



Boyne Area 4-H Soccer Program – U8: 1st & 2nd Grades

BALL SIZE: 3

GAME FORM: 4 ON 4, NO GOALIE

TEAM SIZE: MINIMUM OF 4 YOUTH WITH A MAXIMUM OF 8 YOUTH

PRACTICE LENGTH: 30 MINUTES

GAME LENGTH: 30 MINUTES, 4– 7.5 MINUTE PERIODS

SOCCER SKILL GOALS:

1. DRIBBLING, BALL HANDLING
2. PASSING
3. BASIC RULES
4. SPORTSMANSHIP AND HAVING FUN!

SOCCER RULES:

1. NO HANDS
2. INTRODUCTION TO THROW-IN – PLAYER GETS MULTIPLE CHANCES TO DO IT CORRECTLY
3. CORNER KICKS AND GOAL KICKS, YES
4. GAME STARTS AT MIDFIELD WITH KICK-OFF
5. NO PUSHING, KNOCKING DOWN, OR ANY OTHER ROUGH ACTION
6. ANY PENALTY RESULTS IN AN INDIRECT KICK AT POINT WHERE PENALTY OCCURED
7. PLAYER MUST HAVE SHIN GUARDS AND SOCCER CLEATS

**numbers may be adjusted due to enrollment size and space constraints.*

Questions - Call the Charlevoix County MSU Extension 4-H Office at 231-582-6232

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