

## Warehouse Worker Hazards in Structural Steel Fabricating and Supply Companies-Train the Trainer Session

Program Information: *Insert Date and Location*

### Post-Program Assessment Circle the correct answer

1. What OSHA Regulations apply to warehouse worker activities?
  - A. OSHA 90.1 (2007)
  - B. OSHA 1910
  - C. OSHA 1926
  - D. OSHA 2000
  
2. What was the most frequently cited OSHA violation in steel fabrication facilities (2012)?
  - A. Electrical Lockout/tagout
  - B. Powered Industrial Trucks (forklifts)
  - C. Respiratory Protection
  - D. General Requirements
  
3. What was the most frequently cited OSHA Regulation in general warehousing?
  - A. Forklifts
  - B. Portable fire extinguishers
  - C. Exits
  - D. Electrical Lockout/tagout
  
4. Which tool below should be used to remove metal banding straps from bundled material?
  - A. Hammer
  - B. Long Crowbar
  - C. Scissors
  - D. Long handled shears
  
5. At what maximum height should some form of protection from falls be provided for workers when working on platforms?
  - A. 2 feet
  - B. 4 feet
  - C. 6 feet
  - D. 8 feet
  
6. How frequently should crane parts such as hydraulic lines, pumps and hooks be inspected for maladjustment, deterioration, leakage deformation or other damage?
  - A. Daily
  - B. Weekly
  - C. Monthly
  - D. Yearly

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7. Which of the following statements is true
  - A. Crane operators must be “certified” to operate a crane in the fabrication shop
  - B. Crane operators are not required to be certified to operate a crane in the fabrication shop, but if they operated a crane at a construction site they would need to be certified.
  - C. Crane operators are not required to be certified
  
8. When “backing up” trucks for offloading materials “spotters” should stand in which location?
  - A. Behind the truck toward the middle
  - B. To the side of the truck toward the rear
  - C. In front of the truck
  - D. In the space between the truck and an overhead door
  
9. Which of the following is true when leaving a Powered Industrial Truck (forklift) unattended?
  - A. The load engaging means should be fully raised
  - B. The load engaging means should be fully raised and the engine turned off
  - C. The load engaging means should be full lowered and engine left running
  - D. The load engaging means should be fully lowered and the engine shutoff
  
10. **!** This symbol on a product label indicates which of the following
  - A. Explosives
  - B. Acute toxicity (Severe)
  - C. Acute Toxicity (Less severe)
  - D. Gas under pressure
  
11. SDS sheets can be maintained electronically provided they are readily accessible by employees.
  - A. True
  - B. False
  
12. Musculoskeletal Disorders (MSDs) account for what percentage of lost or restricted work time?
  - A. about 1/10
  - B. about 1/4
  - C. about 1/3
  - D. about 2/3

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13. In order to decrease injuries from lifting heavy objects which muscle groups should be primarily used?
  - A. Leg muscles
  - B. Back muscles
  - C. Abdominal muscles
  
14. H.A.V.S. is an abbreviation which is related to which of the following?
  - A. A classification for Industrial Powered Trucks
  - B. An electrical voltage rating system
  - C. A syndrome caused by vibration
  - D. Hand eye coordination
  
15. Arc flash can occur even when two energized parts are not connected by a physical wire.
  - A. True
  - B. False
  
16. For a respirator which must be fit tested, how frequently should a “seal check” be performed?
  - A. Each time it is worn
  - B. Daily
  - C. Weekly
  - D. Monthly
  
17. Respirators, filters and cartridges must be certified by which organization?
  - A. ANSI
  - B. ASTM
  - C. OSHA
  - D. None of the above listed
  
18. An employer is considering two forms of hearing protection. Product “A” has a NRR rating of 33 and the Product “B” has a NRR of 25. Which is the more effective hearing protection?
  - A. Product “A”
  - B. Product “B”
  
19. What is the primary cause of H.A.V.S.
  - A. Not wearing hearing protection
  - B. Improper lifting
  - C. Repeated and prolonged exposure to vibration
  - D. Backing up a forklift

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20. The frequency of Musculoskeletal Disorders (MSDs) can be reduced by a number of strategies. Which item below is not likely to reduce MSDs?
  - A. Ergonomic changes to the work place.
  - B. Working below the knees instead of at waist height
  - C. Use of tool balancers
  - D. Stretching
  
21. Respirators are required to be cleaned prior to each use by a different user.
  - A. True
  - B. False
  
22. Do all temporary containers that contain chemicals need to be labeled with the chemical name?
  - A. Yes
  - B. No
  
23. A skin sensitization (sensitivity) is an example of a \_\_\_\_\_ class.
  - A. Health
  - B. Physical
  
24. Wire ropes shall be removed from service in all of the following cases except?
  - A. A broken wire strand
  - B. Bird caging
  - C. Kinking
  - D. Crushing
  
25. GFCI protection is required whenever work can take place in a potentially wet location. When GFCI protection is not feasible an assured equipment grounding conductor program can be used.
  - A. True
  - B. False

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