Hall, MSU, East Lansing

Other 4-H Events

January 22: 4-H Day at the Breslin

http://msue.anr.msu.edu/events/4_h_day_at_the_breslin_1

Jack Breslin Events Center, East Lansing

January 27-29: Green & White Youth Event & Open Hog Show

http://www.ans.msu.edu/extension/youth_events

MSU Pavilion, Lansing

January 28: State 4-H Rabbit & Cavy Show

<https://events.anr.msu.edu/event.cfm?eventID=548EEEDFD1D9C7E0>

MSU Pavilion, Lansing

February 3-4: 4-H/MQHA Clinic Weekend

http://www.ans.msu.edu/extension/horse_youth_programs

MSU Pavilion, Lansing

February 17-20: National Youth Summit on Healthy Living

<http://4hcenter.org/tours-programs/national-youth-summit-series/#!/healthy-living>

National 4-H Conference Center, Chevy Chase, Maryland

A Valuable, Free Resource for 4-H'ers Thinking About Applying for a Michigan 4-H State Award

Have you – or someone you know – thought about applying for a Michigan 4-H State Award (<http://bit.ly/2gPaLoU>) but you have questions about the award and how to apply for it? If so, read on.



A 4-H State Award is the highest honor a 4-H member can receive in Michigan 4-H (http://msue.anr.msu.edu/topic/info/4_h). Each year, hundreds of youth from across the state come together to compete for recognition in a project area that has helped them develop skills, leadership and citizenship. The deadline for the 2017 State Award application is February 1.

Why Have a Training?

To help 4-H leaders and teens learn about the award process, Michigan 4-H has organized free trainings around the state. This training will give an overview of the 4-H State Award Program, as well as go over the application and deadlines. It will also be a way for participants to ask questions and to know what to expect throughout the process.



Who Should Attend?

This training is for Michigan 4-H'ers who are 13 to 19 years old, as of January 1, 2017, and who are interested in applying for the 4-H State Awards Program. 4-H volunteers and parents are also welcome to attend.

When and Where Will the Workshops be Held?

The dates, times and locations of upcoming workshops are listed below. Unless otherwise noted, these trainings will last about an hour. Writing workshops are for 4-H'ers who would like help writing their applications.

- **January 7, 10 am** (writing workshop)
Monroe MSU Extension Office, 963 South Raisinville Road, Monroe
- **January 10, 6 to 7 pm**
Lapeer County MSU Extension Office, 1800 Imlay City Road, Lapeer
- **January 14, 9 am**
Newaygo County MSU Extension Office, Suite 206, 5479 W 72nd Street, Fremont
- **January 17, 6 to 8 pm**
Emmet County MSU Extension Office, Suite D, 3434 Harbor -Petoskey Road, Harbor Springs
- **January 22, 2 pm** (writing workshop)
Monroe MSU Extension Office, 963 South Raisinville Road, Monroe

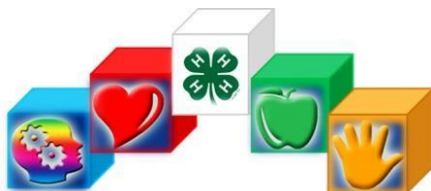


How Can Someone Register?

Registration for these trainings is available on the web (<http://bit.ly/2h07dxG>).

More information is available from:

- The Michigan 4-H web site (<http://bit.ly/2gPaLoU>)
- Betty Jo Krosnicki (nashbett@msu.edu)
- Your local MSU Extension county 4-H staff (<http://msue.anr.msu.edu/county>)



Meeting Cancel Reminder

As a reminder with winter weather, when Charlotte Public Schools close for weather reasons, county-wide 4-H activities will be canceled. When a county-wide 4-H activity is canceled, a message will be posted on Facebook and sent out via 4-H Online (email and text if you have the text option enabled on your profile).

4-H Robotics Series

Do you want to learn about how to build and program your own robot? Then you won't want to miss the 4-H Robotics Series, sponsored by the Delta Township District Library and Eaton County 4-H! The series takes place at the Delta Township District Library in Lansing every Wednesday from January 25 to March 1 from 4pm to 6pm. Youth will spend the afternoons learning how to build and program LEGO EV3 robots and participating in a variety of challenges. This series is only \$10 (scholarships are available by contacting the office) and is open to youth ages 9-13 as of January 1, 2017. Enroll in the series by creating a family and youth profile at <https://mi.4honline.com> (select Eaton County and the "4-H Robotics Series" club) and submitting payment to the office or bring to the first day of the series.

Save the Date: Volunteer Celebration

Come celebrate the accomplishments of 4-H volunteers and youth from the past 2015-2016 program year! Volunteer Celebration will be on Saturday, March 4 at Kardel Hall. Doors will open at 5:30 p.m. and dinner will begin at 6:00 p.m. We will be celebrating 4-H volunteers who have reached milestones in their years of service (1, 5, 10, 15, 20, etc. years of service), youth who have been awarded county awards and who have completed their years in 4-H, and the Friend of 4-H, Outstanding Leader, and I Dare You awards. More information regarding tickets will be sent in a future email.

Cloverbud Craft Workshop

A Cloverbud Craft Workshop will be held on Saturday, February 18 from 10 a.m. –2 p.m. in the PMR. Come create a variety of projects geared for Cloverbud members (ages 5-8 as of January 1, 2017). This workshop will be \$10 for current Eaton County 4-H members or \$20 for non-4-H members; cost includes supplies and lunch. For registration information, visit the office or http://msue.anr.msu.edu/events/eaton_county_4_h_cloverbud_craft_workshop1.

NEEDED: TEEN VOLUNTEERS—We will need teens (4-H age 13 and older) to help with this workshop. If you are interested, please contact Kristy at the office!

AmeriCorps member position open

Do you love healthy living, nutrition, and gardening? Have a desire to give back to your community? We are hosting a summer AmeriCorps member through the Power of We Consortium's AmeriCorps Program. The member will serve March 20—August 25 and will be helping to start healthy living clubs in the greater Lansing area. AmeriCorps members receive a stipend of \$3,200 for the service (10-20 hours/week) and upon successful completion will receive an educational award of \$1,538.36 to be used toward student loans or further education. Great opportunity for college students, recent grads, or those looking to further their education! To apply, send cover letter and resume to AmeriCorps State Program Director, Andrea Villanueva, at avillanueva@ingham.org by Tuesday, January 24. For more information, visit <https://drive.google.com/open?id=0B-boSDrPxLaZVm5hLTdUX05xNUU>.



Do youth need conflict resolution skills?

Do you or the youth in your life need conflict resolution skills? The fact is conflict exists in our lives and in the lives of the youth around us. Unresolved conflict can damage a group's capacity for teamwork or destroy the self-esteem of individuals. Helping youth learn how to deal with conflict offers many benefits. Youth learn to be good listeners, clear communicators and possibly most importantly, they learn how to communicate their ideas and opinions in a way that adds value to future collaborative efforts.

While conflict resolution is a skill developed over time and may involve many techniques, there are some common tips to help youth work through conflict.

Conflict resolution tips:

- Step back and think.
- Understand your goals for the conversation.
- Listen to understand.
- Communicate your feelings without placing blame.
- Be aware of your own defensiveness.
- Acknowledge your assumptions.
- Seek common ground.
- Understand the other's point of view by asking clarifying questions.
- Know that conflict can be healthy.
- Separate people from problems.

This is the first in a series of articles discussing conflict resolution with youth. For further information about conflict resolution skills, read the other articles below:

- Do youth need conflict resolution skills? Part 2: Stop, think and identify your goals
[http://msue.anr.msu.edu/news/
do_youth_need_conflict_resolution_skills_part_2_stop_think_and_identify](http://msue.anr.msu.edu/news/do_youth_need_conflict_resolution_skills_part_2_stop_think_and_identify)
- Do youth need conflict resolution skills? Part 3: Listen and communicate
[http://msue.anr.msu.edu/news/
do_youth_need_conflict_resolution_skills_part_3_listen_and_communicate](http://msue.anr.msu.edu/news/do_youth_need_conflict_resolution_skills_part_3_listen_and_communicate)
- Do youth need conflict resolution skills? Part 4: Be aware and acknowledge
[http://msue.anr.msu.edu/news/
do_youth_need_conflict_resolution_skills_part_4_be_aware_and_acknowledge](http://msue.anr.msu.edu/news/do_youth_need_conflict_resolution_skills_part_4_be_aware_and_acknowledge)

"Do youth need conflict resolution skills? Part 1" article written by Dorothy Munn, December 20, 2016. To find more information, visit [http://msue.anr.msu.edu/news/
do_youth_need_conflict_resolution_skills_part_1](http://msue.anr.msu.edu/news/do_youth_need_conflict_resolution_skills_part_1).

Volunteer Interviews and Orientations

One of the steps to become a new 4-H leader is to complete an interview with 4-H staff. If you know someone who wants to volunteer, the next scheduled interview dates are 1/26 for time slots available between 4:00 p.m. and 6:00 p.m. or 2/14 from 1:00 p.m. to 3:00 p.m. Interviews take approximately 30 minutes.

Upcoming volunteer orientation dates are 1/26 at 6:30 p.m. or 2/14 at 3:30 p.m. The orientation will take about 1 & 1/2 to 2 hours and you must RSVP to the Extension office. All volunteers must attend an orientation within their first year of becoming a registered leader.