# A brief history of hop and its uses

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### Before you start...

- Do you have suitable land for growing?
- Irrigation/water
- Which cultivars will you plant?
- Where will you get plants or rhizomes?
- How will you get them picked and processed?
- Who will you sell your hops to?

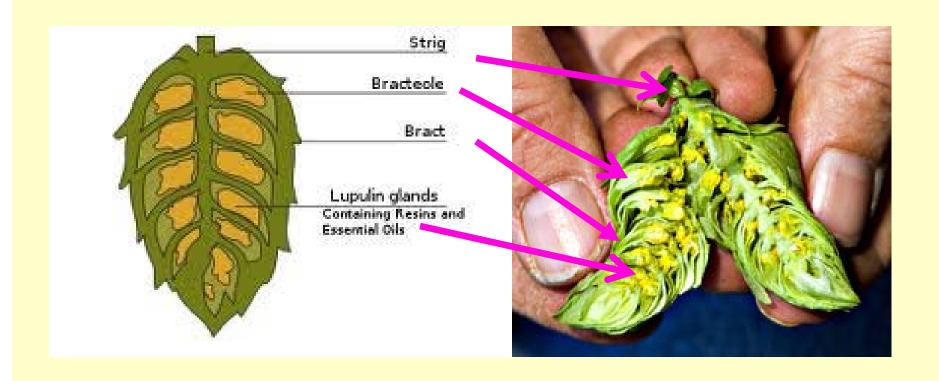


### Hop Humulus lupulus

- Hop is a perennial that regrows each spring from the rhizomes of an underground rootstock
- Hops produce annual stems called bines from a perennial rootstocktwine clockwise- grow 18-25'
- Hop is native to North America and Europe
- Hops grow only at certain latitudes (38º to 51º latitude)
- There are male and female plants



### Anatomy of a hop cone



### Important chemical components of hops

- Alpha acids-contribute to the bitter flavor of beer, help prevent unwanted growth of bacteria, and enhance the ability of yeast to grow and ferment the wort to beer.
- Beta acids- contribute very little to bittering,
   but have strong antimicrobial properties
- Essential oils- contribute aromas and flavors to beers and ales

### Hop characteristics

- Levels of alpha acids and essential oils vary among varieties giving them different characteristics that make them suitable for specific styles of beer and ale.
- High Alpha Acid (Bittering) Types: (Alpha acids--%-- contribute to the bitter flavor of beer.
- Aroma hops impart other flavor characteristics to beer including smell and taste. (Often both types are used.)
- Hopunion and <u>usahops.org</u> websites have more information

### Aroma descriptors for hop cultivars

Hop cultivar	aroma
Brewer's Gold	Black currant, fruity, spicy
Cascade	Flowery, citrus, grapefruit
Chinook	Spicy, piney, grapefruit
Willamette	Mild, slightly spicy, black currant/herbal
Fuggle	Delicate, minty, grassy, slightly floral
Hallertau	Mild and pleasant

Source: Grape vs. Grain, p. 97 Bamforth, 2008

### Some common hop varieties

- Willamette- most widely grown aroma hop in U.S.
- Tettnanger -most widely grown of German hops; second most popular aroma hop in U.S.
- Cascade -probably the most popular dual purpose hop
- Centennial-dual purpose higher alpha acids than Cascade

### A hop with unusual characteristics

- 'Teamaker' hop-released in 2008 ARS by scientists in the ARS Forage, Seed and Cereal Research Unit (FSCRU) in Corvallis, Ore.
- lowest alpha acid concentration of any commercially available hop (0.6 to 1.8 %)
- beta acid levels (5.4 to 13.2 %) significantly higher than most varieties.
- High aroma- spicy, floral

### Hop: traditional & current usage

BREWERY: 98%
Natural preservative
Bitter taste
Hoppy flavor
Stable foam head



#### **MEDICINAL**

Sedative



Estrogenic



**Anti-inflammatory** 



### Cosmetics





American Hop Convention 2009 and Hop Research Council Winter Meeting, 29 January 2009

## Additional uses for hops for the small scale producer

- Hop pillows-sleep aid
- Herbal teas
- Shoots harvested for salads
- Garlands, floral arrangements







# current/future pharmaceutical uses for hops

- Anti-oxidants
- Phytoestrogenic
- Anti-carcinogenic
- Anti-viral
- Anti-inflammatory
- Treatment of diabetes symptoms

# current/future uses for hops-food processing

- Hop compounds used as an antibiotic for beet sugar processing
- Antibiotic for animal feed
- Hop compounds can replace antibiotics in the production of ethanol
- Used to control bacteria in the production of several foods-processed meats, corn starch, baker's yeast

## Why did hops come to be used in beer and ale?

- Hops acted as a preservative to prevent spoilage
- Helped to clarify the wort
- Gave the finished beer a good head
- Allowed for better storage and shipping
- Added flavor



### Before there was hopped beer

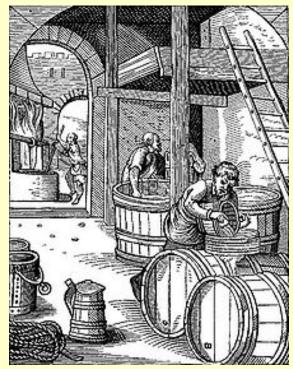
- There was "gruit" beer- an herb mixture to provide flavor and bitterness
- Archbishop of Cologne, Germany held monopolistic rights to gruit-
- The hop flourished despite roadblocks
- It's preservative quality enabled brewing, storing and eventual shipping of German lager style beer possible





### Hop history in Europe

- The exclusive use of gruit was gradually phased out in favor of the use of hops alone in a slow sweep across Europe between the 11th century the late 16th century (Great Britain)
- Parliament banned the use of bitter hop alternatives such as broom and wormwood in 1710 to ensure brewers did not try to avoid the new hop tax of a penny a pound.



Acreage of hops in the UK

- Peak acreage in the UK was 77,000 A
- 1909 32,000 A
- Current acreage=
- 2,427



### Hops in the American colonies (1629)

- The hop cones were used for beer brewing
- The young shoots in the spring were eaten as a special treat in salads
- A wax from the tendrils provided a reddish-brown vegetable dye
- The fibers were used in textiles as a substitute for flax
- The stalks were used for basket and wicker-work
- Leaves and spent hops provided food for sheep.

Source: Sanborn Brown, Wines and Beers of Old New England

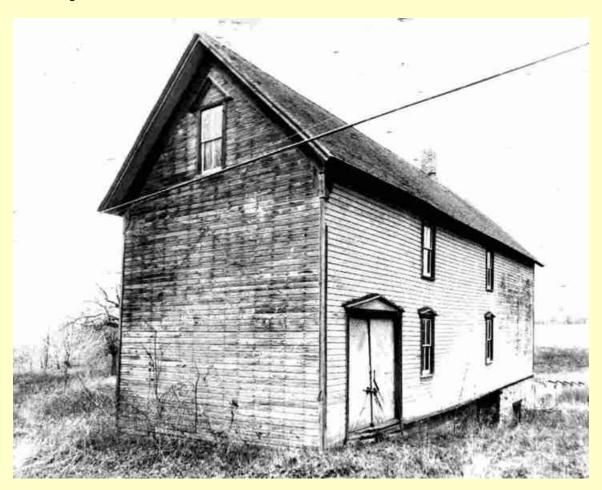
### Oast house or hop kiln

- Building designed for drying hops as part of the brewing process
- Hops were spread on a slatted floor
- The kiln furnace was lit to dry hops
- After drying, hops were pressed into sacks and sold to breweries



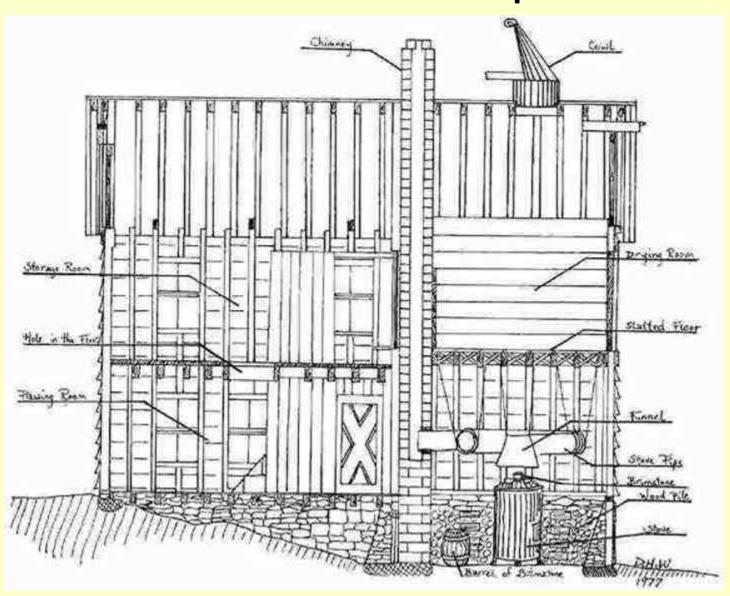
Oast House at Great Dixter, Sussex, UK built in 1890

## Hop kiln in New York state



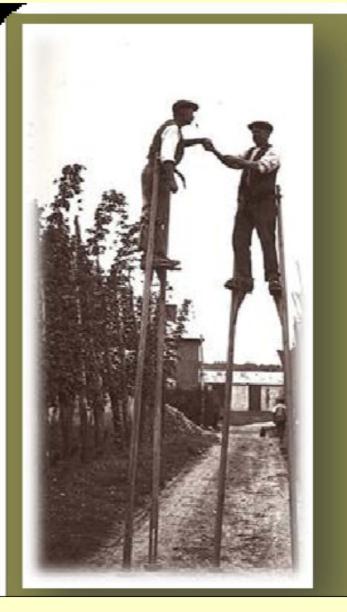
Madison County, NY ca. 1870

## Interior of a hop kiln



Hop stringing on stilts





### Hops in the United States

- First commercial hops harvested in Massachusetts in 1791
- New York State-first hops planted in Madison County in 1808.
- The first harvests sold for just 12 cents a pound.
- English crop failures increased the demand after 1822
- Erie Canal opened up transportation to the east and west in 1825.
- By 1859, seven-eighths of the nation's hops were harvested in New York State.



### Hop production moves westward

1860's hops widely grown in Wisconsin in the
 Dells (Sauk County)



### The rise and fall of Wisconsin hops

 In 1860, Wisconsin produced 135,000 lbs of hops.

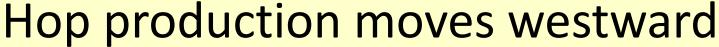
• 1867's crop -11 million pounds with 4 million of those pounds

in Sauk County.



### The rise and fall of Wisconsin hops

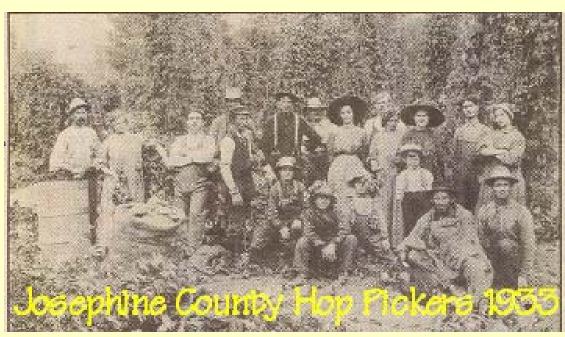
 New York had solved their problems and brought their production back on-line. This combined with the increased production from Wisconsin caused a major drop in prices. By 1880, Wisconsin's crop had dropped to under 2 million pounds and nearly disappeared by the turn of the century.





### Hop picking in Oregon 1930-1960

Hop picking in Josephine County,
 Oregon

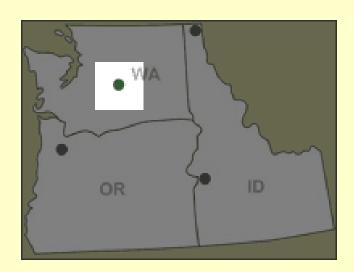






### Current major hop production areas

- Washington, (Yakima Valley)
  - average farm size of 450 acres
- Oregon
- Idaho









### 2013 acres of hop production

