



Snapshot of My 4-H Year

All 4-H members ages 9 to 19 should complete this section each year. Fill it out at the beginning of the 4-H club year; review and update at the end of the club year (or more often as events occur). Record the events, projects, and club or group activities in which you participated. Print out a blank copy and start again next year.

Members are strongly encouraged to complete detailed pages for their project, events and club activities to add to their personal portfolio.



Member Name: _____

4-H Year: _____ 4-H Age: _____

Years in 4-H: _____

My 4-H Clubs or Groups

List the 4-H clubs or groups in which you are enrolled as a member this year.

My Goals

List your top three personal or 4-H goals for this 4-H project year.

1. _____
2. _____
3. _____

SMART Goals

When you're writing your goals for your 4-H project year, be sure to be SMART! SMART goals are:

- ▶ **Specific**
- ▶ **Measurable**
- ▶ **Attainable**
- ▶ **Relevant/Realistic**
- ▶ **Timely**

You can find out more about SMART goals on the Michigan 4-H website at 4h.msue.msu.edu.



Be sure to identify goals for each project or activity on the "My 4-H Project Pages" on page 25.