



# 10 Ways to Volunteer with 4-H

No matter how much time you have, volunteering with 4-H makes a difference by helping youth explore and discover the skills they need to lead for a lifetime. There are lots of ways to get involved! **To learn more, visit [4-H.org/Volunteer](http://4-H.org/Volunteer), or contact your local 4-H office listed below.**

Please note, your volunteer experience and/or opportunities may be happening virtually or in-person. Contact your local 4-H office listed below for more information.

## 1 Help youth lead a club

- Assist a youth club leader with organizing meetings, speakers, and other logistics.
- Assist and/or mentor a 4-H volunteer who is serving as a project leader.

## 2 Teach a skill

- Organize a club, or share your skills by teaching a club meeting workshop, devoted to your area of specialty.

## 3 Judge projects

- Serve as a judge for 4-H exhibits, competitions or performances, providing encouragement and suggestions for improvement.

## 4 Plan or help at an event

- Volunteer at a county/parish special event; from set-up or clean-up to serving food or taking registrations, there are a lot of ways to get involved.

## 5 Serve on an advisory board/committee

- Sit on a local advisory or county governing board to help determine program priorities.

## 6 Help with a specific 4-H project

- Advise a 4-H member in their project work: help youth identify and set goals, create and implement a plan, and reflect on what they learned and would do differently next time.

## 7 Assist with program delivery

- Volunteer at an after school program, a summer program, camp program event or club meeting.

## 8 Volunteer on a fair organizing committee

- Volunteer at a local fair – be inspired by the talents and creativity of the next generation while promoting the country’s largest positive youth development organization!
- Work in the food booth or help in the 4-H exhibit hall or at the 4-H show ring.

## 9 Utilize your professional skills

- Share your technical skills and knowledge to develop subject matter for curriculum/project sheets.
- Utilize your professional skills to assist with creating marketing tools, graphic art, word documents, webpages, videos, online training modules, etc.
- Intern at your local Extension office with the 4-H program, a great resume builder.

## 10 Share your experiences

- Share your hobby/passion – inspire a young person as a guest speaker or short-term instructor.
- Share your career path – invite a 4-H’er to shadow you for the day.
- Share your educational path/give a testimonial – how did you get to where you are? (If you are a college student – how did you choose your school, what are you pursuing, what are you aspiring to do?)

Provided by:  
Program Leaders Working Group,  
4-H Volunteerism Committee

<b>4-H Contact</b>		<b>Office Address</b>	
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