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Sample Trip Plan

DATES: Thursday, August 4, 2011 to Tuesday, August 9, 2011

LOCATION: Devil's Lake State Park, Baraboo, Wisconsin

PARTICIPANTS: 12 Youth (Ages 13-19) 4 Leaders

CONTACTS: (Parents Names – Attached Page)

Leader *Insert name here*; Home *Insert number here*; Cell *Insert number here*

Leader *Insert name here*; Home *Insert number here*; Cell *Insert number here*

Leader *Insert name here*; Home *Insert number here*

St. Clare Hospital, Baraboo, Wisconsin; 707 14th Street; 608-356-1400

Sauk County Sheriff's Department; 608-356-4895; 911

Devil's Lake State Park Ranger; 608-356-8301

Vehicle License Plates: \_\_\_\_\_ *Insert vehicle information here*

**EXPENSES**

Projected expenses in attached budget - \$766.

*Insert number here*, Teen Leader, will be assigned Trip Treasurer. Funds will be through the Young Explorers 4-H bank account at Lake Michigan Credit Union.

A fundraiser will be held by pumping gas in both Marshall, Michigan, and Gobles, Michigan. The remainder of the costs will be divided by the number of youth attending and they will be personally responsible for the costs.

A camping fee waiver will be submitted in advance by May 1, 2011, to cover three nights (\$60).

**PRE-TRIP ACTIVITIES**

Budgeting: Youth will meet with leaders to develop a budget with documents printed from the internet from Mapquest/Road Trip Mileage Calculator, and park documents concerning camping, rental, and permit fees.

Equipment Inventory: Youth will meet with leaders to assess trip equipment needs (see attached list). Decisions will be made as to whether youth lacking equipment should purchase their own or if they can borrow from other youth/friends/family. Youth will acquire individual journals.

Equipment Development: Prior to August, youth will meet routinely with leaders to design and develop equipment, including: group washing station, group privy, individual bug nets, etc. Prior to July, 2011, the group will meet with leaders to inventory and assess the group climbing gear needs. Youth will practice hands-on tenting/camp setting, stove use, fire building, meditation, storytelling, and orienteering. Prior to the trip, youth will study animal tracks, Leave No Trace, clothing needs/design, and First Aid.

Trip Resource Development: Youth will be assigned individual research projects and come together to collect information on driving directions, site maps, site brochures, referrals on climbs/hikes, local wildlife/tracks, local plantlife/poisons.

Youth will submit a camping fee waiver by May 1, 2011, to cover three nights (\$60).

A mandatory parent meeting will be held the third week of July, 2011, where parents will provide emergency contact information, medical release form, trip consent form, and waiver. Parents will review gear and food lists.

Members will review the draft trip plan to determine which activities they would like to retain and/or change.

Members will develop individual food plans for the trip – assessing how many meals are needed, how they will be cooked, a shopping list for Wisconsin grocery store, and budget for on-the-road meals.

Leaders will obtain 4-H insurance binder from Van Buren County 4-H agent and submit a trip plan to both Calhoun and Van Buren Counties (depending on county of youth attending). All forms will be placed into a three-ring binder and put into a double-bagged plastic container. All parental phone numbers will be entered into the cell phones of all three chaperones.

### **TRANSPORTATION PLAN**

Vehicles: *Insert vehicle information here*

Schedule:

Out trip: Leave I-94 Paw Paw Park/Ride at 9:00 a.m. for a five-hour drive (picking up an extra hour for day-light savings time); arriving at approximately 2:00 p.m.

Return trip: Leave Baraboo at 11:00 a.m. for a five hour drive (losing an hour for daylight savings time); arriving Paw Paw Park/Ride at approximately 5:00 p.m.

Campsite set is between 6:00 a.m. and 11:00 p.m.

Route: (Reverse for Return trip)

1. Start out going SOUTH on N KALAMAZOO ST / M-40 toward E MICHIGAN AVE / E RED ARROW HWY. Continue to follow M-40. Go 0.7 mi
2. Merge onto I-94 W toward CHICAGO (Crossing into INDIANA). Go 90.1 miles
3. Take the IN-51 N / RIPLEY ST / TOLL ROAD exit, EXIT 16. Go .2 miles
4. Merge onto I-90 W toward CHICAGO SKYWAY WEST / CHICAGO (Portions toll) (Crossing into ILLINOIS). Go 28.5 mi
5. Keep LEFT to take I-90 W / CHICAGO SKWY W (Portions toll). Go 0.4 mi
6. I-90 W / CHICAGO SKWY W becomes DAN RYAN EXPRESS LN W / I-90 EXPRESS LN W / I-94 EXPRESS LN W. Go 4.8 mi
7. DAN RYAN EXPRESS LN W / I-90 EXPRESS LN W / I-94 EXPRESS LN W becomes I-90 W / I-94 W. Go 10.6 mi
8. Keep LEFT to take I-90 W / JANE ADDAMS MEMORIAL TOLLWAY via EXIT 43B toward O'HARE-ROCKFORD (Portions toll). Go 30.8 mi
9. Take I-90 W (Portions toll) (Crossing into WISCONSIN). Go 135.6 mi
10. Take the WI-33 exit, EXIT 106, toward PORTAGE / BARABOO. Go 0.2 mi
11. Turn RIGHT onto WI-33. Go 12.9 mi
12. Turn LEFT onto GOLLMAR BLVD / WI-113 / WI-123 / US-12 BR / S BROADWAY ST.
13. Welcome to BARABOO, WI.

### **LODGING**

Site: Devil's Lake State Park, Baraboo, Wisconsin

Non-Wisconsin resident rate of \$17 with an extra \$3 for water view; Additional reservation fee of \$10. Youth will submit a camping fee waiver by May 1, 2011, to cover three nights (\$60) (Thursday, Sunday, Monday).

Reservations: 1-888-947-2757.

### **MEALS**

Members will develop individual food plans for the trip – assessing how many meals are needed, how they will be cooked, a shopping list for Wisconsin grocery store, and budget for on-the-road meals.

## **DESTINATION**

Devil's Lake State Park, Baraboo, Wisconsin

Activities: Camping, Rockclimbing, Canoeing

Description: **Devil's Lake State Park** is a State park located in the Baraboo Range in eastern Sauk County, just south of Baraboo, Wisconsin. This 9,217-acre State park is known for its 500 feet high quartzite bluffs along the 360-acre Devil's Lake, which was created by a glacier during the last ice age approximately 12,000 years ago. The sand at the bottom of Devil's Lake is thought to be deposited by glaciers. However, the Baraboo Hills are much older; they are approximately 1.6 billion years old and were once part of the Baraboo Range which is thought to have been taller than the Rocky Mountains. Loess covers most of the hills and forms the parent material of a brown silt loam soil. During the autumn, the park's brilliant foliage makes it a popular attraction. The lake is surrounded by a mixed conifer-deciduous forest.

Both the north and south shores have food courts and modern restroom facilities. The park has trails ranging from handicapped accessible paved trails to difficult hiking or bouldering trails. There are also designated climbing areas for all levels of experienced rock climbers. There are three popular campgrounds at the park. There are many quartzite rock formations, such as Balanced Rock and Devil's Doorway, throughout the park. Effigy mounds are also located throughout the park. The park contains approximately twelve miles of the 1,200-mile Ice Age Trail.

The Park has several American Indian mounds. Most are extremely small. Across the parking lot from the Nature Center are the 'effigy mounds'. Down in front of the Concession building is a 'linear' mound, one of several geometric mounds in the park. The Devil's lake mound site also has many mounds that are shaped like familiar animals; one of the most famous is one that is shaped of a sparrow. These mounds were used as an ancient burial site by early North Americans. The nature center offers specific courses designed to teach individuals about the history of the effigy mounds.

The geology of the Baraboo Hills surrounding Devil's Lake makes it one of the premier rock climbing areas in the Midwest, with climbs of varying difficulty. The Baraboo Hills are primarily granite and quartzite, which is solid enough to climb. Most outcroppings in the region, especially in the Driftless Area, are composed of sandstone or limestone, which are too brittle to climb safely.

### *Hiking Trails:*

1. Balanced Rock Trail (0.4 miles (0.64 km), 45 min.) - **Difficult**
2. CCC Trail (0.3 miles (0.48 km), 45 min.) - **Difficult**
3. Devil's Doorway Trail (0.1 miles (0.16 km), 15 min.) - Easy
4. East Bluff Trail (1.7 miles (2.7 km), 1½ hrs.) - *Medium*
5. East Bluff Woods Trail & Loop (3.4 miles (5.5 km), 2½ hrs.) - Easy/*Medium*
6. Grottos Trail (0.7 miles (1.1 km), 31 min.) - Easy
7. Potholes Trail (0.3 miles (0.48 km), 30 min.) - **Difficult**
8. Tumbled Rocks Trail (1 mile (1.6 km), 45 min.) - Easy
9. West Bluff Trail (1.4 miles (2.3 km), 1½ hrs.) - *Medium*
10. Johnson Moraine Loop Trail (2.8 miles (4.5 km), 1½ hrs.) - Easy
11. Steinke Basin Loop Trail (2.4 miles (3.9 km), 1½ hrs.) - Easy
12. Upland Loop Trail (3.8 miles (6.1 km), 2¾ hrs.) - *Medium*
13. Panfrey's Glen Trail (0.7 miles (1.1 km), 1 hr.) - Easy/*Medium*
14. Ice Age Trail Entire Loop (13.7 miles (22.0 km), 8-10 hrs.) - *Medium/Difficult*
15. Sauk Point Trail (4.5 miles (7.2 km), 3½ hrs.) - *Medium/Difficult*
16. Ronznos Meadow Trail (1.8 miles (2.9 km), 1 2/4 hrs.) - Easy/*Medium*

### **EVENTS PLAN**

#### Day 1, Thursday, August 4

Location: From Paw Paw, Michigan to Baraboo, Wisconsin

Activity and Schedule:

\*Travel - Leave Park/Ride at 9:00 a.m.; Arrive Wisconsin at appx. 2:00 p.m.

\*Set Camp

\*Hike - Upland Loop Trail (3.8 miles (6.1 km), 2¾ hrs.) – *Medium*

\*Explore mound effigies

\*Free Time/Swimming/Dinner/Campfire/Processing

Group Break-out/Leader Assignments: Two vehicles traveling in caravan; All hike

Route: See Transportation Plan

Meals: Fast-food Lunch, Dinner at Site

Funds Needed: Gasoline, Tolls, Lunch

Emergency Contacts: Leaders

Day 2, Friday, August 5:

Location: Devil's Lake State Park, Wisconsin

Activity and Schedule:

\*Hiking, Ice Age Trail Entire Loop (13.7 miles), 8-10 hrs.

\*Free Time/Swimming/Dinner/Campfire/Processing

Group Break-out/Leader Assignments: All hike

Equipment Needed: Daypacks, Hiking Boots

Meals: Breakfast in Camp, Off-site Lunch, Dinner in Camp

Funds Needed: None

Emergency Contacts: Leaders, Park Rangers, Sheriff (see contacts list)

Day 3, Saturday, August 6:

Location: Devil's Lake State Park, Wisconsin

Activity and Schedule:

\*AM – Scout climbing areas

\*PM – Set/Climb

\*Free Time/Swimming/Dinner/Campfire/Processing

Group Break-out/Leader Assignments: All Climb

Route: TBA

Equipment Needed: All Climbing Gear, Helmets

Meals: Breakfast, Lunch, and Dinner in Camp

Funds Needed: None

Emergency Contacts: Leaders, Park Rangers, Sheriff (see contacts list)

Day 4, Sunday, August 7:

Location: Devil's Lake State Park, Wisconsin

Activity and Schedule:

\*AM – Hike Sauk Point Trail (4.5 miles), 3½ hrs.

\*PM – Set/Climb

\*Free Time/Swimming/Dinner/Campfire/Processing

Group Break-out/Leader Assignments: All Hike, All Climb

Route: TBA

Equipment Needed: Daypacks, All Climbing Gear, Helmets

Meals: Breakfast, Lunch, and Dinner in Camp

Funds Needed: None

Emergency Contacts: Leaders, Park Rangers, Sheriff (see contacts list)

Day 5, Monday, August 8:

Location: Devil's Lake State Park, Wisconsin

Activity and Schedule:

\*Canoe Devil's Lake (8-10 hours)

\*Free Time/Swimming/Dinner/Campfire/Processing

Group Break-out/Leader Assignments: All Canoe

Route: TBA

Equipment Needed: Daypacks

Meals: Breakfast in Camp, Lunch on Water, Dinner in Camp

Funds Needed: \$245 (7 canoes @ \$35)

Emergency Contacts: Leaders, Park Rangers, Sheriff (see contacts list)

Day 6, Tuesday, August 9

Location: From Baraboo, Wisconsin to Paw Paw, Michigan

Activity and Schedule:

\*Hiking - Balanced Rock Trail (0.4 miles), 45 min.

\*Break Camp/Last Swim

\*Travel – Leave Baraboo at 11:00 a.m. for a five hour drive (losing an hour for day-light savings time); arriving Paw Paw Park/Ride at approximately 5:00 p.m.

Group Break-out/Leader Assignments: Two vehicles traveling in caravan; All hike

Route: See Transportation Plan

Meals: Breakfast at Site; Fast-food Lunch

Funds Needed: Gasoline, Tolls, Lunch

Emergency Contacts: Leaders

PARENT CONTACT INFORMATION

August, 2011

YOUTH:

Parent:	_____	Phone	_____
Parent:	_____	Phone	_____
Parent:	_____	Phone	_____
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2011 Devil's Lake State Park, Wisconsin  
BUDGET

INCOME			
Gas Pumping Fundraiser	250.00		
Individual Payments (12 @ \$43)	516.00		766.00
EXPENSES			
Camping Fees (Water View) (\$20 @ 5)		100.00	
Reservation Fee		10.00	
Vehicle Parking/Sticker Fees (\$35 @ 2)		70.00	
Gasoline (2 vehicles @ \$150) (776 miles/\$3.25 gallon/ 18 mpg)		300.00	
Rentals – Canoes (7 at \$35)		245.00	
Food (Individual costs not included in group costs)		0	
Souvenirs (Individual costs not included in group costs)		0	
5% for Reserve for Tolls		41.00	766.00

## BACKPACKING/ROCK CLIMBING GEAR LIST

### GEAR

- \_\_\_\_\_ Internal or External Frame Pack
- \_\_\_\_\_ Day Pack or Butt Pack
- \_\_\_\_\_ Tent with Ground Cover
- \_\_\_\_\_ Sleeping Bag and Pad
- \_\_\_\_\_ Stove
- \_\_\_\_\_ Water Filter
- \_\_\_\_\_ Matches in Waterproof Container
- \_\_\_\_\_ Lighter
- \_\_\_\_\_ Plate, Cup, Spoon, Fork
- \_\_\_\_\_ Small Pots for Cooking (1-2)
- \_\_\_\_\_ Small Container of Liquid Soap
- \_\_\_\_\_ Flashlight with Extra Batteries
- \_\_\_\_\_ 32 Oz. Water Bottles (2)
- \_\_\_\_\_ Pocket Knife or Multi-Tool
- \_\_\_\_\_ Compass
- \_\_\_\_\_ Nylon Cord (30-50')
- \_\_\_\_\_ Whistle
- \_\_\_\_\_ Duct Tape (on a pencil)
- \_\_\_\_\_ Emergency Blanket
- \_\_\_\_\_ Mosquito Netting
- \_\_\_\_\_ Large Garbage Bags (2)
- \_\_\_\_\_ Personal Baby Wipes
- \_\_\_\_\_ Camp Stool

### CLOTHING

- \_\_\_\_\_ Warm Hat and Gloves
- \_\_\_\_\_ Hiking Shoes
- \_\_\_\_\_ Wool or Synthetic Socks (3 pr)
- \_\_\_\_\_ Underwear (4 pr)
- \_\_\_\_\_ Long Underwear Shirt & Pants
- \_\_\_\_\_ Fleece or Light Wool Vest or Jacket
- \_\_\_\_\_ Rain Poncho or Rain Coat
- \_\_\_\_\_ Synthetic Pants (2 pr)  
(NO COTTON OR JEANS)
- \_\_\_\_\_ Long Sleeve Synthetic Shirt
- \_\_\_\_\_ Short Sleeve Synthetic Shirt/TShirt
- \_\_\_\_\_ Bathing Suit or Shorts
- \_\_\_\_\_ Water Shoes

### PERSONAL ITEMS

- \_\_\_\_\_ Lip Balm
- \_\_\_\_\_ Insect Repellent
- \_\_\_\_\_ Sunscreen
- \_\_\_\_\_ Toothbrush & Toothpaste
- \_\_\_\_\_ Moleskin
- \_\_\_\_\_ Band Aids
- \_\_\_\_\_ Personal Medications
- \_\_\_\_\_ Sanitary Items
- \_\_\_\_\_ Wash Cloth/Small Towel
- \_\_\_\_\_ Shammy Towel
- \_\_\_\_\_ Toilet Paper and Trowel
- \_\_\_\_\_ Small Ziplog Bags (10)
- \_\_\_\_\_ Camera
- \_\_\_\_\_ Journal/Writing Instrument

### FOOD

- \_\_\_\_\_ Trail Snacks (nuts, GORP, etc.)
- \_\_\_\_\_ \_\_\_\_\_ Breakfasts
- \_\_\_\_\_ \_\_\_\_\_ Lunches
- \_\_\_\_\_ \_\_\_\_\_ Dinners

### OPTIONAL ROCKCLIMBING

- \_\_\_\_\_ Climbing Harness
- \_\_\_\_\_ Helmet
- \_\_\_\_\_ Gloves
- \_\_\_\_\_ Climbing Shoes

### OPTIONAL CANOEING

- \_\_\_\_\_ Life Vest
- \_\_\_\_\_ Swim Shoes
- \_\_\_\_\_ Dry Bags
- \_\_\_\_\_ Rope/T Bags

NO COTTON CLOTHING IS RECOMMENDED. Look for synthetic, nylon, or fleece which is lightweight and can dry quickly.

Just because it seems really warm, it can get cold at night so be sure to pack your cold weather stuff, also.