

Be SAFE: Safe, Affirming and Fair Environments

Selected Resources

Books for Adults and Young People

And Words Can Hurt Forever: How to Protect Adolescents From Bullying, Harassment, and Emotional Violence, by J. Garbarino and E. deLara (2002). New York: The Free Press.

Boy V. Girl? How Gender Shapes Who We Are, What We Want, and How We Get Along, by G. Abrahams, & S. Ahlbrand (2002). Minneapolis: Free Spirit Publishing, Inc.

Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children, by L. Lantieri and D. Goleman (2008). Boulder, CO: Sounds True.

Bullied: What Every Parent, Teacher and Kid Needs to Know About Ending the Cycle of Fear, by C. Goldman (2012). New York: HarperCollins.

Bullying in American Schools: A Social-Ecological Perspective on Prevention and Intervention, edited by D. Espelage and S. Swearer (2009). Mahwah, New Jersey: Lawrence Erlbaum Associates, Publishers.

Don't Sweat the Small Stuff for Teens: Simple Ways to Keep Your Cool in Stressful Times, by R. Carlson (2000). New York: Hyperion Press.

Gender, Bullying and Harassment: Strategies to End Sexism and Homophobia in Schools, by E. Meyer (2009). New York: Teachers College Press.

Getting Played: African American Girls, Inequality, and Gendered Violence, by J. Miller (2008). New York: NYU Press.

Girlfighting: Betrayal and Rejection Among Girls, by L.M. Brown (2003). New York: University Press.

The Happiness Trap: How to Stop Struggling and Start Living, by R. Harris (2007). Boston: Shambhala Publications.

It's Complicated: The Social Lives of Networked Teens, by d. boyd (2014). New Haven, CT: Yale University Press.

The Mindful Child: How to Help Your Kid Manage Stress and Become Happier, Kinder and More Compassionate, by S.K. Greenland (2010). New York: Free Press.

More Than a Label: Why What You Wear or Who You're With Doesn't Define Who You Are, by A. Muharrar (2002). Minneapolis: Free Spirit Publishing, Inc.

The New Gay Teenager, by R. Savin-Williams (2005). Cambridge, MA: Harvard University Press.

Packaging Boyhood: Saving Our Sons From Superheroes, Slackers, and Other Media Stereotypes, by S. Lamb, L.M. Brown and M. Tappan (2009). New York: St. Martin's Press.

Packaging Girlhood: Rescuing Our Daughters From Marketers' Schemes, by S. Lamb and L.M. Brown (2006). New York: St. Martin's Press.

The Respectful School: How Educators and Students Can Conquer Hate and Harassment, by S. Wessler (2003). Alexandria, VA: Association for Supervision and Curriculum Development.

Safe School Ambassadors: Harnessing Student Power to Stop Bullying and Violence, by R. Phillips, J. Linney and C. Pack (2008). San Francisco: Jossey-Bass.

The Skin We're In: Teaching Our Teens to Be Emotionally Strong, Socially Smart, and Spiritually Connected, by J. Ward (2002). New York: Fireside.

Social Intelligence: The Revolutionary New Science of Human Relationships, by D. Goleman (2006). New York: Bantam Books.

The Spark Within: A Special Book for Youth, by A. Mills-Naaim (2003). Auburn, WA: Lonepine Publishing.

Techniques to Cultivate Inner Strength in Children: Building Emotional Intelligence, by L. Lantieri and D. Goleman (2008). Boulder, CO: Sounds True Inc.

Trauma-Proofing Our Kids: A Parent's Guide for Instilling Confidence, Joy and Resilience, by P. Levine and M. Kline (2008). Berkeley, CA: North Atlantic Books.

Youth Voice Project: Student Insights into Bullying and Peer Mistreatment, by S. Davis and C. Nixon (2014). Champaign, IL: Research Press.

Curriculum Resources

Be SAFE: Safe, Affirming and Fair Environments, by J. Olsen and K. Pace (2013). East Lansing, MI: Michigan State University Extension. Available at shop.msu.edu

Boys Will Be Men: Raising Our Sons for Courage, Caring and Community, by P. Kivel (1999). Gabriola Island, BC: New Society Publishers.

Building Community: A Tool Kit for Youth and Adults in Charting Assets and Creating Change, by the Innovation Center for Community and Youth Development (2001). Available at theinnovationcenter.org

Collective Leadership Works: Preparing Youth & Adults for Community Change, by the Innovation Center for Community and Youth Development (2008). Available at theinnovationcenter.org

Creating Youth-Adult Partnerships: Training Curricula for Youth, Adults and Youth-Adult Teams, by the Innovation Center for Community and Youth Development (1996). Available at theinnovationcenter.org

Cyberbullying and Cyberthreats: Responding to the Challenge of Online Social Aggression, Threats, and Distress, by N. Willard (2007). Champagne, IL: Research Press.

Empowering Bystanders in Bullying Prevention, by S. Davis and J. Davis (2007). Champagne, IL: Research Press.

From Adversaries to Allies: A Curriculum for Change, by L. M. Brown and M. Madden. Hardy Girls Healthy Women. Available at hardygirlshealthywomen.org

Full of Ourselves: A Wellness Program to Advance Girl Power, Health, and Leadership, by C. Steiner-Adair and L. Sjostrom (2006). New York: Teachers College Press.

Let's Get Real (DVD and curriculum guide), by Women's Educational Media, The Respect for All Project (2003). Available at groundspark.org

Research Reports and Articles

Crossing the Line: Sexual Harassment at School (2011), by C. Hill and H. Kearl (published by the American Association of University Women. Available at aauw.org

Make a World of Difference: 50 Asset-Building Activities to Help Teens Explore Diversity, by D.C. Oparah (2006). Minneapolis: Search Institute. Available at search-institute.org

Making Connections: Building Community and Gender Dialogue in Secondary Schools, by N. Beardall, S. Bergman and J. Surrey (2007). Cambridge, MA: Educators for Social Responsibility.

Miss Representation, J. Newsom (2011). Documentary that challenges limiting and disparaging stereotypes of women portrayed in the media. Available at missrepresentation.org

Open Minds to Equality: A Sourcebook of Learning Activities to Affirm Diversity and Promote Equity, by N. Schniedewind and E. Davidson (2006). Milwaukee: Rethinking Schools.

Real Boys Workbook: The Definitive Guide to Understanding and Interacting With Boys of All Ages, by W. Pollack and K. Cushman (2001). New York: Villard Books.

Shifting Boundaries: Lessons on Relationships for Students in Middle School, by N. Stein, K. Mennemeier, N. Russ and B. Taylor (2012). Available at Retrieved from www.wcwonline.org/proj/datingviolence/ShiftingBoundaries.pdf

A Silent Crisis: Creating Safe Schools for Sexual Minority Youth, by the Calhoun Intermediate School District, the Michigan Department of Education and Detroit Public Schools (2010). Available at emc.cmich.edu

Strong Kids: A Social & Emotional Learning Curriculum, by K. Merrell (2007). Baltimore, MD: Paul H. Brookes Publishing.

The Evidence Suggests Otherwise: The Truth About Boys and Girls, by S. Mead (2006). Washington, D.C.: The Education Sector. Available at educationsector.org

Patriarchy Matters: Toward a Gendered Theory of Teen Violence and Victimization, by L.M. Brown, M. Chesney-Lind and N. Stein (2007). Published in *Violence Against Women*, 13(12), pp. 1249-1273.

Real to Me: Girls and Reality TV, by the Girl Scouts Research Institute (2012). Available at girlscouts.org

Report of the APA Task Force on the Sexualization of Girls, by the American Psychological Association Task Force on the Sexualization of Girls (2007). Available at apa.org

Youth-Adult Partnerships in Community Decision-Making: What Does It Take to Engage Adults in the Practice? by S. Zeldin, J. Petrokubi and C. MacNeil, National 4-H Council (2007). Available at 4-H.org

Online Resources

Be SAFE Webinar Series – recordings on a variety of Be SAFE-related topics are available through the Michigan State University Extension Bookstore. Go to shop.msu.edu and search for “Be SAFE.”

Blueprints for Violence Prevention – a project of the Center for the Study and Prevention of Violence at the University of Colorado that identifies effective violence prevention programs. Colorado. Available at colorado.edu/cspv/blueprints

Collaborative for Academic, Social and Emotional Learning (CASEL) – provides information on policy, advocacy and research to establish social and emotional learning as an essential part of education. Available at casel.org

ConnectSafely – designed to provide comprehensive resources for parents, teens, educators and advocates interested in the impact of the “social web.” Available at connectsafely.org

Cyberbullying Research Center – provides research about the nature, extent, causes and consequences of cyberbullying among adolescents. Available at cyberbullying.us

Diversity Council – a Rochester, Minnesota, organization designed to combat racism and discrimination in schools; provides lesson plans and activities for elementary, middle and high school students. Available at diversitycouncil.org

Gay, Lesbian, Straight Education Network – provides research and resources designed to help assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity and expression. Includes research reports such as the *2011 National School Climate Survey* and *Playgrounds and Prejudice: Elementary School Climate in the United States*. Available at glsen.org

Gay-Straight Alliance Network – a youth-led organization that connects school-based Gay-Straight Alliances (GSAs) to each other and community resources. Available at gsanetwork.org

Hardy Girls Healthy Women – a nonprofit organization dedicated to the health and well-being of girls and women with the vision that all girls and women experience equality, independence and safety in their everyday lives. Available at hardygirlshealthywomen.org

Michigan Disability Rights Coalition – a disability justice movement working to transform communities so that people with disabilities may live fully integrated lives within their chosen communities. Available at copower.org

Media Education Foundation – a nonprofit organization devoted inspiring critical thinking about the social, political, and cultural impact of American mass media. Includes DVD’s and study guides such as *Wresting With Manhood: Boys, Bullying and Battering*; *Dreamworlds 3: Desire, Sex and Power in Music Videos*; *Hip-Hop: Beyond Beats & Rhymes*; and *Killing Us Softly 4: Advertising’s Image of Women with Jean Kilbourne*. Available at mediaed.org

Michigan CSI (Cyber Safety Initiative) – an initiative of the Michigan Attorney General’s Office that provides customized presentations for all ages as well as many online materials related to cyber safety. Available at michigan.gov/ag (click on “Kids”).

Michigan State University Extension – provides ongoing news articles and other resources related to issues of bullying. Available at <http://msue.anr.msu.edu/topic/info/bullying>

Olweus Bullying Prevention Program – a comprehensive school-wide program designed and evaluated for use in elementary and middle schools. Go to clemsun.edu/olweus for information on resources, research and training.

Partners Against Hate – a collaborative offering educational strategies and resources for young people and adults to address bias and hate, such as *Building Community and Combating Hate: Lessons for the Middle School Classroom* and *Peer Leadership: Helping Youth Become Change Agents in Their Schools and Communities*. Available at partnersagainsthate.org

Paul Kivel's Web Site – includes many articles and resources related to the intersections of gender, race, class and other differences. Available at paulkivel.com

StopBullying.gov – provides information from various government agencies on what bullying is, what cyberbullying is, who is at risk, and how to prevent and respond to bullying. Available at stopbullying.gov

Suicide Prevention Resource Center – provide technical assistance, training and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide, including resources on connections between suicide and bullying. Available at sprc.org

Teaching for Change – provides teachers and parents with the tools to transform schools into socially equitable centers of learning where students become architects of a better future. Available at teachingforchange.org

Teaching Tolerance – a program of the Southern Poverty Law Center with many educational resources designed to fight hate and promote tolerance, including the 2010 film, *Bullied: A Student, a School and a Case That Made History*. Available at teachingtolerance.org

Ugly Ducklings – a national campaign to reduce bullying and harassment of lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth. Available at uglyducklings.org

U.S. Department of Education Office for Civil Rights – provides materials that enable schools to learn how they may be able to improve their approach to harassment issues (and how these issues connect with bullying). Go to www2.ed.gov/about/offices/list/ocr/index.html and click on “Prevention” for more information.