

PRESS RELEASE

4-H Offers Adults Training to Work with Youth in Outdoors – Can You Meet the Challenge?

The 4-H Outdoor Adventure Challenge program offered by Michigan State University Extension gives adults and youth the opportunity to experience the outdoors through adventures such as hiking, backpacking, canoeing, kayaking, climbing cliffs, and exploring caves. The 4-H Outdoor Adventure Challenge program is designed to help youth discover their mental, physical, and emotional capabilities, build self-confidence, positive self-image and coping skills, and develop and enhance appreciation for the out of doors and natural resources.

4-H adult leaders receive comprehensive training in leadership skills, map and compass, canoeing, backpacking, confidence-building activities and more for their 4-H Outdoor Adventure Challenge Leader Certification. Adults also learn it is the journey that makes a difference in the lives of youth, not the goal at the end.

4-H Outdoor Adventure Challenge leaders are men and women who like working with young people, enjoy outdoor experiences, have had or would like to have experiences in high-adventure activities, are mature, responsible, enthusiastic, personable and open to new and different experiences. Do you fit? Contact the 4-H staff in your County MSU Extension Office for more information. Find the office contact information in the government section of your telephone directory under your county name or visit <http://msue.anr.msu.edu/county>.

The Orientation will be held May 5 - 7, 2017 on the Manistee River near Kingsley. Enroll by May 1, 2017.

Visit http://4h.msue.msu.edu/4h/outdoor_adventure_challenge to download the promotional brochure with additional training dates, and enrollment form and training certification requirements.

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