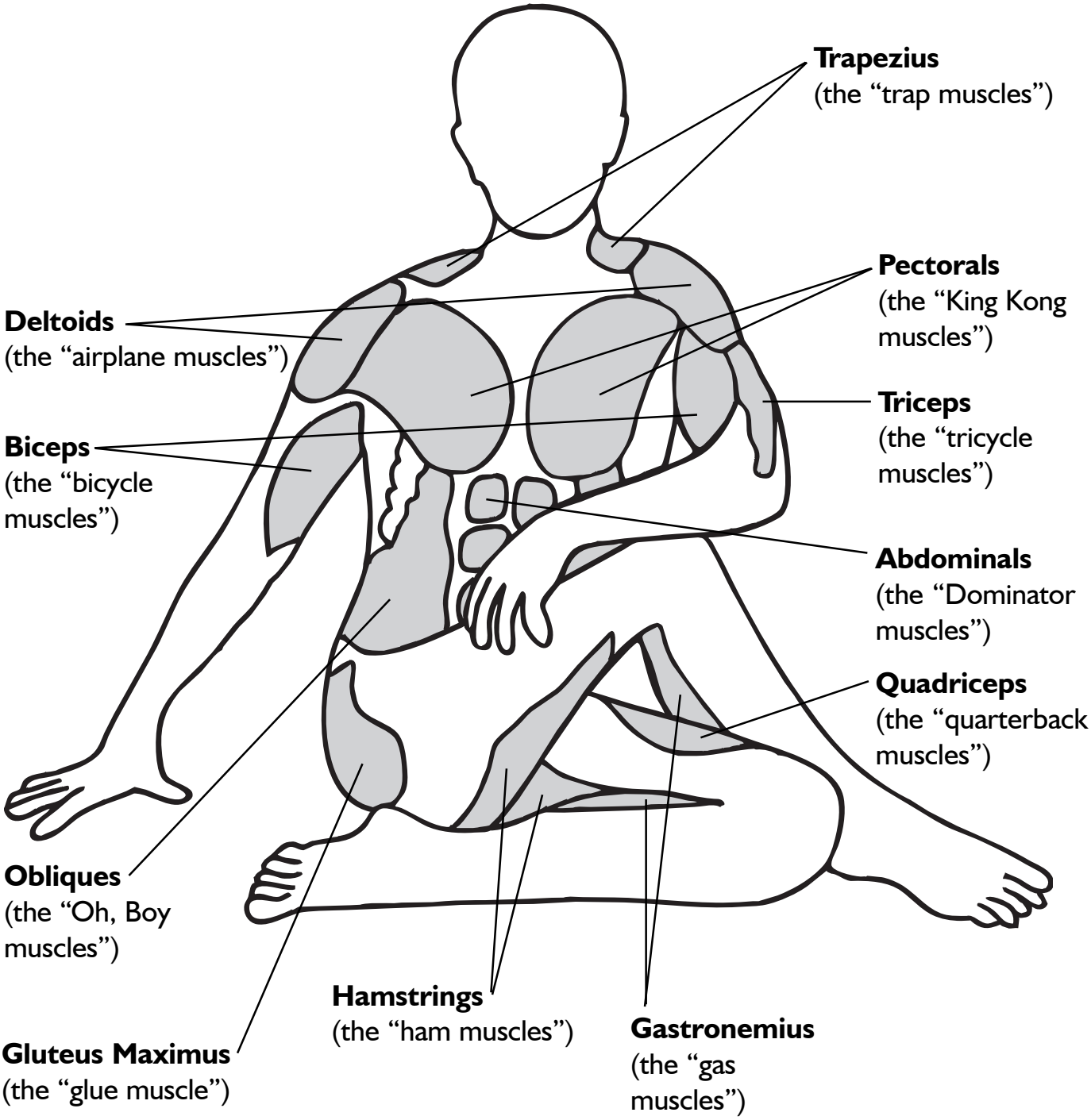
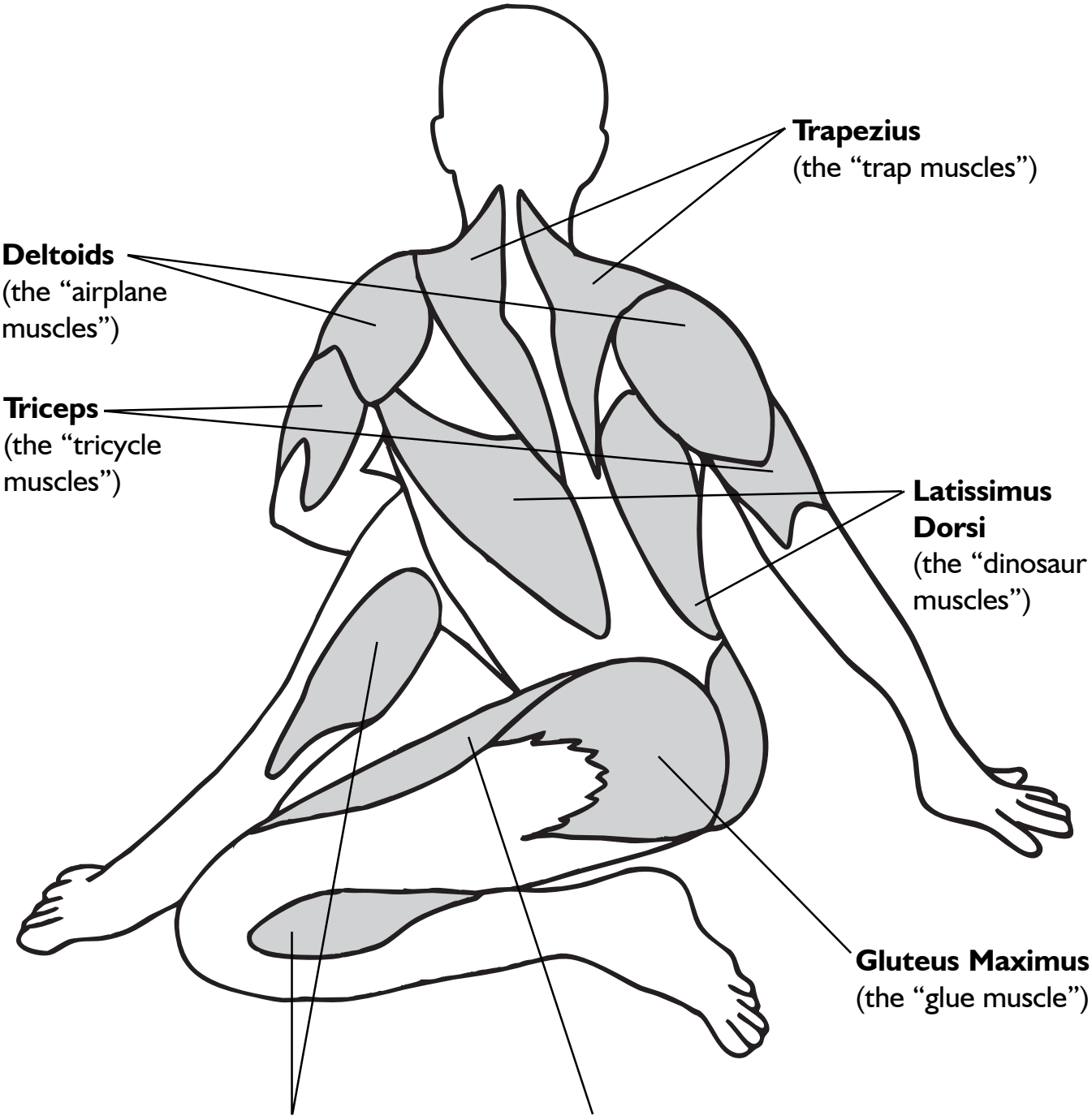
POSTER:

Muscle Groups—Front



POSTER:

Muscle Groups—Back